

BREAKFAST MEAL CALENDAR

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Center Closed for New Year's Day	2 WW Grilled Mozzarella and Tomato Sandwich Oatmeal Fruit, Juice, Milk
5 Hard Boiled Egg Home Fries Veggie Sausage Patty Oatmeal Fruit, Juice, Milk	6 Pancakes Yogurt Parfait with Strawberries Bran Flakes Cereal Fruit, Juice, Milk	7 Spinach & Mozzarella Frittata Veggie Sausage Patty WW English Muffin Raisin Bran Cereal Fruit, Juice, Milk	8 Tropical Waffles with Mangoes and Whipped Cream Bran Flakes Cottage Cheese Fruit, Juice, Milk	9 Tuna Salad with Lettuce & Tomato WW Bread Oatmeal Fruit, Juice, Milk
12 Greek Breakfast Casserole Home Fries Oatmeal Fruit, Juice, Milk	13 Apple Pancakes Bran Flakes Cereal Yogurt Parfait With Blueberries Fruit, Juice, Milk	14 Meatless Eggs Benedict Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk	15 Apple Pie Oatmeal Mini Croissant Veggie Sausage Patty Yogurt Parfait with Peaches Fruit, Juice, Milk	16 Cheese Blintzes Cinnamon Raisin Bagel Fruit, Juice, Milk
19 Center Closed for Martin Luther King Jr. Day	20 Tropical Waffles with Mangoes and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk	21 Shakshuka WW Pita Home Fries Raisin Bran Flakes Cereal Fruit, Juice, Milk	22 WW Cinnamon French Toast Berry Sauce Toasted Oat Cereal Fruit, Juice, Milk	23 WW Grilled Mozzarella and Tomato Sandwich Oatmeal Fruit, Juice, Milk
26 Hard Boiled Egg Home Fries Veggie Sausage Patty Oatmeal Fruit, Juice, Milk	27 Pancakes Yogurt Parfait with Strawberries Bran Flakes Cereal Fruit, Juice, Milk	28 Spinach & Mozzarella Frittata Veggie Sausage Patty WW English Muffin Raisin Bran Cereal Fruit, Juice, Milk	29 Tropical Waffles with Mangoes and Whipped Cream Bran Flakes Cottage Cheese Fruit, Juice, Milk	30 Tuna Salad with Lettuce & Tomato WW Bread Oatmeal Fruit, Juice, Milk

Meal Information: In Person Breakfast | Monday – Friday | 9:00 AM – 10:00 AM | 2nd FL. Dining Room
Seating starts @8:45AM. Last ticket sold @9:55AM to sit down and eat. Everyone must finish eating by 10:30AM*
Address: 331 East 12th Street, New York NY 10003 Contact: email sirovich@14streety.org or call 646-395-4534

MEAL KEY: WW= Whole Wheat

LUNCH MEAL CALENDAR

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Center Closed for New Year's Day	2 Teriyaki Baked Cod Fish Steamed Peas & Carrots Yellow Rice Broccoli with Toasted Garlic Fruit and Milk
5 California Veggie Burger WW Hamburger Bun French Fries Coleslaw Fruit and Milk	6 Sesame Orange Chicken Brown Rice California Blend Vegetables Fruit and Milk	7 Turkey Bean Chili Brown Rice Corn Bread Garden Salad Fruit and Milk	8 Baked Pork Chop WW Dinner Roll Garlic Mashed Potatoes Sauteed String Beans Fruit and Milk	9 Salmon in Garlic Butter Sauce Challah Bread Roasted Vegetables Couscous Baby Carrots & Parsley Fruit, and Milk
12 Crispy Baked Eggplant Parmesan with Tomato Sauce Classic Minestrone Soup WW Dinner Roll Broccoli and Red Peppers Fruit and Milk	13 Grilled Chicken Breast with Fresh Tomato and Feta Sauteed Spinach Lemon Whole Wheat Orzo Normandy Blend Vegetable WW Pita Fruit and Milk	14 Beef Stew Cauliflower Mash WW Dinner Roll Fruit and Milk	15 Spanish Style Pork Roast with Chimichurri Sauce California Blend Vegetables Roasted Spiced Red Potatoes WW Dinner Roll Fruit and Milk	16 Salmon with Cilantro Citrus Sauce Rice with Vegetable Baby Carrots & Parsley Fruit, and Milk
19 Center Closed for Martin Luther King Jr. Day	23 BBQ Chicken Leg Quarters Baked Macaroni and Cheese WW Dinner Roll California Blend Vegetables Fruit and Milk	24 Beef Hamburger WW Hamburger Bun Cole Slaw French Fries Fruit and Milk	25 Pernil (Roasted Pork Shoulder) Caribbean Rice & Red Beans Sauteed String Beans Yellow Plantains Fruit and Milk	26 Teriyaki Baked Cod Fish Steamed Peas & Carrots Yellow Rice Broccoli with Toasted Garlic Fruit and Milk
26 California Veggie Burger WW Hamburger Bun French Fries Coleslaw Fruit and Milk	27 Sesame Orange Chicken Brown Rice California Blend Vegetables Fruit and Milk	28 Turkey Bean Chili Brown Rice Corn Bread Garden Salad Fruit and Milk	29 Baked Pork Chop WW Dinner Roll Garlic Mashed Potatoes Sauteed String Beans Fruit and Milk	30 Salmon in Garlic Butter Sauce Challah Bread Roasted Vegetables Couscous Baby Carrots & Parsley Fruit, and Milk

Meal Information: Lunch | Monday – Friday | 12:00 PM – 1:00 PM | 2nd FL. Dining Room
Seating starts @11:00AM. Last ticket sold @12:55PM to sit down and eat. Everyone must finish eating by 1:30PM*
Address: 331 East 12th Street, New York NY 10003 Contact: email sirovich@14streety.org or call 646-395-4534

MEAL KEY: WW= Whole Wheat