



ADULT CLASSES & CLUBS SUMMER 2026

MONDAY

MAH JONGG MONDAY OPEN PLAY

12:30 PM - 2:30 PM (Starting 6/29)

CANASTA OPEN PLAY

2:00 PM - 4:00 PM (Starting 6/29)

TAP DANCE

4:00 PM - 5:00 PM (Starting 6/8)

^At Sirovich Center

LINE DANCING

6:30 PM - 7:30 PM (Starting 7/13)

ACTOR/PLAYWRIGHT GROUP

6:30 PM - 8:30 PM (Starting 7/13)

BRIDGE CLUB

6:30 PM - 8:30 PM (Starting 6/29)

TUESDAY

MAH JONGG TUESDAY OPEN PLAY

2:00 PM - 4:00 PM (Starting 6/30)

MAH JONGG INSTRUCTIONAL

3:00 PM - 5:00 PM (Starting 7/14)

MEMOIR WRITING

6:30 PM - 8:30 PM (Starting 7/7)

WEDNESDAY

BRIDGE CLASS

2:00 PM - 4:00 PM (Starting 7/29)

GAME ON: A BOARD GAME BONANZA! - NEW

2:00 PM - 4:00 PM (Starting 7/8)

CERAMICS - SCULPTURE

6:30 PM - 9:00 PM (Starting 7/22)

^At Sirovich Center

THURSDAY

MAH JONGG OPEN PLAY

2:00 PM - 4:00 PM (Starting 7/2)

SALSA ON 2 - NEW

6:30 PM - 7:30 PM (Starting 7/9)

BRIDGE TO COMMUNITY THROUGH DISCUSSION

6:30 PM - 8:00 PM (Starting 7/9)

FRIDAY

FRENCH LANGUAGE CLUB

1:00 PM - 2:30 PM (Starting 7/10)

SPECIAL EVENTS

LANDSCAPE PAINTING

7/9, 6:30 PM - 9:00 PM

SCENT & SOUND

7/14, 7:00 PM - 8:15 PM

BOOK CLUB WITH NYPL

7/15, 1:30 PM - 2:30 PM

SALSA DANCE CLUB

7/23, 7:30 PM - 8:30 PM

 CLASSES

 CLUBS

^SIROVICH CENTER FOR BALANCED LIVING

331 East 12th Street

Classes subject to change.
Check the website for regular updates.



Register at
14streety.org/AdultPrograms

Please note: there is a fee for each class. Visit the website to register. Check the calendar for start dates.

*Updated as of 6/10/2026

CLASS DESCRIPTIONS

Bridge: Sharpen your bridge playing skills and learn bidding strategies in this brief 3-week series.

Canasta Open Play: Whether you're a seasoned player or just looking for a casual game, enjoy playing with fellow Canasta enthusiasts. There will be no formal instruction, just open games and great company.

Ceramics - Sculpture: Get your hands in the clay and explore sculptural ceramics using hand building techniques like pinch, coil, and slab. Designed for adults of all experience levels.

Game On! A Board Game Bonanza: NEW Play classic strategy board games, including Chess, Checkers, Backgammon, and more — with guidance from our instructor.

Landscape Painting: Let your inner artist shine as you follow certified Bob Ross instructor Wes Day who will provide step-by-step instructions for you in a relaxed environment.

Line Dancing: Get ready to step, slide, and spin your way to fun! Join us for a six-part line dancing series designed to get you moving and grooving. No partner required.

Mah Jongg Instructional: Learn the basics in this 5-week series and get ready to join open games.

Mah Jongg Open Play: For players with some knowledge of the game.

Memoir Writing: Start writing your story in this supportive 3-week workshop filled with prompts, exercises, and guidance to help you find your voice.

Salsa On 2: NEW Dive deep into salsa and learn the NYC way in this energizing 6-week Latin Dance class. Designed for all levels.

Scent & Sound: NEW Join us on the rooftop for a grounding sunset sound bath meditation, where sounds and subtle aromatherapy invite stillness and presence.

Tap Dance: Learn tap, build coordination, and dance in this fun, beginner-friendly class.

CLUB DESCRIPTIONS

Actor & Playwright Group: Help bring brand-new plays to life through live cold readings and supportive feedback.

Book Club with NYPL: Come ready to discuss our summer book club, *Women's Hotel* by Daniel Lavery.

Bridge Club: Engage with other bridge enthusiasts for practice and play in a relaxed, social setting. For players with some experience.

Bridge to Community Through Discussion: Connect with neighbors through thoughtful conversations on universal topics, from culture and identity to wellbeing and justice.

French Club: Practice your French and enjoy casual conversation in a friendly, welcoming group. Best for intermediate speakers looking to build confidence.

Salsa Dance Club: Enjoy a short, introductory salsa lesson and lively Latin music. No partner or experience needed.