

GYMNASIUM SCHEDULE

APRIL 11 - JUNE 5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 6:00 – 9:30AM	OPEN GYM 6:00 – 8:00AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 7:00 – 8:00AM	MEMBER BASKETBALL 9:00 AM – 12:00PM
GET FIT WITH BETHANY 10:00 – 11:00AM	GYM CLEANING 8:00 – 9:00AM	AEROBICS WITH STRENGTH TRAINING WITH LIZ 10:00 – 11:00AM	PRESCHOOL 9:00 – 11:00AM	FITNESS FRIDAYS WITH BETHANY 10:00 – 11:00AM	PICKLEBALL 8:00AM – 12:30PM	ZUMBA 12:30 – 1:20PM
PRESCHOOL 11:30AM – 1:00PM	PICKLEBALL 9:30AM – 2:00PM	PICKLEBALL 12:00 – 1:30PM	PICKLEBALL 11:00AM – 2:00PM	PICKLEBALL 12:00 – 1:30PM	OPEN GYM 1:00 – 3:00PM	OPEN GYM 1:30 – 7:45PM
OPEN GYM 1:00 – 3:00PM	AFTERSCHOOL 3:00 – 5:30PM	OPEN GYM 1:30 – 3:00PM	GYM CLEANING 2:00 – 3:00PM	OPEN GYM 1:30 – 3:00PM	TEEN BASKETBALL 3:00 – 6:00PM	
AFTER SCHOOL 3:00 – 5:30PM	GYM CLEANING 5:30 – 6:00PM	AFTERSCHOOL 3:00 – 5:30PM	AFTERSCHOOL 3:00 – 5:30PM	AFTERSCHOOL 3:00 – 5:00PM	OPEN GYM 6:00 – 7:45PM	
GYM CLEANING 5:30 – 6:00PM	MEMBER BASKETBALL 6:00 – 9:00PM	GYM CLEANING 5:30 – 6:00PM	GYM CLEANING 5:30 – 6:00PM	GYM CLEANING 5:00 – 6:00PM	14Y Members get 20% off VOLO Basketball registration: https://www.volosports.com/	
VOLO BASKETBALL 6:30 – 10:30PM	PRIVATE RENTAL 9:00 – 11:00PM	VOLO BASKETBALL 6:30 – 10:30PM	MEMBER BASKETBALL 6:00 – 9:45PM	TEEN BASKETBALL 6:00 – 8:00PM	Please see the service desk for guest passes. Guests need to bring a photo ID.	
 <p>*Any gaps in schedule are reserved for setup. **All gymnasium times are subject to change. For up to date information, please check the website.</p>				OPEN GYM 8:00 – 9:45PM	344 East 14th Street at 1st Ave New York, NY 10003 212-780-0800 14StreetY.org	

Member Basketball: Organized and supervised full court game play for 14Y members and their guests ages 18 and older.

Open Gym: Basketball game play is limited to half court. The other half is open to 14Y members and their guests for other recreational activities.

Pickleball: Instructional classes and open play available for a fee for adults 18 and older. For details, please visit [14StreetY.org/Pickleball](https://www.14streety.org/Pickleball)

Teen Basketball : Unsupervised half court basketball open to 14Y Teens and their guests.

Gymnasium Closures: 5/28: 12PM - 5:30PM; 5/29: 1:30PM - 5:30PM; 5/30: 12:30PM - 5:30PM

