



ADULT CLASSES WINTER 2026

Starting 1/12 and ending 3/31

MONDAY

CANASTA OPEN PLAY

12:30 PM - 2:30 PM

TAPPING TOGETHER: AN INTERGENERATIONAL TAP DANCE CLASS SERIES

4:00 PM - 5:00 PM

^At Sirovich Center

LINE DANCING

6:30 PM - 7:30 PM

TUESDAY

MAH JONGG OPEN PLAY

12:30 PM - 2:30 PM

MAH JONGG INSTRUCTIONAL CLASS

12:45 PM - 2:30 PM

BASKET WEAVING

6:30 PM - 8:30 PM

MEMOIR WRITING

6:30 PM - 8:30 PM

WEDNESDAY

CERAMICS - CLAY FOUNDATIONS

6:30 PM - 9:00 PM

^At Sirovich Center

FORMS OF POETRY

6:30 PM - 8:30 PM

MINDFUL LIVING SERIES

6:30 PM - 8:00 PM

THURSDAY

CAROLINE'S BOOK TALKS: GLOBAL VOICES

6:30 PM - 8:00 PM

LATIN DANCE CLASS SERIES

6:30 PM - 7:30 PM

SATURDAY

DUNGEONS & DRAGONS (18+)

11:00 AM - 1:00 PM

SPECIAL EVENTS

OPEN MIC

1/22, 7:00 PM – 9:00 PM

BEYOND BLOTS: MIXED MEDIA & INKBLOT ART

2/24, 6:30 PM – 8:00 PM

LANDSCAPE PAINTING

3/5, 6:30 PM – 9:00 PM

SOUND BATH

3/11, 6:30 – 8:00 PM

OPEN MIC NIGHT

3/19, 7:00 PM – 9:00 PM

^SIROVICH CENTER
FOR BALANCED LIVING
331 East 12th Street

Classes subject to change.
Check the website for regular updates.



Learn More and Register at
14streeety.org/AdultPrograms

Please note that costs vary. Check the website for pricing.

CLASS DESCRIPTIONS

Basket Weaving: Begin with the basics of constructing a woven wall and base, followed by projects to suit your interests. You can expect to create two detailed pieces, such as a dried-flower vase or a lidded basket or three smaller projects, such as a tray, centerpiece, or bowl.

Beyond Blots: Mixed Media & Inkblot Art: This hands-on workshop explores diverse art-making techniques, including Klecksography (inkblots), collage, doodling, papercutting, and writing.

Canasta Open Play: Whether you're a seasoned player or just looking for a casual game, enjoy playing with fellow Canasta enthusiasts. There will be no formal instruction, just open games and great company.

Caroline's Book Talks: Global Voices: Led by a librarian, enjoy exciting discussions about a variety of books from around the world.

Ceramics - Clay Foundations: Discover the art of ceramics in this hands-on beginner class. Over six weeks, you'll explore the fundamentals of working with clay through fun, guided projects like a mug, a box, and a whistle.

Dungeons & Dragons (18+): Whether you're brand-new or leveling up your skills, you'll learn how to play with confidence, meet fellow adventurers, and jump into epic quests that make Saturday mornings way more exciting.

Forms of Poetry: Explore different forms of poetry each week, such as sonnets, sestinas, villanelles, and haikus.

Landscape Painting: Get in touch with your inner artist as you paint rolling hills during our Bob Ross style landscape painting class. No previous painting experience required.

Latin Dance: In this energizing 11-week Latin Dance series, you'll learn the fundamentals of salsa, bachata, and merengue. Designed for all levels, this dynamic program builds confidence, rhythm, and partner-work skills while exploring the vibrant music and movement of Latin dance.

Line Dancing: Get ready to step, slide, and spin your way to fun! Join us for a four-part line dancing series designed to get you moving, grooving, and smiling with no partner required.

Mah Jongg Instructional Class: Want to learn how to play Mah Jongg? Learn the basics of Mah Jongg in this 6-week class series that will get you ready to start playing in open games.

Mah Jongg Open Play: This is for players with some knowledge of the game.

Memoir Writing: Get started (or started again) on writing your story in this 6-week series.

Mindful Living Series: Discover simple, practical tools to bring more calm, clarity, and balance into your daily life. Whether you're new to mindfulness or ready to deepen your practice, this 5-week series offers accessible ways to nurture your well-being.

Open Mic Night: Come join us for a night of music, poetry, comedy, and more. Whether you want to showcase your talents or just enjoy the show, this event is the perfect opportunity to unwind and have a great time.

Sound Bath: As winter lingers and the earth quietly prepares to awaken, we invite you to embrace subtle transition, deep listening, and gentle anticipation. This sound bath, using a wide array of sound instruments, honors the quiet before the bloom, encouraging us to rest and renew.

Tapping Together: An Intergenerational Tap Dance Class Series: Dance side by side with 14Y Afterschool kids and older adults in this intergenerational tap class.