



# ADULT CLASSES WINTER 2026

Starting 1/12 and ending 3/31

## MONDAY

### CANASTA OPEN PLAY

12:30 PM - 2:30 PM

### TAPPING TOGETHER: AN INTERGENERATIONAL TAP DANCE CLASS SERIES

4:00 PM - 5:00 PM

^At Sirovich Center

### LINE DANCING

6:30 PM - 7:30 PM

## TUESDAY

### MAH JONGG OPEN PLAY

12:30 PM - 2:30 PM

### MAH JONGG INSTRUCTIONAL CLASS

12:45 PM - 2:30 PM

### MAH JONGG INSTRUCTIONAL CLASS - SESSION 2

12:45 PM - 2:30 PM

\*Starting 3/03

### BASKET WEAVING

6:30 PM - 8:30 PM

### MEMOIR WRITING

6:30 PM - 8:30 PM

## WEDNESDAY

### CERAMICS - CLAY FOUNDATIONS

6:30 PM - 9:00 PM

^At Sirovich Center

### FORMS OF POETRY

6:30 PM - 8:30 PM

### MINDFUL LIVING SERIES

6:30 PM - 8:00 PM

## THURSDAY

### MAH JONGG OPEN PLAY

12:30 PM - 2:30 PM

### CAROLINE'S BOOK TALKS: GLOBAL VOICES

6:30 PM - 8:00 PM

### LATIN DANCE CLASS SERIES

6:30 PM - 7:30 PM

## SPECIAL EVENTS

### OPEN MIC

1/22, 7:00 PM – 9:00 PM

### BEYOND BLOTS: MIXED MEDIA & INKBLOT ART

2/24, 6:30 PM – 8:00 PM

### LANDSCAPE PAINTING

3/5, 6:30 PM – 9:00 PM

### SOUND BATH

3/11, 6:30 – 8:00 PM

### OPEN MIC NIGHT

3/19, 7:00 PM – 9:00 PM

^SIROVICH CENTER  
FOR BALANCED LIVING  
331 East 12th Street

Classes subject to change.  
Check the website for regular updates.



Register at  
[14streety.org/AdultClasses](https://14streety.org/AdultClasses)

Please note that there is a fee for each class. Visit the website to register.

# CLASS DESCRIPTIONS

**Basket Weaving:** Whether you are interested in creating sculptures or functional household items, basket weaving is a meditative timeless art form.

**Beyond Blots: Mixed Media & Inkblot Art:** This hands-on workshop explores diverse art-making techniques, including Klecksography (inkblots), collage, doodling, papercutting, and writing.

**Canasta Open Play:** Whether you're a seasoned player or just looking for a casual game, enjoy playing with fellow Canasta enthusiasts. There will be no formal instruction, just open games and great company.

**Caroline's Book Talks: Global Voices:** Led by a librarian, enjoy exciting discussions about a variety of books from around the world.

**Ceramics - Clay Foundations:** Explore the fundamentals of working with clay through fun, guided projects like a mug, a box, and a whistle.

**Forms of Poetry:** Unlock new poetic forms and techniques each week in a fun, hands-on workshop that will expand your writing toolbox and inspire fresh creativity.

**Landscape Painting:** Get in touch with your inner artist as you paint rolling hills during our Bob Ross style landscape painting class. No previous painting experience required.

**Latin Dance:** In this energizing 11-week Latin Dance series, you'll learn the fundamentals of salsa, bachata, and merengue. Designed for all levels.

**Line Dancing:** Get ready to step, slide, and spin your way to fun! Join us for a four-part line dancing series designed to get you moving and grooving. No partner required.

**Mah Jongg Instructional Class:** Learn the basics of Mah Jongg in this 6-week class series that will get you ready to start playing in open games.

**Mah Jongg Open Play:** Play Mah Jongg with people who have similar experience as you. For players with some knowledge of the game.

**Memoir Writing:** Start writing your story in this supportive 6-week workshop filled with prompts, exercises, and guidance to help you find your voice.

**Mindful Living Series:** Discover simple, practical tools to bring more calm, clarity, and balance into your daily life.

**Open Mic Night:** Come join us for a night of music, poetry, comedy, and more. Whether you want to showcase your talents or just enjoy the show, this event is the perfect opportunity to unwind and have a great time.

**Sound Bath Workshop:** Using a wide array of sound instruments, this sound bath honors the quiet before the bloom, encouraging us to rest and renew.

**Tapping Together: An Intergenerational Tap Dance Class Series:** Learn tap, build coordination, and dance with a multigenerational community in this fun, beginner-friendly class.