



INFANT AND TODDLER CLASSES

Running September 8 through December 20

MONDAY

DEVELOPMENTAL MOVEMENT: WALKERS
9:30 – 10:30 AM - STARTING OCTOBER 27

TODDLER AND ME YOGA*
10:00 – 10:45 AM

DEVELOPMENTAL MOVEMENT: PRE CRAWLERS
10:45 – 11:45 AM - STARTING OCTOBER 27

NEW PARENT & PRENATAL YOGA*
11:00 – 11:45 AM

OPEN PLAY*
11:30 AM – 1:00 PM

DEVELOPMENTAL MOVEMENT - CRAWLERS
12:00 – 1:00 PM - STARTING OCTOBER 27

TUESDAY

TODDLER SPORTS
9:15 – 10:00 AM

BABY PLAYDAY
11:00 – 11:45 AM

LITTLE BUILDERS
11:00 – 11:45 AM

OPEN PLAY*
11:30 AM – 1:00 PM

OPEN PLAY*
4:30 – 6:00 PM

WEDNESDAY

JAPANESE PLAYDAY
9:30 – 10:15 AM

TKIYA MUSIC
10:30 – 11:15 AM

LITTLE ARTISTS
11:30 AM – 12:15 PM

NEW PARENT SUPPORT*
11:30 AM – 12:30 PM

OPEN PLAY*
11:30 AM – 1:00 PM

THURSDAY

TKIYA MUSIC
9:30 – 10:15 AM

BABY AND ME PILATES*
11:15 AM – 12:00 PM

OPEN PLAY*
11:30 AM – 1:00 PM

OPEN PLAY*
4:30 – 6:00 PM

FRIDAY

FRIDAY FEATURE
9:30 AM – 11:00 AM

RAMBLIN' DAN
10:00 – 10:45 AM

RAMBLIN' DAN
11:30 AM – 12:15 PM

OPEN PLAY*
11:30 AM – 1:00 PM

OPEN PLAY*
4:30 – 6:00 PM

SATURDAY

TODDLER AND ME YOGA*
10:00 – 10:45 AM

NEW PARENT & PRENATAL YOGA*
11:00 – 11:45 AM

SUNDAY

Check online for Sunday morning
parenting events

Classes in blue are included in 14Y Family
Memberships. NonMembers can join at \$40/Class.

Classes in black are semester-based. Check online for pricing.

Trial classes are available. Members: \$35, NonMembers: \$45

CLASS DESCRIPTIONS

Baby and Me Pilates*: Enjoy Pilates, with your babies as partners!

Baby Playday: Our fun-filled sessions provide the perfect environment for your little ones to explore, play, and learn. Recommended for 3 months to 1 year.

Developmental Movement with Dionne: From first stretches to first steps, our Developmental Movement series grows with your child—featuring three classes designed for pre-crawlers, crawlers, and early walkers to support every stage of development.

Friday Feature: This 90-minute class introduces classroom routines and focuses on a different subject each Friday.

Japanese Playday: Join instructor Michiyo Kigawa on a language-filled adventure, fostering curiosity and language skills in a playful setting. Recommended for 3 months to 3 years.

New Parent & Prenatal Yoga*: This is a time for new and expectant parents to focus on balance, emotional support, and wellness.

New Parent Support*: Designed for new parents to meet up, get support, and build community.

Open Play*: Join your 14Y friends for some unstructured play. Recommended for 3 months to 3 years.

Ramblin' Dan's Freewheelin' Band: A one-of-a-kind, high energy, and engaging musical experience for your child.

Shabbat Playday: Join families for joyful songs, stories, and Shabbat celebrations at 14Y! (Check online for dates)

The "Little" Series: For your little artists and engineers, this series introduces lifelong skills. Featuring Little Artists and Little Builders. Recommended for 1 to 3 years.

Tkiya Music: Join Tkiya for your favorite songs, from BimBam to the Wheels on the Bus, plus puppets, bubbles, and more! Recommended for 3 months to 3 years.

Toddler and Me Yoga*: Enjoy yoga and stretching while your toddler has room to play. Recommended for 1 to 3 years.

Toddler Dance: Let's move and dance! Toddlers and caregivers enjoy music, dance, movement, and interactive storytelling. Recommended for 1 to 3 years.

Toddler Sports: Designed for little ones eager to run, kick, throw, and explore, plus develop coordination and teamwork. Recommended for 1 to 3 years.

Fall semester runs from September 8 to December 20.
Check online for start dates and semester-based pricing.
Registration required. Space is limited.

Check online for holiday closures
and most up to date schedule.

Questions? Email earlychildhood@14streety.org

Join us for **Prelude to Preschool!** Our program runs from September to June with rolling admissions.

You can also try our **Friday Feature**—both programs offer a wonderful introduction to our 14Y Preschool, perfect for your toddler!

Email earlychildhood@14streety.org to learn more.
Visit 14streety.org/preludetopreschool for more information.