

## **FALL 2025 INFANT AND TODDLER CLASSES**

running through December 20

#### **MONDAY**

TODDLER DANCE 9:15 – 10:00 AM

TODDLER AND ME YOGA\* 10:00 – 10:45 AM

NEW PARENT & PRENATAL YOGA\* 11:00 – 11:45 AM

**OPEN PLAY\*** 11:30 AM - 1:00 PM

#### **TUESDAY**

TODDLER SPORTS 9:15 – 10:00 AM

**BABY PLAYDAY** 11:00 AM - 11:45 PM

LITTLE BUILDERS 11:00 AM -11:45 PM

**OPEN PLAY\*** 11:30 AM -1:00 PM

**OPEN PLAY\*** 4:30 – 6:00 PM

Classes in blue are included in 14Y Family Memberships

NonMembers: \$40/Class

#### **WEDNESDAY**

TODDLER PLAYDAY 9:15 – 10:00 AM

JAPANESE PLAYDAY 9:30 – 10:15 AM

BABY AND TODDLER MUSIC 10:30 – 11:15 AM

LITTLE ARTISTS 11:30 AM – 12:15 PM

**NEW BABY CHAT & PLAY\*** 11:30 AM –12:30 PM

**OPEN PLAY\*** 11:30 AM -1:00 PM

#### **THURSDAY**

**TODDLER GAMES** 9:15 – 10:00 AM

BABY AND TODDLER MUSIC 9:30 – 10:15 AM

BABY AND ME PILATES\* 11:15 AM -12:00 PM

**MESSY PLAY** 11:30 AM -12:15 PM

**OPEN PLAY\*** 11:30 AM – 1:00 PM

**OPEN PLAY\*** 4:30 – 6:00 PM

### FRIDAY

FRIDAY FEATURE 9:30 AM -11:00 AM

**OPEN PLAY\*** 11:30 AM – 1:00 PM

**OPEN PLAY\*** 4:30 – 6:00 PM

#### **SATURDAY**

TODDLER AND ME YOGA\* 10:00 – 10:45 AM

NEW PARENT & PRENATAL YOGA\* 11:00 – 11:45 AM

#### **SUNDAY**

Check online for Sunday morning parenting events

Fall semester runs from September 8 to December 20. Check online for semester-based pricing.

Registration required. Space is limited. Check online for holiday closures and the most up to date schedule.

Questions? Email <u>earlychildhood@14streety.org</u>

# **CLASS DESCRIPTIONS**

Baby and Me Pilates\*: Enjoy Pilates, with your babies as partners!

Baby and Toddler Music: Join Tkiya for your favorite songs, from BimBam to the Wheels on the Bus, plus puppets, bubbles, and more! Recommended for 3 months to 3 years.

**New Baby Chat and Play\*:** Designed for new parents to meet up, get support, and build community.

Baby Playday: Our fun-filled sessions provide the perfect environment for your little ones to explore, play, and learn. Recommended for 3 months to 1 year.

Japanese Playday: Join instructor Michiyo Kigawa on a language-filled adventure, fostering curiosity and language skills in a playful setting. Recommended for 3 months to 3 years.

**Messy Play:** Come make art, and don't be afraid to get messy! Recommended for 1 to 3 years.

New Parent & Prenatal Yoga\*: This is a time for new and expectant parents to focus on balance, emotional support, and wellness.

**Open Play\*:** Join your 14Y friends for some unstructured play. Recommended for 3 months to 3 years.

The "Little" Series: For your little artists and engineers, this series introduces lifelong skills. Featuring Little Artists and Little Builders. Recommended for 1 to 3 years.

Family swim available every day. Check the website for times. **Shabbat Playday:** Join families for a joyful morning of songs, stories, and Shabbat celebrations at 14Y! Recommended for children 3 months to 3 years.

Toddler and Me Yoga\*: Enjoy yoga and stretching while your toddler has room to play. Recommended for 1 to 3 years.

**Toddler Dance:** Let's move and dance! Toddlers and caregivers enjoy music, dance, movement, and interactive storytelling. Recommended for 1 to 3 years.

**Toddler Games:** Children explore movement, music, and simple games that spark imagination and build skills. Recommended for 1 to 3 years.

**Toddler Playday:** Create cherished memories with your toddler, including story time and singing. Recommended for 1 to 3 years.

**Toddler Sports:** Designed for little ones eager to run, kick, throw, and explore, plus develop coordination and teamwork. Recommended for 1 to 3 years.

Join us for **Prelude to Preschool!** Our program runs from September to June with rolling admissions.

You can also try our **Friday Feature**—both programs offer a wonderful introduction to our 14Y Preschool, perfect for your toddler!

Email earlychildhood@14streety.org to learn more. Visit 14streety.org/preludetopreschool for more information.