

BREAKFAST MEAL CALENDAR

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cinnamon WW French Toast Bran Flakes Cereal Cottage Cheese Fruit, Juice, Milk	2 Meatless Eggs Benedict Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk	3 Cheese Blintzes Cinnamon Raisin Bagel Yogurt Parfait with Peaches Fruit, Juice, Milk	4 Buttermilk WW Biscuits Scrambled Eggs Grits Fruit, Juice, Milk
7 Center Closed for Labor Day	8 Tropical Waffles with Strawberries and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk	9 Shakshuka Home Fries WW Pita Raisin Bran Cereal Fruit, Juice, Milk	10 WW Cinnamon French Toast Bran Flaked Cereal Yogurt Parfait with Blueberries Fruit, Juice, Milk	11 Center Closed for Rosh Hashanah
14 Hard Boiled Eggs Veggie Sausage Patty Mini Crossant Fruit, Juice, Milk	15 Pancakes Yogurt Parfait with Strawberries Bran Flakes Cereal Fruit, Juice, Milk	16 Egg Frittata With Potatoes and Peas Veggie Sausage Patty WW English Muffin Raisin Bran Cereal Fruit, Juice, Milk	17 Tropical Waffles with Strawberry and Whipped Cream Bran Flakes Cottage Cheese Fruit, Juice, Milk	18 WW Grilled Mozzarella and Tomato Sandwich Oatmeal Fruit, Juice, Milk
21 Center Closed for Yom Kippur	22 Cinnamon WW French Toast Bran Flakes Cereal Cottage Cheese Fruit, Juice, Milk	23 Meatless Eggs Benedict Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk	24 Cheese Blintzes Cinnamon Raisin Bagel Yogurt Parfait with Peaches Fruit, Juice, Milk	25 Buttermilk WW Biscuits Scrambled Eggs Grits Fruit, Juice, Milk
28 Hard Boiled Egg Veggie Sausage Patty Mini Crossant Fruit, Juice, Milk	29 Tropical Waffles with Strawberries and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk	30 Shakshuka Home Fries WW Pita Raisin Bran Cereal Fruit, Juice, Milk		

LUNCH MEAL CALENDAR

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 BBQ Pulled Chicken WW Hamburger Bun Baked Beans Cabbage Carrot Slaw Fruit and Milk	2 Turkey Bean Chili Brown Rice Corn Bread Garden Salad Fruit and Milk	3 Baked Pork Chop WW Dinner Roll Garlic Mashed Potatoes Sauteed String Beans Fruit and Milk	4 Salmon in Garlic Butter Sauce Challah Bread Roasted Vegetables Couscous Baby Carrots & Parsley Fruit and Milk
7 Center Closed for Labor Day	8 California Veggie Burger WW Hamburger Bun Lettuce and Tomato French Fries Fruit and Milk	9 Beef Fajita with Sauteed Onions and Peppers Summer Corn and Pepper Salad WW Tortilla Fruit and Milk	10 Pernil (Roasted Pork Shoulder) Yellow Rice with Pigeon Peas Beet Salad Yellow Plantains Fruit and Milk	11 Center Closed for Rosh Hashanah
14 Chickpea Curry Medley with Rice Spinach Salad with Lemon Vinaigrette Naan Bread Fruit and Milk	15 Sesame Orange Chicken Brown Rice Normandy Blend Vegetables Fruit and Milk	16 Beef Hamburger WW Hamburger Bun Coleslaw French Fries Fruit and Milk	17 Pork Meatballs Pasta with Homemade Tomato Sauce Broccoli with Toasted Garlic Fruit and Milk	18 Salmon with Teriyaki Sauce Steamed Peas and Carrots Yellow Rice California Blend Vegetables Fruit and Milk
21 Center Closed for Yom Kippur	22 WW Pita Pizza with Sauteed Mushrooms, Peppers & Onions Garden Salad with Chickpeas Fruit and Milk	23 Turkey Bean Chili Brown Rice Corn Bread Garden Salad Fruit and Milk	24 Baked Pork Chop WW Dinner Roll Garlic Mashed Potatoes Sauteed String Beans Fruit and Milk	25 Salmon in Garlic Butter Sauce Challah Bread Roasted Vegetables Couscous Baby Carrots & Parsley Fruit and Milk
28 California Veggie Burger WW Hamburger Bun Lettuce and Tomato French Fries Fruit and Milk	29 Grilled Chicken Breast with Fresh Tomato and Feta WW Lemon Orzo Normandy Blend Vegetables Fruit and Milk	30 Beef Fajita with Sauteed Onions and Peppers Summer Corn and Pepper Salad WW Tortilla Fruit and Milk		

Meal Information: Lunch | Monday – Friday | 12:00 PM – 1:00 PM | 2nd FL. Dining Room
 Seating starts @11:00AM. Last ticket sold @12:55PM to sit down and eat. Everyone must finish eating by 1:30PM*
 Address: 331 East 12th Street, New York, NY 10003 Contact: email sirovich@14streety.org or call 646-395-4534

MEAL KEY: WW= Whole Wheat