*Updated as of 5/4/26

GYMNASIUM SCHEDULE

JUNE 5 - JUNE 29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00 – 8:30AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00 – 10:45AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 7:00 – 7:45AM	MEMBER BASKETBALL 9:00 AM – 12:00PM
CHAIR FITNESS WITH MARISSA 10:00 – 11:00AM	GYM CLEANING 8:30 – 9:30AM	AEROBICS WITH STRENGTH TRAINING WITH LIZ 10:00 – 11:00AM	PICKLEBALL 11:00AM – 2:00PM	FITNESS FRIDAYS WITH TARA 10:00 – 11:00AM	PICKLEBALL 8:00AM – 12:30PM	ZUMBA WITH CELESTE 12:30 – 1:20PM
OPEN GYM 12:00PM – 6:00PM	PICKLEBALL 9:30AM – 2:00PM	PICKLEBALL 12:00 – 1:30PM	GYM CLEANING 2:00 – 3:00PM	PICKLEBALL 12:00 – 1:30PM	OPEN GYM 12:45 – 3:00PM	OPEN GYM 1:30 – 7:45PM
GYM CLEANING 6:00 – 6:30PM	OPEN GYM 2:15 – 5:30PM	OPEN GYM 1:45 – 6:00PM	OPEN GYM 3:00 – 5:30PM	OPEN GYM 1:45 – 5:00PM	TEEN BASKETBALL 3:00 – 6:00PM	
VOLO BASKETBALL 6:30 – 10:30PM	GYM CLEANING 5:30 – 6:00PM	GYM CLEANING 6:00 – 6:30PM	GYM CLEANING 5:30 – 6:00PM	GYM CLEANING 5:00 – 6:00PM	OPEN GYM 6:00 – 7:45PM	
	MEMBER BASKETBALL 6:00 – 9:00PM	VOLO BASKETBALL 6:30 – 10:30PM	MEMBER BASKETBALL 6:00 – 9:45PM	TEEN BASKETBALL 6:00 – 8:00PM	14Y Members get 20% off VOLO Basketball registration: https://www.volosports.com/	
	PRIVATE RENTAL 9:00 – 11:00PM			OPEN GYM 8:00 – 9:45PM	Please see the service desk for guest passes. Guests need to bring a photo ID.	



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 New York, NY 10003
 212-780-0800 | 14StreetY.org

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- Open Gym:** Basketball game play is limited to half court. The other half is open to 14Y members and their guests for other recreational activities.
- Pickleball:** Instructional classes and open play available for a fee for adults 18 and older. For details, please visit [14StreetY.org/Pickleball](https://www.14streety.org/Pickleball)
- Teen Basketball :** Unsupervised half court basketball open to 14Y Teens and their guests.

Gymnasium Closure: Monday, June 29: 11:30 AM - 1:00 PM
Building Closure: Friday, June 19: Building closes at 6:00 PM

INTERIM GYMNASIUM SCHEDULE


JUNE 30 - JULY 5

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 6:00 – 8:00AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00AM – 2:00PM	OPEN GYM 6:00 – 9:00AM	BUILDING CLOSED	MEMBER BASKETBALL 9:00 AM – 12:00PM
GYM CLEANING 8:00 – 9:00AM	AEROBICS WITH STRENGTH TRAINING WITH LIZ 10:00 – 11:00AM	GYM MAINTENANCE 2:00 – 6:00PM	FITNESS FRIDAYS WITH TARA 10:00 – 11:00AM		ZUMBA WITH CELESTE 12:30 – 1:20PM
OPEN GYM 9:00AM – 5:30PM	OPEN GYM 12:00 – 6:00PM	MEMBER BASKETBALL 6:00 – 9:45PM	OPEN GYM 12:00 – 5:45PM		OPEN GYM 1:30 – 7:45PM
GYM CLEANING 5:30 – 6:00PM	GYM CLEANING 6:00 – 6:30PM				
MEMBER BASKETBALL 6:00 – 9:00PM	VOLO BASKETBALL 6:30 – 10:30PM				
PRIVATE RENTAL 9:00 – 11:00PM					

14Y Members get 20% off
VOLO Basketball registration:
<https://www.volosports.com/>

Please see the service desk for guest passes. Guests need to bring a photo ID.

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Pickleball: Instructional classes and open play available for a fee for adults 18 and older. For details, please visit 14StreetY.org/Pickleball

Teen Basketball : Unsupervised half court basketball open to 14Y Teens and their guests.

Building Closures: Friday, July 3: Building closing at 6:00 PM | Saturday, July 4: Building is closed