



# BREAKFAST MEAL CALENDAR MARCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Scrambled Eggs Veggie Sausage Patty Raisin Bran Cereal WW Mini Bagel Fruit, Juice, Milk	<b>3</b> Tropical Waffles with Mangoes and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk	<b>4</b> Shakshuka Home Fries WW Pita Home Fries Raisin Bran Flakes Cereal Fruit, Juice, Milk	<b>5</b> WW Cinnamon French Toast Berry Sauce Toasted Oat Cereal Fruit, Juice, Milk	<b>6</b> WW Grilled Mozzarella and Tomato Sandwich Oatmeal Fruit, Juice, Milk
<b>9</b> Hard Boiled Egg Home Fries Veggie Sausage Patty Oatmeal Fruit, Juice, Milk	<b>10</b> Pancakes Yogurt Parfait with Strawberries Bran Flakes Cereal Fruit, Juice, Milk	<b>11</b> Spinach & Mozzarella Frittata Veggie Sausage Patty WW English Muffin Raisin Bran Cereal Fruit, Juice, Milk	<b>12</b> Tropical Waffles with Mangoes and Whipped Cream Bran Flakes Cottage Cheese Fruit, Juice, Milk	<b>13</b> Tuna Salad with Lettuce & Tomato WW Bread Oatmeal Fruit, Juice, Milk
<b>16</b> Greek Breakfast Casserole Home Fries Oatmeal Fruit, Juice, Milk	<b>17</b> Apple Pancakes Bran Flakes Cereal Yogurt Parfait With Blueberries Fruit, Juice, Milk	<b>18</b> Meatless Eggs Benedict Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk	<b>19</b> Apple Pie Oatmeal Mini Croissant Veggie Sausage Patty Yogurt Parfait with Peaches Fruit, Juice, Milk	<b>20</b> Cheese Blintzes Cinnamon Raisin Bagel Fruit, Juice, Milk
<b>23</b> Scrambled Eggs Veggie Sausage Patty Raisin Bran Cereal WW Mini Bagel Fruit, Juice, Milk	<b>24</b> Tropical Waffles with Mangoes and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk	<b>25</b> Shakshuka Home Fries WW Pita Home Fries Raisin Bran Flakes Cereal Fruit, Juice, Milk	<b>26</b> WW Cinnamon French Toast Berry Sauce Toasted Oat Cereal Fruit, Juice, Milk	<b>27</b> WW Grilled Mozzarella and Tomato Sandwich Oatmeal Fruit, Juice, Milk
<b>30</b> Hard Boiled Egg Home Fries Veggie Sausage Patty Oatmeal Fruit, Juice, Milk	<b>31</b> Pancakes Yogurt Parfait with Strawberries Bran Flakes Cereal Fruit, Juice, Milk			

Meal Information: In Person Breakfast | Monday – Friday | 9:00 AM – 10:00 AM | 2nd FL. Dining Room  
 Seating starts @8:45AM. Last ticket sold @9:55AM to sit down and eat. Everyone must finish eating by 10:30AM\*  
 Address: 331 East 12th Street, New York, NY 10003 Contact: email [sirovich@14streety.org](mailto:sirovich@14streety.org) or call 646-395-4534

MEAL KEY: WW= Whole Wheat

# LUNCH MEAL CALENDAR

## MARCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Crispy Oven Baked Falafel Patties Tzatziki Yogurt Dressing Lettuce and Tomato WW Hamburger Bun Cozy Lentil and Veggie Soup Fruit and Milk	<b>3</b> BBQ Chicken Leg Quarters Baked Macaroni and Cheese WW Dinner Roll California Blend Vegetables Fruit and Milk	<b>4</b> Beef Hamburger WW Hamburger Bun Cole Slaw French Fries Fruit and Milk	<b>5</b> Pernil (Roasted Pork Shoulder) Caribbean Rice & Red Beans Sautéed String Beans Yellow Plantains Fruit and Milk	<b>6</b> Lemon Caper Sauce Cod Fish Steamed Peas & Carrots Yellow Rice Broccoli with Toasted Garlic Fruit and Milk
<b>9</b> California Veggie Burger WW Hamburger Bun French Fries Coleslaw Fruit and Milk	<b>10</b> Sesame Orange Chicken Yellow Rice with Peas California Blend Vegetables Fruit and Milk	<b>11</b> Turkey Bean Chili Brown Rice Corn Bread Garden Salad Fruit and Milk	<b>12</b> Baked Pork Chop WW Dinner Roll Garlic Mashed Potatoes Sautéed String Beans Fruit and Milk	<b>13</b> Salmon in Garlic Butter Sauce Challah Bread Roasted Vegetables Couscous Baby Carrots & Parsley Fruit, and Milk
<b>16</b> Crispy Baked Eggplant Parmesan with Tomato Sauce Classic Minestrone Soup WW Dinner Roll Broccoli and Red Peppers Fruit and Milk	<b>17</b> Grilled Chicken Breast with Fresh Tomato and Feta Sautéed Spinach Lemon Whole Wheat Orzo Normandy Blend Vegetable WW Pita Fruit and Milk	<b>18</b> Beef Stew Cauliflower Mash WW Dinner Roll Fruit and Milk	<b>19</b> Spanish Style Pork Roast with Chimichurri Sauce California Blend Vegetables Roasted Spiced Red Potatoes WW Dinner Roll Fruit and Milk	<b>20</b> Salmon with Cilantro Citrus Sauce Rice with Vegetable Baby Carrots & Parsley Fruit, and Milk
<b>23</b> Crispy Oven Baked Falafel Patties Tzatziki Yogurt Dressing Lettuce and Tomato WW Hamburger Bun Cozy Lentil and Veggie Soup Fruit and Milk	<b>24</b> BBQ Chicken Leg Quarters Baked Macaroni and Cheese WW Dinner Roll California Blend Vegetables Fruit and Milk	<b>25</b> Beef Hamburger WW Hamburger Bun Cole Slaw French Fries Fruit and Milk	<b>26</b> Pernil (Roasted Pork Shoulder) Caribbean Rice & Red Beans Sautéed String Beans Yellow Plantains Fruit and Milk	<b>27</b> Lemon Caper Sauce Cod Fish Steamed Peas & Carrots Yellow Rice Broccoli with Toasted Garlic Fruit and Milk
<b>30</b> California Veggie Burger WW Hamburger Bun French Fries Coleslaw Fruit and Milk	<b>31</b> Sesame Orange Chicken Yellow Rice with Peas California Blend Vegetables Fruit and Milk			