

BREAKFAST MEAL CALENDAR

AUGUST 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Hard Boiled Egg Home Fries Veggie Sausage Patty Oatmeal Fruit, Juice, Milk	4 Pancakes Yogurt Parfait with Strawberries Bran Flakes Cereal Fruit, Juice, Milk	5 Egg Frittata With Potatoes and Peas Veggie Sausage Patty WW English Muffin Raisin Bran Cereal Fruit, Juice, Milk	6 Tropical Waffles with Strawberry and Whipped Cream Bran Flakes Cottage Cheese Fruit, Juice, Milk	7 Tuna Salad with Lettuce & Tomato WW Bread Oatmeal Fruit, Juice, Milk
10 Greek Breakfast Casserole Home Fries Oatmeal Fruit, Juice, Milk	11 Cinnamon WW French Toast Bran Flakes Cereal Cottage Cheese Fruit, Juice, Milk	12 Meatless Eggs Benedict Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk	13 Cheese Blintzes Cinnamon Raisin Bagel Yogurt Parfait with Peaches Fruit, Juice, Milk	14 Buttermilk WW Biscuits Scrambled Eggs Grits Fruit, Juice, Milk
17 Hard Boiled Egg Home Fries Veggie Sausage Patty Oatmeal Fruit, Juice, Milk	18 Tropical Waffles with Strawberries and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk	19 Shakshuka Home Fries WW Pita Raisin Bran Cereal Fruit, Juice, Milk	20 WW Cinnamon French Toast Bran Flaked Cereal Yogurt Parfait with Blueberries Fruit, Juice, Milk	21 Tuna Salad with Lettuce & Tomato WW Bread Cereal Fruit, Juice, Milk
24 Hard Boiled Eggs Veggie Sausage Patty Mini Crossant Fruit, Juice, Milk	25 Pancakes Yogurt Parfait with Strawberries Bran Flakes Cereal Fruit, Juice, Milk	26 Egg Frittata With Potatoes and Peas Veggie Sausage Patty WW English Muffin Raisin Bran Cereal Fruit, Juice, Milk	27 Tropical Waffles with Strawberry and Whipped Cream Bran Flakes Cottage Cheese Fruit, Juice, Milk	28 WW Grilled Mozzarella and Tomato Sandwich Oatmeal Fruit, Juice, Milk
31 Greek Breakfast Casserole Home Fries Oatmeal Fruit, Juice, Milk				

Meal Information: In Person Breakfast | Monday – Friday | 9:00 AM – 10:00 AM | 2nd FL. Dining Room
Seating starts @8:45AM. Last ticket sold @9:55AM to sit down and eat. Everyone must finish eating by 10:30AM*
Address: 331 East 12th Street, New York, NY 10003 Contact: email sirovich@14streety.org or call 646-395-4534

MEAL KEY: WW= Whole Wheat

LUNCH MEAL CALENDAR

AUGUST 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 WW Pita Pizza with Sauteed Mushrooms, Peppers & Onions Garden Salad with Chickpeas Fruit and Milk	4 BBQ Pulled Chicken WW Hamburger Bun Baked Beans Cabbage Carrot Slaw Fruit and Milk	5 Turkey Bean Chili Brown Rice Corn Bread Garden Salad Fruit and Milk	6 Baked Pork Chop WW Dinner Roll Garlic Mashed Potatoes Sauteed String Beans Fruit and Milk	7 Salmon in Garlic Butter Sauce Challah Bread Roasted Vegetables Couscous Baby Carrots & Parsley Fruit and Milk
10 California Veggie Burger WW Hamburger Bun Lettuce and Tomato French Fries Fruit and Milk	11 Grilled Chicken Breast with Fresh Tomato and Feta Lemon WW Orzo Normandy Blend Vegetable WW Pita Fruit and Milk	12 Beef Fajita with Sauteed Onions and Peppers Summer Corn and Pepper Salad WW Tortilla Fruit and Milk	13 Pernil (Roasted Pork Shoulder) Yellow Rice with Pigeon Peas Beet Salad Yellow Plantains Fruit and Milk	14 Lemon Salmon Rice with Vegetable Broccoli with Toasted Garlic Fruit and Milk
17 Chickpea Curry Medley with Rice Spinach Salad with Lemon Vinaigrette Naan Bread Fruit and Milk	18 Sesame Orange Chicken Brown Rice Normandy Blend Vegetables Fruit and Milk	19 Beef Hamburger WW Hamburger Bun Coleslaw French Fries Fruit and Milk	20 Pork Meatballs Pasta with Homemade Tomato Sauce Broccoli with Toasted Garlic Fruit and Milk	21 Salmon with Teriyaki Sauce Steamed Peas and Carrots Yellow Rice California Blend Vegetables Fruit and Milk
24 California Veggie Burger WW Hamburger Bun Lettuce and Tomato French Fries Fruit and Milk	25 BBQ Pulled Chicken WW Hamburger Bun Baked Beans Cabbage Carrot Slaw Fruit and Milk	26 Turkey Bean Chili Brown Rice Corn Bread Garden Salad Fruit and Milk	27 Baked Pork Chop WW Dinner Roll Garlic Mashed Potatoes Sauteed String Beans Fruit and Milk	28 Salmon in Garlic Butter Sauce Challah Bread Roasted Vegetables Couscous Baby Carrots & Parsley Fruit and Milk
31 WW Pita Pizza with Sauteed Mushrooms, Peppers & Onions Garden Salad with Chickpeas Fruit and Milk				

Meal Information: Lunch | Monday – Friday | 12:00 PM – 1:00 PM | 2nd FL. Dining Room

MEAL KEY: WW= Whole Wheat

Seating starts @11:00AM. Last ticket sold @12:55PM to sit down and eat. Everyone must finish eating by 1:30PM*

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