

September 2025 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>1</div> <div></div> <div>Center is Closed</div>	<div>2</div> <div>Breaded flounder w/ Lemon Garlic Butter Sauce Brown Rice Israeli Salad</div>	<div>3</div> <div>Winter Minestrone Soup Veggie Tortellini w/ Ricotta and Kale Broccoli</div>	<div>4</div> <div>Pineapple Glazed Salmon Veggie Couscous Spinach Salad w/ Vinaigrette</div>	<div>5</div> <div>Baked Eggplant Parmesan Sandwich Root Vegetables</div>
<div>8</div> <div>Black Bean &amp; Sweet Potato Chili Cilantro Lime Rice Cauliflower</div>	<div>9</div> <div>Spanish Baked Fish Brown Rice and Beans Mixed Veggies</div>	<div>10</div> <div>Butternut Squash Soup Black Bean Tacos w/ Pine-apple Salsa Citrus Rice and Slaw</div>	<div>11</div> <div>Sweet and Sour Salmon Fried Brown Rice Stir Fried Veggies</div>	<div>12</div> <div>Coconut Breaded Fish Caribbean Rice and Beans Roasted Veggies</div>
<div>15</div> <div>Baked Breaded Fish WW Lo Mein w/ Edamame Bok Choy</div>	<div>16</div> <div>Baked Fish w/ Black Bean Sauce Mexican Rice Charred Orange Broccoli</div>	<div>17</div> <div>Mushroom Barley Soup Tuna Salad Sandwich Apple Cabbage Slaw</div>	<div>18</div> <div>Ginger and Lime Salmon Cucumber and Vermicelli Noodle Salad Mixed Vegetables</div>	<div>19</div> <div>California Veggie Burger WW Hamburger Bun Roasted Sweet Potato Fries</div>
<div>22</div> <div>Vegan Breaded Chicken Cutlet Mozzarella Cheese WW Hamburger Bun Italian Veggies</div>	<div>23</div> <div></div> <div>Center is Closed</div>	<div>24</div> <div><div>Rosh Hashanah Meal @ 12pm Sirovich Dining Room</div></div>	<div>25</div> <div>Breaded Flounder w/ Cilantro Citrus Sauce Brown Rice California Blend Veggies</div>	<div>26</div> <div>To be announced</div>
<div>29</div> <div>Mango-licious Fish Arroz con Gandules (Mexican Rice and Pigeon Peas) Adobo Veggies</div>	<div>30</div> <div>Veggie Soup Tex Mex Burger Cheddar Cheese Slice WW Hamburger Bun Sweet Potato Fries</div>	<div>October 1</div> <div>Egg Drop Soup Baked Flounder Veggie Lo Mein Chinese Steamed Cauliflower</div>	<div>October 2</div> <div></div> <div>Center is Closed</div>	<div>October 3</div> <div>WW Tacos w/ Black Beans Jeera Rice Spiced Mixed Veggies</div>

Meals are catered at the Manny Cantor Center Kosher Kitchen under the supervision of va’ad of Brooklyn | Fresh and Healthy