

INTERIM GYMNASIUM SCHEDULE

APRIL 2 - APRIL 10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 6:00 – 9:30AM	OPEN GYM 6:00 – 8:00AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00AM – 11:00AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 7:00 – 8:00AM	MEMBER BASKETBALL 9:00 AM – 12:00PM
GET FIT WITH BETHANY 10:00 – 11:00AM	GYM CLEANING 8:00 – 9:00AM	AEROBICS WITH STRENGTH TRAINING WITH LIZ 10:00 – 11:00AM	PICKLEBALL 11:00AM – 1:30PM	FITNESS FRIDAY'S WITH BETHANY 10:00 – 11:00AM	PICKLEBALL 8:00AM – 12:30PM	ZUMBA 12:30 – 1:20PM
OPEN GYM 11:30AM - 5:30PM	PICKLEBALL 9:30AM – 2:00PM	PICKLEBALL 12:00 – 1:30PM	GYM CLEANING 2:00 – 3:00PM	PICKLEBALL 12:00 – 1:30PM	OPEN GYM 1:00 – 3:00PM	OPEN GYM 1:30 – 7:30PM
GYM CLEANING 5:30 – 6:00PM	GYM CLEANING 2:00 – 6:00PM	OPEN GYM 1:30 – 5:30PM	OPEN GYM 3:00 – 5:30PM	OPEN GYM 1:30 – 5:00PM	TEEN BASKETBALL 3:00 – 6:00PM	
VOLO BASKETBALL 6:30 – 10:30PM	MEMBER BASKETBALL 6:00 – 9:00PM	GYM CLEANING 5:30 – 6:00PM	GYM CLEANING 5:30 – 6:00PM	GYM CLEANING 5:00 – 6:00PM	OPEN GYM 6:00 – 7:30PM	
	PRIVATE RENTAL 9:00 – 11:00PM	VOLO BASKETBALL 6:30 – 10:30PM	MEMBER BASKETBALL 6:00 – 9:45PM	TEEN BASKETBALL 6:00 – 8:00PM	14Y Members get 20% off Volo Basketball registration: https://www.volosports.com/	
				OPEN GYM 8:00 – 9:45PM	Please see the service desk for guest passes. Guests need to bring a photo ID.	

*Any gaps in schedule are reserved for setup.
 **All gymnasium times are subject to change.
 For up to date information, please check the website.

344 East 14th Street at 1st Ave
 New York, NY 10003
 212-780-0800 | 14StreetY.org

Member Basketball: Organized and supervised full court game play for 14Y members and their guests ages 18 and older.

Open Gym: Basketball game play is limited to half court. The other half is open to 14Y members and their guests for other recreational activities.

Pickleball: Instructional classes and open play available for a fee for adults 18 and older. For details, please visit 14StreetY.org/Pickleball

Teen Basketball : Unsupervised half court basketball open to 14Y Teens and their guests.

*Updated as of 4/2/2026