

Project ORE



331 East 12th Street | New York, NY 10003

June 2025 Lunch Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tuna Salad Whole Wheat Pita Bread Baby Spinach Salad	Egg Salad Whole Wheat Bread Romaine Salad	WW Penne w/ Veggie "Sausage" & Vegetables WW Bread Vegetables	Baked Salmon w/ Cilantro Citrus Sauce Baked Brown Rice Pilaf Mixed Vegetables	Breaded Fish Fillet Cumin Spiced Rice Potato, Cauliflower, and Pea Curry
Mango-licious Fish with Pigeon Peas Adobo Spiced Cauliflower, Zucchini and Carrot	Mozzarella Cheese Vegan Breaded Chicken Style Cutlet w/WW Bun Lettuce & Tomatoes Italian Blend Vegetables	Baked Flounder Vegetable Lo Mein Steamed Spinach Egg Drop Soup	Baked Salmon w/ Lemon Herb Couscous Romaine, Kale, Pepper, Black Olive, and Feta Salad	Tuna Salad Pita Bread Green Salad
WW Linguine w/ Veg Zucchini Bread Italian Vegetables White Bean Soup	Fish with Mushrooms, Peppers, Tomatoes Rice with Corn Tangy Green Beans	Tuna Salad Whole Wheat Pita Baby Spinach Salad w/Lemon Vinaigrette	19 Center is Closed	Crispy Baked Eggplant Parmesan Hero Root Vegetable Trio
Root Vegetable Stew (Sancocho) Dominican Moro Corn Niblets Garden Salad	Minestrone Soup Spinach Tortellini with Ricotta and Kale Whole Wheat Bread Roasted Broccoli	Baked Fish w/ Lemon Garlic Butter Sauce Roasted Veg Couscous Whole Wheat Bread Israeli Salad	Pineapple Glazed Salmon Vegetable Lo Mein Whole Wheat Bread Baby Spinach Salad w/Lemon Vinaigrette	Curried Jamaican Stew Perfect White Rice Papas Bravas
Baked WW Penne w/ Veggies WW Bread Italian Blend Veggies		naginatio Dreams	is timeles In has no a are foreve	ige

Meals are catered at the Manny Cantor Center Kosher Kitchen under the supervision of va'ad of Brooklyn | Fresh and Healthy

