

GYMNASIUM SCHEDULE

JANUARY 1 – MARCH 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 6:00 – 9:30AM	OPEN GYM 6:00 – 8:00AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 7:00 – 8:00AM	MEMBER BASKETBALL 9:00 AM – 12:00PM
GET FIT WITH BETHANY 10:00 – 11:00AM	GYM CLEANING 8:00 – 9:00AM	AEROBICS WITH STRENGTH TRAINING WITH LIZ 10:00 – 11:00AM	PRESCHOOL 9:00AM – 12:00PM	FITNESS FRIDAY'S WITH BETHANY 10:00 – 11:00AM	PICKLEBALL 8:00AM – 12:30PM	ZUMBA 12:30 – 1:20PM
PRESCHOOL 11:30AM – 1:00PM	PICKLEBALL 9:30AM – 2:00PM	PICKLEBALL 12:00 – 1:30PM	PICKLEBALL 12:00 – 1:30PM	PICKLEBALL 12:00 – 1:30PM	OPEN GYM 1:00 – 3:00PM	OPEN GYM 1:30 – 7:30PM
OPEN GYM 1:00 – 3:00PM	AFTERSCHOOL 3:00 – 5:30PM	OPEN GYM 1:30 – 3:00PM	GYM CLEANING 2:00 – 3:00PM	OPEN GYM 1:30 – 3:00PM	TEEN BASKETBALL 3:00 – 6:00PM	
AFTER SCHOOL 3:00 – 5:30PM	GYM CLEANING 5:30 – 6:00PM	AFTERSCHOOL 3:00 – 5:30PM	AFTERSCHOOL 3:00 – 5:30PM	AFTERSCHOOL 3:00 – 5:00PM	OPEN GYM 6:00 – 7:30PM	
GYM CLEANING 5:30 – 6:00PM	MEMBER BASKETBALL 6:00 – 9:00PM	GYM CLEANING 5:30 – 6:00PM	GYM CLEANING 5:30 – 6:00PM	GYM CLEANING 5:00 – 6:00PM	14Y Members get 20% off Zog Sports Basketball registration: zogsports.com/basketball	
ZOG SPORTS BASKETBALL 6:30 – 10:30PM	PRIVATE RENTAL 9:00 – 11:00PM	ZOG SPORTS BASKETBALL 6:30 – 10:30PM	MEMBER BASKETBALL 6:00 – 9:45PM	TEEN BASKETBALL 6:00 – 8:00PM	Please see the service desk for guest passes. Guests need to bring a photo ID.	
				*Any gaps in schedule are reserved for setup. **All gymnasium times are subject to change. For up to date information, please check the website.	OPEN GYM 8:00 – 9:45PM	344 East 14th Street at 1st Ave New York, NY 10003 212-780-0800 14StreetY.org

Full Court Basketball: Organized and supervised full court game play for 14Y members and their guests ages 18 and older.

Open Gym: Basketball game play is limited to half court. The other half is open to 14Y members and their guests for other recreational activities.

Pickleball: Instructional classes and open play available for a fee for adults 18 and older. For details, please visit 14StreetY.org/Pickleball

Teen Basketball : Unsupervised half court basketball open to 14Y Teens and their guests.