

INFANT AND TODDLER CLASSES **SPRING 2026**

Spring Session runs from 4/10 - 6/27

MONDAY

**DEVELOPMENTAL MOVEMENT:
WALKERS**
9:30 – 10:30 AM

**DEVELOPMENTAL MOVEMENT:
PRE CRAWLERS**
10:45 – 11:45 AM

OPEN PLAY*
11:30 AM – 1:00 PM

**DEVELOPMENTAL MOVEMENT:
CRAWLERS**
12:00 – 1:00 PM

LOOK WHO'S TALKING
4:15 – 5:00 PM

OPEN PLAY*
4:30 – 6:00 PM

TUESDAY

MESSY PLAY
11:30 AM – 12:15 PM

OPEN PLAY*
11:30 AM – 1:00 PM

BABY AND ME BARRE*
1:30 – 2:15 PM

WEDNESDAY

JAPANESE PLAYDAY
9:30 – 10:15 AM

TKIYA MUSIC
10:30 – 11:15 AM

LITTLE ARTISTS
11:30 AM - 12:15 PM

NEW PARENT SUPPORT*
11:30 AM –12:30 PM

OPEN PLAY*
11:30 AM –1:00 PM

THURSDAY

FAMILY FITNESS*
10:00 –10:45 PM

BABY PLAYDAY
11:00 – 11:45 AM

OPEN PLAY*
11:30 AM – 1:00 PM

OPEN PLAY*
4:30 – 6:00 PM

FRIDAY

TODDLER PLAY & LEARN
9:30 AM –11:00 AM

RAMBLIN' DAN
10:00 – 10:45 AM

RAMBLIN' DAN
11:00 AM – 11:45 AM

OPEN PLAY*
11:30 AM – 1:00 PM *Room 403

RAMBLIN' DAN
12:00 – 12:45 PM

OPEN PLAY*
4:30 – 6:00 PM

SATURDAY

TODDLER AND ME YOGA*
10:00 – 10:45 AM

NEW PARENT & PRENATAL YOGA*
11:00 – 11:45 AM

SUNDAY

OPEN PLAY*
10:00 AM – 12:00 PM
Check online for dates

Classes in blue are included in 14Y Family Memberships. NonMembers can join for a charge.

Trial classes are available.
Email JShely@14StreetY.org



REGISTER HERE

*Fire safety requires all strollers be fully folded and parked in the designated lobby stroller parking area, not in the pathway. No strollers are permitted in the elevator. Please plan accordingly. 14Y assumes no responsibility for lost, stolen, or damaged strollers.

Note: 14Y is closed on May 25 - Memorial Day.

*Updated as of 4/16/26

CLASS DESCRIPTIONS

Baby and Me Barre*: Join other parents in a gentle, fun barre class that helps you strengthen your core and move mindfully while engaging with your child.

Baby Playday: Our fun-filled sessions provide the perfect environment for your little ones to explore, play, and learn. Recommended for 3 months to 1 year.

Developmental Movement with Dionne: From first stretches to first steps, our Developmental Movement series grows with your child—featuring three classes designed for pre-crawlers, crawlers, and early walkers to support every stage of development.

Family Fitness*: Partner with your child to get your body moving. For 1 to 3 years.

Japanese Playday: Join instructor Michiyo Kigawa on a language-filled adventure, fostering curiosity and language skills in a playful setting. Recommended for 3 months to 3 years.

Little Artists: Whether it's your child's first time with a paintbrush or they already love to create, this class is a wonderful way to spark imagination. Recommended for 1 to 3 years.

Look Who's Talking: Get an early start exposing your child to language through songs, play, and language development techniques with certified speech-language pathologists!

Spring session runs from April 10 - June 27.
Check online for start dates and pricing.
Registration required. Space is limited.

Check online for holiday closures
and most up to date schedule.

Questions? Email earlychildhood@14StreetY.org

Messy Play: Come make art, and don't be afraid to get messy!
Recommended for 1 to 3 years.

New Parent & Prenatal Yoga*: This is a time for new and expectant parents to focus on balance, emotional support, and wellness.

New Parent Support*: Designed for new parents to meet up, get support, and build community.

Open Play*: Join your 14Y friends for some unstructured play.
Recommended for 3 months to 3 years.

Ramblin' Dan's Freewheelin' Band: A one-of-a-kind, high energy, and engaging musical experience for your child.

Tkiya Music: Join Tkiya for your favorite songs, from BimBam to the Wheels on the Bus, plus puppets, bubbles, and more!
Recommended for 3 months to 3 years.

Toddler and Me Yoga*: Enjoy yoga and stretching while your toddler has room to play. Recommended for 1 to 3 years.

Toddler Play and Learn: This 90-minute class introduces classroom routines and focuses on a different subject each Friday.

Join us for Prelude to Preschool! Our program runs from September to June with rolling admissions.

Email earlychildhood@14StreetY.org to learn more.
Visit 14StreetY.org/preludetopreschool for more information.



Summer is not far away! Scan to learn about summer camp offerings, including New Town Day Camp.

**INFANT AND
TODDLER CENTER**
at 14Y Preschool