



ADULT CLASSES WINTER 2026

Starting 1/12 and ending 3/31

MONDAY

CANASTA OPEN PLAY

12:30 PM - 2:30 PM

TAPPING TOGETHER: AN INTERGENERATIONAL TAP DANCE CLASS SERIES

4:00 PM - 5:00 PM

^At Sirovich Center

LINE DANCING

6:30 PM - 7:30 PM

TUESDAY

MAH JONGG OPEN PLAY

12:30 PM - 2:30 PM

MAH JONGG INSTRUCTIONAL CLASS

12:45 PM - 2:30 PM

BASKET WEAVING

6:30 PM - 8:30 PM

MEMOIR WRITING

6:30 PM - 8:30 PM

WEDNESDAY

CERAMICS - CLAY FOUNDATIONS

6:30 PM - 9:00 PM

^At Sirovich Center

FORMS OF POETRY

6:30 PM - 8:30 PM

MINDFUL LIVING SERIES

6:30 PM - 8:00 PM

THURSDAY

CAROLINE'S BOOK TALKS: GLOBAL VOICES

6:30 PM - 8:00 PM

LATIN DANCE CLASS SERIES

6:30 PM - 7:30 PM

SATURDAY

DUNGEONS & DRAGONS (18+)

11:00 AM - 1:00 PM

SPECIAL EVENTS

OPEN MIC

1/22, 7:00 PM – 9:00 PM

BEYOND BLOTS: MIXED MEDIA & INKBLOT ART

2/24, 6:30 PM – 8:00 PM

LANDSCAPE PAINTING

3/5, 6:30 PM – 9:00 PM

SOUND BATH

3/11, 6:30 – 8:00 PM

OPEN MIC NIGHT

3/19, 7:00 PM – 9:00 PM

^SIROVICH CENTER
FOR BALANCED LIVING
331 East 12th Street

Classes subject to change.
Check the website for regular updates.



Learn More and Register at
14streety.org/AdultPrograms

Please note that costs vary. Check the website for pricing.

CLASS DESCRIPTIONS

Basket Weaving: Whether you are interested in creating sculptures or functional household items, basket weaving is a meditative timeless art form.

Beyond Blots: Mixed Media & Inkblot Art: This hands-on workshop explores diverse art-making techniques, including Klecksography (inkblots), collage, doodling, papercutting, and writing.

Canasta Open Play: Whether you're a seasoned player or just looking for a casual game, enjoy playing with fellow Canasta enthusiasts. There will be no formal instruction, just open games and great company.

Caroline's Book Talks: Global Voices: Led by a librarian, enjoy exciting discussions about a variety of books from around the world.

Ceramics - Clay Foundations: Explore the fundamentals of working with clay through fun, guided projects like a mug, a box, and a whistle.

Dungeons & Dragons (18+): Whether you're brand-new or leveling up your skills, you'll learn how to play with confidence, meet fellow adventurers, and jump into epic quests that make Saturday mornings way more exciting.

Forms of Poetry: Unlock new poetic forms and techniques each week in a fun, hands-on workshop that will expand your writing toolbox and inspire fresh creativity.

Landscape Painting: Get in touch with your inner artist as you paint rolling hills during our Bob Ross style landscape painting class. No previous painting experience required.

Latin Dance: In this energizing 11-week Latin Dance series, you'll learn the fundamentals of salsa, bachata, and merengue. Designed for all levels.

Line Dancing: Get ready to step, slide, and spin your way to fun! Join us for a four-part line dancing series designed to get you moving and grooving. No partner required.

Mah Jongg Instructional Class: Learn the basics of Mah Jongg in this 6-week class series that will get you ready to start playing in open games.

Mah Jongg Open Play: Play Mah Jongg with people who have similar experience as you. For players with some knowledge of the game.

Memoir Writing: Start writing your story in this supportive 6-week workshop filled with prompts, exercises, and guidance to help you find your voice.

Mindful Living Series: Discover simple, practical tools to bring more calm, clarity, and balance into your daily life.

Open Mic Night: Come join us for a night of music, poetry, comedy, and more. Whether you want to showcase your talents or just enjoy the show, this event is the perfect opportunity to unwind and have a great time.

Sound Bath Workshop: Using a wide array of sound instruments, this sound bath honors the quiet before the bloom, encouraging us to rest and renew.

Tapping Together: An Intergenerational Tap Dance Class Series: Learn tap, build coordination, and dance with a multigenerational community in this fun, beginner-friendly class.