



ADULT CLASSES WINTER 2026

Starting 1/12 and ending 3/31

MONDAY

CANASTA OPEN PLAY

12:30 PM - 2:30 PM

TAPPING TOGETHER: AN INTERGENERATIONAL TAP DANCE CLASS SERIES

4:00 PM - 5:00 PM

^At Sirovich Center

LINE DANCING

6:30 PM - 7:30 PM

WEDNESDAY

CERAMICS - CLAY FOUNDATIONS

6:30 PM - 9:00 PM

^At Sirovich Center

FORMS OF POETRY

6:30 PM - 8:30 PM

MINDFUL LIVING SERIES

6:30 PM - 8:00 PM

SPECIAL EVENTS

OPEN MIC

1/22, 7:00 PM – 9:00 PM

BEYOND BLOTS: MIXED MEDIA & INKBLOT ART

2/24, 6:30 PM – 8:00 PM

LANDSCAPE PAINTING

3/5, 6:30 PM – 9:00 PM

SOUND BATH

3/11, 6:30 – 8:00 PM

OPEN MIC NIGHT

3/19, 7:00 PM – 9:00 PM

TUESDAY

MAH JONGG OPEN PLAY

12:30 PM - 2:30 PM

MAH JONGG INSTRUCTIONAL CLASS

12:45 PM - 2:30 PM

MAH JONGG INSTRUCTIONAL CLASS - SESSION 2

12:45 PM - 2:30 PM

*Starting 3/03

BASKET WEAVING

6:30 PM - 8:30 PM

MEMOIR WRITING

6:30 PM - 8:30 PM

THURSDAY

MAH JONGG OPEN PLAY

12:30 PM - 2:30 PM

CAROLINE'S BOOK TALKS: GLOBAL VOICES

6:30 PM - 8:00 PM

LATIN DANCE CLASS SERIES

6:30 PM - 7:30 PM

^SIROVICH CENTER FOR BALANCED LIVING

331 East 12th Street

Classes subject to change.
Check the website for regular updates.



Register at
14street.y.org/AdultClasses

Please note that there is a fee for each class. Visit the website to register.

CLASS DESCRIPTIONS

Basket Weaving: Whether you are interested in creating sculptures or functional household items, basket weaving is a meditative timeless art form.

Beyond Blots: Mixed Media & Inkblot Art: This hands-on workshop explores diverse art-making techniques, including Klecksography (inkblots), collage, doodling, papercutting, and writing.

Canasta Open Play: Whether you're a seasoned player or just looking for a casual game, enjoy playing with fellow Canasta enthusiasts. There will be no formal instruction, just open games and great company.

Caroline's Book Talks: Global Voices: Led by a librarian, enjoy exciting discussions about a variety of books from around the world.

Ceramics - Clay Foundations: Explore the fundamentals of working with clay through fun, guided projects like a mug, a box, and a whistle.

Forms of Poetry: Unlock new poetic forms and techniques each week in a fun, hands-on workshop that will expand your writing toolbox and inspire fresh creativity.

Landscape Painting: Get in touch with your inner artist as you paint rolling hills during our Bob Ross style landscape painting class. No previous painting experience required.

Latin Dance: In this energizing 11-week Latin Dance series, you'll learn the fundamentals of salsa, bachata, and merengue. Designed for all levels.

Line Dancing: Get ready to step, slide, and spin your way to fun! Join us for a four-part line dancing series designed to get you moving and grooving. No partner required.

Mah Jongg Instructional Class: Learn the basics of Mah Jongg in this 6-week class series that will get you ready to start playing in open games.

Mah Jongg Open Play: Play Mah Jongg with people who have similar experience as you. For players with some knowledge of the game.

Memoir Writing: Start writing your story in this supportive 6-week workshop filled with prompts, exercises, and guidance to help you find your voice.

Mindful Living Series: Discover simple, practical tools to bring more calm, clarity, and balance into your daily life.

Open Mic Night: Come join us for a night of music, poetry, comedy, and more. Whether you want to showcase your talents or just enjoy the show, this event is the perfect opportunity to unwind and have a great time.

Sound Bath Workshop: Using a wide array of sound instruments, this sound bath honors the quiet before the bloom, encouraging us to rest and renew.

Tapping Together: An Intergenerational Tap Dance Class Series: Learn tap, build coordination, and dance with a multigenerational community in this fun, beginner-friendly class.