

INFANT AND TODDLER CLASSES **FALL 2026**

Classes start in September, with some exceptions

updated as of 9.11.26

MONDAY

**DEVELOPMENTAL MOVEMENT:
WALKERS**
9:30 AM – 10:30 AM

**DEVELOPMENTAL MOVEMENT:
PRE CRAWLERS**
10:45 AM – 11:45 AM

**DEVELOPMENTAL MOVEMENT:
CRAWLERS**
12:00 PM – 1:00 PM

LOOK WHO'S TALKING
4:15 PM – 5:00 PM

TUESDAY

MUSICAL MOVEMENT WITH MIK
9:15 AM – 10:00 AM

PLAYFUL PLATE
10:00 AM – 10:45 AM
Coming in October

MESSY ART & PLAY
11:30 AM – 12:15 PM

BABY AND ME YOGA
11:30 AM – 12:15 PM

OPEN PLAY
11:30 AM – 1:00 PM

WEDNESDAY

JAPANESE PLAYDAY
9:30 AM – 10:15 AM

MUSIC WITH TKIYA
10:30 AM – 11:15 PM

NEW PARENT SUPPORT GROUP
11:30 AM – 12:30 PM

OPEN PLAY
11:30 AM – 1:00 PM
with Hope Baker, PhD

LITTLE ARTISTS
11:30 AM – 12:15 PM

**LOOK WHO'S TALKING - PRESCHOOL
PREP**
4:15 PM – 5:00 PM

THURSDAY

TODDLER SPORTS – WALKERS
9:30 AM – 10:15 AM

BABY FINGERS SIGN & SONG
10:30 AM – 11:15 AM

OPEN PLAY
11:30 AM – 1:00 PM

BABY AND ME BARRE
1:00 PM – 1:45 PM

OPEN PLAY
4:30 PM – 5:30 PM

FRIDAY

TODDLER PLAY & LEARN
9:30 AM – 11:00 AM

RAMBLIN' DAN
10:00 AM – 10:45 AM

RAMBLIN' DAN
11:00 AM – 11:45 AM

RAMBLIN' DAN
12:00 PM – 12:45 PM



REGISTER HERE

Classes in blue are included in 14Y Family Memberships. NonMembers can join for a charge.

Trial classes are available.
Email JShely@14StreetY.org

**Most classes are recommended to children 3 months to 3 years. Please see class descriptions for specific ages. Check online for specific start dates.*

***Fire safety requires all strollers be fully folded and parked in the designated lobby stroller parking area, not in the pathway.** No strollers are permitted in the elevator. Please plan accordingly. 14Y assumes no responsibility for lost, stolen, or damaged strollers.

CLASS DESCRIPTIONS

Baby and Me Barre: Join other parents in a gentle, fun barre class that helps you strengthen your core and move mindfully while engaging with your child.

Baby Fingers Sign & Song: Watch in awe as your child discovers the world of language and builds communications skills through learning American Sign Language. *Recommended for 4 months to 18 months.*

Baby and Me Yoga: New parents can stretch, strengthen, and bond with their baby through playful poses and mindful breathing.

Developmental Movement with Dionne: From first stretches to first steps, our Developmental Movement series grows with your child—featuring three different semester-long classes to support every stage of development.

Japanese Playday: Join instructor Michiyo Kigawa on a language-filled adventure, fostering curiosity and language skills in a playful setting. *Recommended for 3 months to 3 years.*

Little Artists: Each week, your child will explore color, texture, and creativity through painting, drawing, collaging, and more. *Recommended for 1 to 3 years.*

Look Who's Talking: Get an early start exposing your child to language through songs, play, and language development techniques. *Recommended for 6 months to 24 months.*

Look Who's Talking - Preschool Prep: A class that introduces your child to colors, shapes, science, and more, preparing them for Preschool and Kindergarten. *For ages 2 to 3 years*

Check online for start dates and pricing.
Registration required. Space is limited.

Check online for holiday closures
and most up to date schedule.

Questions? Email earlychildhood@14StreetY.org

Messy Art & Play: A playful, sensory-rich class where toddlers explore sand, paint, and playdough to build fine motor skills. *Recommended for 1 to 3 years.*

Music with Tkiya: Enjoy your favorite songs, plus puppets, stories, and more in a warm, welcoming atmosphere. *Recommended for 3 months to 3 years.*

Musical Movement with Mik: Share the joy of music with your child in this high-energy music class. Together, you'll sing, dance, move, and explore a variety of instruments. *Recommended for 1 to 2 years.*

New Parent Support: Designed for new parents to meet up, get support, and build community.

Open Play: Join your 14Y friends for some unstructured play. *Recommended for 3 months to 3 years.*

Open Play with Hope Baker: Connect with parents and caregivers and get your parenting questions answered.

Playful Plate: Each session combines play-based learning and caregiver education to support feeding development.

Ramblin' Dan's Freewheelin' Band: A one-of-a-kind, high energy, and engaging musical experience for your child.

Toddler Sports: Get your your child loving physical activity from an early age! Each week focuses on a different skill, such as throwing, kicking, and running, as well as age-appropriate games. *For ages 3 months and up.*

Toddler Play and Learn: This 90-minute class introduces your child to classroom routines in a fun engaging way. *For ages 1 to 3 years.*

Join us for Prelude to Preschool! Our program runs from September to June with rolling admissions.

Email earlychildhood@14StreetY.org to learn more.
Visit 14StreetY.org/preludetopreschool for more information.