



BREAKFAST MEAL CALENDAR

FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Greek Breakfast Casserole Home Fries Oatmeal Fruit, Juice, Milk	3 Apple Pancakes Bran Flakes Cereal Yogurt Parfait With Blueberries Fruit, Juice, Milk	4 Meatless Eggs Benedict Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk	5 Apple Pie Oatmeal Mini Croissant Veggie Sausage Patty Yogurt Parfait with Peaches Fruit, Juice, Milk	6 Cheese Blintzes Cinnamon Raisin Bagel Fruit, Juice, Milk
9 Scrambled Eggs Veggie Sausage Patty Raisin Bran Cereal WW Mini Bagel Fruit, Juice, Milk	10 Tropical Waffles with Mangoes and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk	11 Shakshuka Home Fries WW Pita Home Fries Raisin Bran Flakes Cereal Fruit, Juice, Milk	12 WW Cinnamon French Toast Berry Sauce Toasted Oat Cereal Fruit, Juice, Milk	13 WW Grilled Mozzarella and Tomato Sandwich Oatmeal Fruit, Juice, Milk
16 Center Closed for President's Day	17 Pancakes Yogurt Parfait with Strawberries Bran Flakes Cereal Fruit, Juice, Milk	18 Spinach & Mozzarella Frittata Veggie Sausage Patty WW English Muffin Raisin Bran Cereal Fruit, Juice, Milk	19 Tropical Waffles with Mangoes and Whipped Cream Bran Flakes Cottage Cheese Fruit, Juice, Milk	20 Tuna Salad with Lettuce & Tomato WW Bread Oatmeal Fruit, Juice, Milk
23 Greek Breakfast Casserole Home Fries Oatmeal Fruit, Juice, Milk	24 Apple Pancakes Bran Flakes Cereal Yogurt Parfait With Blueberries Fruit, Juice, Milk	25 Meatless Eggs Benedict Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk	26 Apple Pie Oatmeal Mini Croissant Veggie Sausage Patty Yogurt Parfait with Peaches Fruit, Juice, Milk	27 Cheese Blintzes Cinnamon Raisin Bagel Fruit, Juice, Milk

Meal Information: In Person Breakfast | Monday – Friday | 9:00 AM – 10:00 AM | 2nd FL. Dining Room

MEAL KEY: WW= Whole Wheat

Seating starts @8:45AM. Last ticket sold @9:55AM to sit down and eat. Everyone must finish eating by 10:30AM*

Address: 331 East 12th Street, New York NY 10003 Contact: email sirovich@14street.org or call 646-395-4534



LUNCH MEAL CALENDAR

FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Crispy Baked Eggplant Parmesan with Tomato Sauce Classic Minestrone Soup WW Dinner Roll Broccoli and Red Peppers Fruit and Milk	3 Grilled Chicken Breast with Fresh Tomato and Feta Sautéed Spinach Lemon Whole Wheat Orzo Normandy Blend Vegetable WW Pita Fruit and Milk	4 Beef Stew Cauliflower Mash WW Dinner Roll Fruit and Milk	5 Spanish Style Pork Roast with Chimichurri Sauce California Blend Vegetables Roasted Spiced Red Potatoes WW Dinner Roll Fruit and Milk	6 Salmon with Cilantro Citrus Sauce Rice with Vegetable Baby Carrots & Parsley Fruit, and Milk
9 Crispy Oven Baked Falafel Patties Tzatziki Yogurt Dressing Lettuce and Tomato WW Hamburger Bun Cozy Lentil and Veggie Soup Fruit and Milk	10 BBQ Chicken Leg Quarters Baked Macaroni and Cheese WW Dinner Roll California Blend Vegetables Fruit and Milk	11 Beef Hamburger WW Hamburger Bun Cole Slaw French Fries Fruit and Milk	12 Pernil (Roasted Pork Shoulder) Caribbean Rice & Red Beans Sautéed String Beans Yellow Plantains Fruit and Milk	13 Lemon Caper Sauce Cod Fish Steamed Peas & Carrots Yellow Rice Broccoli with Toasted Garlic Fruit and Milk
16 Center Closed for President's Day	17 Sesame Orange Chicken Brown Rice California Blend Vegetables Fruit and Milk	18 Turkey Bean Chili Brown Rice Corn Bread Garden Salad Fruit and Milk	19 Baked Pork Chop WW Dinner Roll Garlic Mashed Potatoes Sautéed String Beans Fruit and Milk	20 Salmon in Garlic Butter Sauce Challah Bread Roasted Vegetables Couscous Baby Carrots & Parsley Fruit, and Milk
23 Crispy Baked Eggplant Parmesan with Tomato Sauce Classic Minestrone Soup WW Dinner Roll Broccoli and Red Peppers Fruit and Milk	24 Grilled Chicken Breast with Fresh Tomato and Feta Sautéed Spinach Lemon Whole Wheat Orzo Normandy Blend Vegetable WW Pita Fruit and Milk	25 Beef Stew Cauliflower Mash WW Dinner Roll Fruit and Milk	26 Spanish Style Pork Roast with Chimichurri Sauce California Blend Vegetables Roasted Spiced Red Potatoes WW Dinner Roll Fruit and Milk	27 Salmon with Cilantro Citrus Sauce Rice with Vegetable Baby Carrots & Parsley Fruit, and Milk

Meal Information: Lunch | Monday – Friday | 12:00 PM – 1:00 PM | 2nd FL. Dining Room

MEAL KEY: WW= Whole Wheat

Seating starts @11:00AM. Last ticket sold @12:55PM to sit down and eat. Everyone must finish eating by 1:30PM*

Address: 331 East 12th Street, New York NY 10003 Contact: email sirovich@14street.org or call 646-395-4534