

2026-2027 Preschool Enrichment, 3- 3:45 PM

Enrichment classes offer extended instruction and learning with hands-on activities led by experts, run in-house at 14Y from 3-3:45 PM.

14Y members and non-members are welcome to register their children. 14Y Preschool students are escorted to enrichment classes by their classroom teachers; students not enrolled in 14Y Preschool must be escorted by their parent or caregiver to the classroom.

Monday – Outdoor Gardening with Adamah (Ages 3&4)



Adamah NY is a Jewish environmental organization cultivating vibrant Jewish life in deep connection with the earth. Using rooftop planters and garden beds, students will explore the process of growing food from seed to harvest. Our curriculum

emphasizes sensory exploration, strengthening observational skills, building tactile connections to nature, and fostering cooperation. In the fall and spring, children will engage in outdoor gardening activities such as seeding, watering, weeding, and observing plant growth. In the winter, we will shift indoors, using a hydroponic system to grow crops alongside creative plant-based art projects.

Tuesday – STEM with Pat (Ages 3&4)

Get ready to dive into a world of exciting experiments and tactile adventures that will explore concepts including states of matter, the solar system, chemical reactions, pressure, force, sound, electricity and so much more! Enjoy hands on learning with fun activities to inspire the curious mind and begin to explore the world in which we live.

Wednesday - Super Soccer Stars (Ages 2/3/4)

Join Super Soccer Stars, NYC's most popular soccer development program, right here at the 14Y. Dynamic coaches work with every student to develop skills, self-confidence, and teamwork in a fun, non-competitive environment.

Thursday - Ballet with Shoshana (Ages 2/3/4)

Welcome to ballet! Creative movement encourages self-expression. Led by a professional ballerina, students will enjoy stretching, leaping, and improvisational movement while combining dance and theatre techniques. Dancers will develop basic foot, arm, body placement, and posture. Ballet can help improve coordination and gross motor skills while allowing students the opportunity to move their bodies in new and exciting ways!

Friday - Spanish with Cristina (Ages 2/3/4)

Our Spanish Enrichment Class uses songs, games, stories and projects to help young children learn Spanish language in a developmentally appropriate way. Through immersive learning, your child will be engaged and busy, all while having exposure and practice with the Spanish language.