

BREAKFAST MEAL CALENDAR MAY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cheese Blintzes Cinnamon Raisin Bagel Fruit, Juice, Milk
4 Scrambled Eggs Veggie Sausage Patty Raisin Bran Cereal WW Mini Bagel Fruit, Juice, Milk	5 Tropical Waffles with Mangoes and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk	6 Shakshuka Home Fries WW Pita Raisin Bran Cereal Fruit, Juice, Milk	7 WW Cinnamon French Toast Berry Sauce Toasted Oat Cereal Fruit, Juice, Milk	8 WW Grilled Mozzarella & Tomato Sandwich Oatmeal Fruit, Juice, Milk
11 Hard Boiled Egg Home Fries Veggie Sausage Patty Oatmeal Fruit, Juice, Milk	12 Pancakes Yogurt Parfait with Strawberries Bran Flakes Cereal Fruit, Juice, Milk	13 Spinach & Mozzarella Frittata Veggie Sausage Patty WW English Muffin Raisin Bran Cereal Fruit, Juice, Milk	14 Tropical Waffles with Mangoes and Whipped Cream Bran Flakes Cottage Cheese Fruit, Juice, Milk	15 Tuna Salad with Lettuce & Tomato WW Bread Oatmeal Fruit, Juice, Milk
18 Greek Breakfast Casserole Home Fries Oatmeal Fruit, Juice, Milk	19 Apple Pancakes Bran Flakes Cereal Yogurt Parfait With Blueberries Fruit, Juice, Milk	20 Meatless Eggs Benedict Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk	21 Apple Pie Oatmeal Mini Croissant Veggie Sausage Patty Yogurt Parfait with Peaches Fruit, Juice, Milk	22 Cheese Blintzes Cinnamon Raisin Bagel Fruit, Juice, Milk
25 Center Closed for Memorial Day	26 Tropical Waffles with Mangoes and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk	27 Shakshuka Home Fries WW Pita Raisin Bran Cereal Fruit, Juice, Milk	28 WW Cinnamon French Toast Berry Sauce Toasted Oat Cereal Fruit, Juice, Milk	29 WW Grilled Mozzarella & Tomato Sandwich Oatmeal Fruit, Juice, Milk

Meal Information: In Person Breakfast | Monday – Friday | 9:00 AM – 10:00 AM | 2nd FL. Dining Room
Seating starts @8:45AM. Last ticket sold @9:55AM to sit down and eat. Everyone must finish eating by 10:30AM*
Address: 331 East 12th Street, New York, NY 10003 Contact: email sirovich@14streety.org or call 646-395-4534

MEAL KEY: WW= Whole Wheat

LUNCH MEAL CALENDAR MAY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Salmon with Cilantro Citrus Sauce Rice with Vegetables Baby Carrots & Parsley Fruit and Milk
4 Crispy Oven-Baked Falafel Patties Tzatziki Yogurt Dressing Lettuce and Tomato WW Hamburger Bun Cozy Lentil and Veggie Soup Fruit and Milk	5 BBQ Chicken Leg Quarters Baked Macaroni and Cheese WW Dinner Roll California Blend Vegetables Fruit and Milk	6 Beef Hamburger WW Hamburger Bun Coleslaw French Fries Fruit and Milk	7 Pernil (Roasted Pork Shoulder) Caribbean Rice & Red Beans Sautéed String Beans Yellow Plantains Fruit and Milk	8 Salmon with Teriyaki Sauce Steamed Peas & Carrots Yellow Rice Broccoli with Toasted Garlic Fruit and Milk
11 California Veggie Burger WW Hamburger Bun French Fries Coleslaw Fruit and Milk	12 Sesame Orange Chicken Yellow Rice with Peas California Blend Vegetables Fruit and Milk	13 Turkey Bean Chili Brown Rice Corn Bread Garden Salad Fruit and Milk	14 Baked Pork Chop WW Dinner Roll Garlic Mashed Potatoes Sautéed String Beans Fruit and Milk	15 Salmon in Garlic Butter Sauce Challah Bread Roasted Vegetables Couscous Baby Carrots & Parsley Fruit, and Milk
18 Crispy Baked Eggplant Parmesan with Tomato Sauce Classic Minestrone Soup WW Dinner Roll Broccoli and Red Peppers Fruit and Milk	19 Grilled Chicken Breast with Fresh Tomato and Feta Sautéed Spinach Lemon Whole Wheat Orzo Normandy Blend Vegetable WW Pita Fruit and Milk	20 Beef Stew Cauliflower Mash WW Dinner Roll Fruit and Milk	21 Spanish Style Pork Roast with Chimichurri Sauce California Blend Vegetables Roasted Spiced Red Potatoes WW Dinner Roll Fruit and Milk	22 Salmon with Cilantro Citrus Sauce Rice with Vegetable Baby Carrots & Parsley Fruit, and Milk
25 Center Closed for Memorial Day	26 BBQ Chicken Leg Quarters Baked Macaroni and Cheese WW Dinner Roll California Blend Vegetables Fruit and Milk	27 Beef Hamburger WW Hamburger Bun Cole Slaw French Fries Fruit and Milk	28 Pernil (Roasted Pork Shoulder) Caribbean Rice & Red Beans Sautéed String Beans Yellow Plantains Fruit and Milk	29 Salmon with Teriyaki Sauce Steamed Peas & Carrots Yellow Rice Broccoli with Toasted Garlic Fruit and Milk