



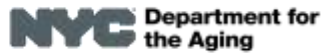
# BREAKFAST MEAL CALENDAR

## APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Pancakes Yogurt Parfait with Peaches Bran Flakes Cereal Fruit, Juice, Milk	<b>2</b> Egg Frittata with Potatoes and Peas Veggie Sausage Patty Raisin Bran Cereal Fruit, Juice, Milk	<b>3</b> Tropical Waffles with Mangoes and Whipped Cream Bran Flakes Cottage Cheese Fruit, Juice, Milk	<b>4</b> Cheddar and Potato Bake Mini Croissant Toasted Oats Cereal Fruit, Juice, Milk
<b>7</b> Egg a la Mexicana Fresh Tomato Salsa WW Tortilla Home Fries Oatmeal Fruit, Juice, Milk	<b>8</b> WW Cinnamon French Toast Raisin Bran Cereal Yogurt Parfait with Strawberries Fruit, Juice, Milk	<b>9</b> Meatless Eggs Benedict Lettuce and Tomato Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk	<b>10</b> Pancakes Bran Muffin Yogurt Parfait with Peaches Fruit, Juice, Milk	<b>11</b> Cheese Blintzes Cinnamon Raisin Bagel Farina Fruit, Juice, Milk
<b>14</b> Scrambled Eggs Veggie Sausage Patty Raisin Bran Cereal WW Mini Bagel Fruit, Juice, Milk	<b>15</b> Tropical Waffles with Mangoes and Whipped Cream Oatmeal Cottage Cheese Fruit, Juice, Milk	<b>16</b> Shakshuka WW Pita Home Fries Raisin Bran Flakes Cereal Fruit, Juice, Milk	<b>17</b> WW Cinnamon French Toast Raisin Bran Cereal Yogurt Parfait with Blueberries Fruit, Juice, Milk	<b>18</b> WW Grilled Mozzarella and Tomato Sandwich Oatmeal Fruit, Juice, Milk
<b>21</b> Cinnamon Raisin Bagel Hard Boiled Egg Oatmeal Veggie Sausage Patty Fruit, Juice, Milk	<b>22</b> Pancakes Yogurt Parfait with Peaches Bran Flakes Cereal Fruit, Juice, Milk	<b>23</b> Egg Frittata with Potatoes and Peas Veggie Sausage Patty Raisin Bran Cereal Fruit, Juice, Milk	<b>24</b> Tropical Waffles with Mangoes and Whipped Cream Bran Flakes Cottage Cheese Fruit, Juice, Milk	<b>25</b> Cheddar and Potato Bake Mini Croissant Toasted Oats Cereal Fruit, Juice, Milk
<b>28</b> Egg a la Mexicana Fresh Tomato Salsa WW Tortilla Home Fries Oatmeal Fruit, Juice, Milk	<b>29</b> WW Cinnamon French Toast Raisin Bran Cereal Yogurt Parfait with Strawberries Fruit, Juice, Milk	<b>30</b> Meatless Eggs Benedict Lettuce and Tomato Home Fries with Peppers and Onions Toasted Oats Cereal Fruit, Juice, Milk		

Meal Information: In Person Breakfast | Monday – Friday | 9:00 AM – 10:00 AM | 2nd FL. Dining Room  
 Seating starts @8:45AM. Last ticket sold @9:55AM to sit down and eat. Everyone must finish eating by 10:30AM\*  
 Address: 331 East 12th Street, New York NY 10003 Contact: email [sirovich@14streeety.org](mailto:sirovich@14streeety.org) or call 646-395-4534

MEAL KEY: WW= Whole Wheat



# LUNCH MEAL CALENDAR APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> General Tso's Chicken Yellow Rice Steamed Broccoli Fruit and Milk	<b>2</b> Mushroom Gravy Turkey Meatloaf WW Dinner Roll California Blend Vegetables Mashed Potatoes Fruit and Milk	<b>3</b> BBQ Pulled Pork WW Hamburger Bun Cole Slaw Southern Style Baked Navy Beans Fruit and Milk	<b>4</b> Salmon in Garlic Butter Sauce Challah Bread Beet Salad with Yogurt Dressing Cauliflower Rice Fruit, and Milk
<b>7</b> Meaty Mushroom and Cauliflower Bolognese WW Bread Arugula Salad with Balsamic Vinaigrette Fruit and Milk	<b>8</b> Chicken Parmesan Whole Wheat Pasta California Blend Vegetables Fruit and Milk	<b>9</b> Beef Stir Fry with Broccoli and Carrots White Rice Asian Style Cucumber Salad Fruit and Milk	<b>10</b> Pork Roast with Mango Chutney WW Dinner Roll Cauliflower and Potato Mash Fruit and Milk	<b>11</b> Baked Salmon with Cilantro Citrus Sauce Black Beans and Rice Baby Carrots with Parsley Fruit and Milk
<b>14</b> Vegetarian Three Bean Chili Brown Rice Garden Salad Fruit and Milk	<b>15</b> BBQ Chicken Leg Quarters Baked Macaroni and Cheese WW Dinner Roll California Blend Vegetables Fruit and Milk	<b>16</b> Beef Hamburger WW Hamburger Bun Cole Slaw French Fries Fruit and Milk	<b>17</b> Sweet and Sour Pork with Pineapple Brown Rice Broccoli with Toasted Garlic Fruit and Milk	<b>18</b> Citrus Sesame Crusted Salmon Couscous with Peas and Lemon Baked Sweet Potato Fruit and Milk
<b>21</b> California Veggie Burger WW Hamburger Bun French Fries Coleslaw Fruit and Milk	<b>22</b> General Tso's Chicken Yellow Rice Steamed Broccoli Fruit and Milk	<b>23</b> Mushroom Gravy Turkey Meatloaf WW Dinner Roll California Blend Vegetables Mashed Potatoes Fruit and Milk	<b>24</b> BBQ Pulled Pork WW Hamburger Bun Cole Slaw Southern Style Baked Navy Beans Fruit and Milk	<b>25</b> Salmon in Garlic Butter Sauce Challah Bread Beet Salad with Yogurt Dressing Cauliflower Rice Fruit, and Milk
<b>28</b> Meaty Mushroom and Cauliflower Bolognese WW Bread Arugula Salad with Balsamic Vinaigrette Fruit and Milk	<b>29</b> Chicken Parmesan Whole Wheat Pasta California Blend Vegetables Fruit and Milk	<b>30</b> Beef Stir Fry with Broccoli and Carrots White Rice Asian Style Cucumber Salad Fruit and Milk		

Meal Information: Lunch | Monday – Friday | 12:00 PM – 1:00 PM | 2nd FL. Dining Room

MEAL KEY: WW= Whole Wheat

Seating starts @11:00AM. Last ticket sold @12:55PM to sit down and eat. Everyone must finish eating by 1:30PM\*

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