

BREAKFAST MEAL CALENDAR

NOVEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Egg a la Mexicana Fresh Tomato Salsa WW Tortilla Home Fries Oatmeal Fruit, Juice, Milk	4 Center Closed for Election Day	5 Meatless Eggs Benedict Lettuce and Tomato Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk	6 Pancakes Bran Muffin Yogurt Parfait with Peaches Fruit, Juice, Milk	7 Cheese Blintzes Cinnamon Raisin Bagel Farina Fruit, Juice, Milk
10 Scrambled Eggs Veggie Sausage Patty Raisin Bran Cereal WW Mini Bagel Fruit, Juice, Milk	11 Tropical Waffles with Mangoes and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk	12 Shakshuka WW Pita Home Fries Raisin Bran Flakes Cereal Fruit, Juice, Milk	13 WW Cinnamon French Toast Raisin Bran Cereal Yogurt Parfait with Blueberries Fruit, Juice, Milk	14 WW Grilled Mozzarella and Tomato Sandwich Oatmeal Fruit, Juice, Milk
17 Cinnamon Raisin Bagel Hard Boiled Egg Oatmeal Veggie Sausage Patty Fruit, Juice, Milk	18 Pancakes Yogurt Parfait with Peaches Bran Flakes Cereal Fruit, Juice, Milk	19 Egg Frittata with Potatoes and Peas Veggie Sausage Patty Raisin Bran Cereal Fruit, Juice, Milk	20 Tropical Waffles with Mangoes and Whipped Cream Bran Flakes Cottage Cheese Fruit, Juice, Milk	21 Cheddar and Potato Bake Mini Croissant Toasted Oats Cereal Fruit, Juice, Milk
24 Egg a la Mexicana Fresh Tomato Salsa WW Tortilla Home Fries Oatmeal Fruit, Juice, Milk	25 WW Cinnamon French Toast Raisin Bran Cereal Yogurt Parfait With Strawberries Fruit, Juice, Milk	26 Meatless Eggs Benedict Lettuce and Tomato Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk	27 Center Closed for Thanksgiving	28 Center Closed for Thanksgiving

Meal Information: In Person Breakfast | Monday – Friday | 9:00 AM – 10:00 AM | 2nd FL. Dining Room
Seating starts @8:45AM. Last ticket sold @9:55AM to sit down and eat. Everyone must finish eating by 10:30AM*
Address: 331 East 12th Street, New York NY 10003 Contact: email sirovich@14streety.org or call 646-395-4534

MEAL KEY: WW= Whole Wheat

LUNCH MEAL CALENDAR

NOVEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Meaty Mushroom and Cauliflower Bolognese WW Bread Arugula Salad with Balsamic Vinaigrette Fruit and Milk	4 Center Closed for Election Day	5 Beef Stir Fry with Broccoli and Carrots White Rice Asian Style Cucumber Salad Fruit and Milk	6 Pork Roast with Mango Chutney WW Dinner Roll Cauliflower and Potato Mash Fruit and Milk	7 Baked Salmon with Cilantro Citrus Sauce Black Beans and Rice Baby Carrots with Parsley Fruit and Milk
10 Vegetarian Three Bean Chili Brown Rice Garden Salad Fruit and Milk	11 BBQ Chicken Leg Quarters Baked Macaroni and Cheese WW Dinner Roll California Blend Vegetables Fruit and Milk	12 Beef Hamburger WW Hamburger Bun Cole Slaw French Fries Fruit and Milk	13 Sweet and Sour Pork with Pineapple Brown Rice Broccoli with Toasted Garlic Fruit and Milk	14 Citrus Sesame Crusted Salmon Couscous with Peas and Lemon Baked Sweet Potato Fruit and Milk
17 California Veggie Burger WW Hamburger Bun French Fries Coleslaw Fruit and Milk	18 General Tso's Chicken Yellow Rice Steamed Broccoli Fruit and Milk	19 Mushroom Gravy Turkey Meatloaf WW Dinner Roll California Blend Vegetables Mashed Potatoes Fruit and Milk	20 BBQ Pulled Pork WW Hamburger Bun Cole Slaw Southern Style Baked Navy Beans Fruit and Milk	21 Thanksgiving Luncheon 1st Seating: 11:30 AM – 12:30 PM 2nd Seating: 12:45 PM – 1:45 PM Tickets available Wednesday, November 5
24 Meaty Mushroom and Cauliflower Bolognese WW Bread Arugula Salad with Balsamic Vinaigrette Fruit and Milk	25 Chicken Parmesan Whole Wheat Pasta California Blend Vegetable Fruit and Milk	26 Beef Stir Fry with Broccoli and Carrots White Rice Asian Style Cucumber Salad Fruit and Milk	27 Center Closed for Thanksgiving	28 Center Closed for Thanksgiving

Meal Information: Lunch | Monday – Friday | 12:00 PM – 1:00 PM | 2nd FL. Dining Room

MEAL KEY: WW= Whole Wheat

Seating starts @11:00AM. Last ticket sold @12:55PM to sit down and eat. Everyone must finish eating by 1:30PM*

Address: 331 East 12th Street, New York NY 10003 Contact: email sirovich@14streety.org or call 646-395-4534