INFANT AND TODDLER CLASSES FALL 2026

updated as of 11.4.26

MONDAY

DEVELOPMENTAL MOVEMENT: WALKERS
9:30 AM – 10:30 AM

DEVELOPMENTAL MOVEMENT: PRE CRAWLERS
10:45 AM – 11:45 AM

DEVELOPMENTAL MOVEMENT: CRAWLERS
12:00 PM – 1:00 PM

LOOK WHO'S TALKING
4:15 PM – 5:00 PM

TUESDAY

MUSICAL MOVEMENT WITH MIK
9:15 AM – 10:00 AM

PLAYFUL PLATE
10:00 AM – 10:45 AM

MESSY ART & PLAY
11:30 AM – 12:15 PM

BABY AND ME YOGA
11:30 AM –12:15 PM

OPEN PLAY
11:30 AM –1:00 PM

WEDNESDAY

JAPANESE PLAYDAY
9:30 AM – 10:15 AM
Starting in November

MUSIC WITH TKIYA
10:30 AM – 11:15 PM

NEW PARENT SUPPORT GROUP
11:30 AM –12:30 PM

OPEN PLAY
11:30 AM –1:00 PM
with Hope Baker, PhD

LITTLE ARTISTS
11:30 AM – 12:15 PM

THURSDAY

TODDLER SPORTS – WALKERS
9:30 AM – 10:15 AM

BABY FINGERS SIGN & SONG
10:30 AM – 11:15 AM

OPEN PLAY
11:30 AM – 1:00 PM

BABY AND ME BARRE
1:30 PM – 2:15 PM

OPEN PLAY
4:30 PM – 6:00 PM

FRIDAY

TODDLER PLAY & LEARN
9:30 AM – 11:00 AM

RAMBLIN' DAN
10:00 AM – 10:45 AM

RAMBLIN' DAN
11:30 AM – 12:15 PM

CLASSROOM OPEN PLAY
11:30 AM – 1:00 PM

SUNDAY

OPEN PLAY
10:00 AM – 1:00 PM

REGISTER HERE

Classes in blue are included in 14Y Family Memberships. Non-Members can join for a charge.

Trial classes are available.
Email JShely@14StreetY.org

**Most classes are recommended to children 3 months to 3 years. Please see class descriptions for specific ages. Check online for specific start dates.*

***Fire safety requires all strollers be fully folded and parked in the designated lobby stroller parking area, not in the pathway.**
No strollers are permitted in the elevator. Please plan accordingly. 14Y assumes no responsibility for lost, stolen, or damaged strollers.

CLASS DESCRIPTIONS

Baby and Me Barre: Join other parents in a gentle, fun barre class that helps you strengthen your core and move mindfully while engaging with your child.

Baby Fingers Sign & Song: Watch in awe as your child discovers the world of language and builds communications skills through learning American Sign Language. *Recommended for 4 months to 18 months.*

Baby and Me Yoga: New parents can stretch, strengthen, and bond with their baby through playful poses and mindful breathing.

Classroom Open Play: Join us for playtime, art activities, and more in Classroom 301 on the 3rd floor.

Developmental Movement with Dionne: From first stretches to first steps, our Developmental Movement series grows with your child—featuring three different semester-long classes to support every stage of development.

Japanese Playday: Join instructor Michiyo Kigawa on a language-filled adventure, fostering curiosity and language skills in a playful setting. *Recommended for 3 months to 3 years.*

Little Artists: Each week, your child will explore color, texture, and creativity through painting, drawing, collaging, and more. *Recommended for 1 to 3 years.*

Look Who's Talking: Get an early start exposing your child to language through songs, play, and language development techniques. *Recommended for 6 months to 24 months.*

Messy Art & Play: A playful, sensory-rich class where toddlers explore sand, paint, and playdough to build fine motor skills. *Recommended for 1 to 3 years.*

Music with Tkiya: Enjoy your favorite songs, plus puppets, stories, and more. *Recommended for 3 months to 3 years.*

Musical Movement with Mik: Share the joy of music with your child in this high-energy class. *Recommended for 1 to 2 years.*

New Parent Support: Designed for new parents to get support and build community.

Open Play: Join your 14Y friends for some unstructured play on the 4th floor. *Room subject to change. Recommended for 3 months to 3 years.*

***Open Play with Hope Baker:** Connect with parents and caregivers and get your parenting questions answered.*

Playful Plate: Each session combines play-based learning and caregiver education to support feeding development.

Ramblin' Dan's Freewheelin' Band: A one-of-a-kind, high energy, and engaging musical experience for your child.

Toddler Sports: Eack week focuses on a different skill, such as throwing, kicking, and running, as well as age-appropriate games. *For ages 3 months and up.*

Toddler Play and Learn: This 90-minute class introduces your child to classroom routines in a fun engaging way. *For ages 1 to 3 years.*

Check online for start dates and pricing.
Registration required. Space is limited.

Check online for holiday closures
and most up to date schedule.

Questions? Email **earlychildhood@14StreetY.org**

Join us for Prelude to Preschool! Our program runs from September to June with rolling admissions.

Email **earlychildhood@14StreetY.org** to learn more.
Visit **14StreetY.org/preludetopreschool** for more information.

INFANT AND TODDLER CENTER
at 14Y Preschool