

BREAKFAST MEAL CALENDAR APRIL 2026

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| | | 1 Spinach & Mozzarella Frittata Veggie Sausage Patty WW English Muffin Raisin Bran Cereal Fruit, Juice, Milk | 2 Tropical Waffles with Mangoes and Whipped Cream Bran Flakes Cottage Cheese Fruit, Juice, Milk | 3 Tuna Salad with Lettuce & Tomato WW Bread Oatmeal Fruit, Juice, Milk |
| 6 Greek Breakfast Casserole Home Fries Oatmeal Fruit, Juice, Milk | 7 Apple Pancakes Bran Flakes Cereal Yogurt Parfait With Blueberries Fruit, Juice, Milk | 8 Meatless Eggs Benedict Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk | 9 Apple Pie Oatmeal Mini Croissant Veggie Sausage Patty Yogurt Parfait with Peaches Fruit, Juice, Milk | 10 Cheese Blintzes Cinnamon Raisin Bagel Fruit, Juice, Milk |
| 13 Scrambled Eggs Veggie Sausage Patty Raisin Bran Cereal WW Mini Bagel Fruit, Juice, Milk | 14 Tropical Waffles with Mangoes and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk | 15 Shakshuka Home Fries WW Pita Home Fries Raisin Bran Flakes Cereal Fruit, Juice, Milk | 16 WW Cinnamon French Toast Berry Sauce Toasted Oat Cereal Fruit, Juice, Milk | 17 WW Grilled Mozzarella and Tomato Sandwich Oatmeal Fruit, Juice, Milk |
| 20 Hard Boiled Egg Home Fries Veggie Sausage Patty Oatmeal Fruit, Juice, Milk | 21 Pancakes Yogurt Parfait with Strawberries Bran Flakes Cereal Fruit, Juice, Milk | 22 Spinach & Mozzarella Frittata Veggie Sausage Patty WW English Muffin Raisin Bran Cereal Fruit, Juice, Milk | 23 Tropical Waffles with Mangoes and Whipped Cream Bran Flakes Cottage Cheese Fruit, Juice, Milk | 24 Tuna Salad with Lettuce & Tomato WW Bread Oatmeal Fruit, Juice, Milk |
| 27 Greek Breakfast Casserole Home Fries Oatmeal Fruit, Juice, Milk | 28 Apple Pancakes Bran Flakes Cereal Yogurt Parfait With Blueberries Fruit, Juice, Milk | 29 Meatless Eggs Benedict Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk | 30 Apple Pie Oatmeal Mini Croissant Veggie Sausage Patty Yogurt Parfait with Peaches Fruit, Juice, Milk | |

Meal Information: In Person Breakfast | Monday – Friday | 9:00 AM – 10:00 AM | 2nd FL. Dining Room
Seating starts @8:45AM. Last ticket sold @9:55AM to sit down and eat. Everyone must finish eating by 10:30AM*
Address: 331 East 12th Street, New York, NY 10003 Contact: email sirovich@14streety.org or call 646-395-4534

MEAL KEY: WW= Whole Wheat

LUNCH MEAL CALENDAR

APRIL 2026

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| | | 1 Turkey Bean Chili Brown Rice Corn Bread Garden Salad Fruit and Milk | 2 Baked Pork Chop WW Dinner Roll Garlic Mashed Potatoes Sautéed String Beans Fruit and Milk | 3 Salmon in Garlic Butter Sauce Challah Bread Roasted Vegetables Couscous Baby Carrots & Parsley Fruit, and Milk |
| 6 Crispy Baked Eggplant Parmesan with Tomato Sauce Classic Minestrone Soup WW Dinner Roll Broccoli and Red Peppers Fruit and Milk | 7 Grilled Chicken Breast with Fresh Tomato and Feta Sautéed Spinach Lemon Whole Wheat Orzo Normandy Blend Vegetable WW Dinner Roll | 8 Beef Stew Cauliflower Mash WW Dinner Roll Fruit and Milk | 9 Spanish Style Pork Roast with Chimichurri Sauce California Blend Vegetables Roasted Spiced Red Potatoes WW Dinner Roll Fruit and Milk | 10 Salmon with Cilantro Citrus Sauce Rice with Vegetable Baby Carrots & Parsley Fruit, and Milk |
| 13 Crispy Oven Baked Falafel Patties Tzatziki Yogurt Dressing Lettuce and Tomato WW Hamburger Bun Cozy Lentil and Veggie Soup Fruit and Milk | 14 BBQ Chicken Leg Quarters Baked Macaroni and Cheese WW Dinner Roll California Blend Vegetables Fruit and Milk | 15 Beef Hamburger WW Hamburger Bun Cole Slaw French Fries Fruit and Milk | 16 Pernil (Roasted Pork Shoulder) Caribbean Rice & Red Beans Sautéed String Beans Yellow Plantains Fruit and Milk | 17 Lemon Caper Sauce Cod Fish Steamed Peas & Carrots Yellow Rice Broccoli with Toasted Garlic Fruit and Milk |
| 20 California Veggie Burger WW Hamburger Bun French Fries Coleslaw Fruit and Milk | 21 Sesame Orange Chicken Yellow Rice with Peas California Blend Vegetables Fruit and Milk | 22 Turkey Bean Chili Brown Rice Corn Bread Garden Salad Fruit and Milk | 23 Baked Pork Chop WW Dinner Roll Garlic Mashed Potatoes Sautéed String Beans Fruit and Milk | 24 Salmon in Garlic Butter Sauce Challah Bread Roasted Vegetables Couscous Baby Carrots & Parsley Fruit, and Milk |
| 27 Crispy Baked Eggplant Parmesan with Tomato Sauce Classic Minestrone Soup WW Dinner Roll Broccoli and Red Peppers Fruit and Milk | 28 Grilled Chicken Breast with Fresh Tomato and Feta Sautéed Spinach Lemon Whole Wheat Orzo Normandy Blend Vegetable WW Dinner Roll | 29 Beef Stew Cauliflower Mash WW Dinner Roll Fruit and Milk | 30 Spanish Style Pork Roast with Chimichurri Sauce California Blend Vegetables Roasted Spiced Red Potatoes WW Dinner Roll Fruit and Milk | |

Meal Information: Lunch | Monday – Friday | 12:00 PM – 1:00 PM | 2nd FL. Dining Room
 Seating starts @11:00AM. Last ticket sold @12:55PM to sit down and eat. Everyone must finish eating by 1:30PM*
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