

# HOLIDAY WEEK GYMNASIUM SCHEDULE

APRIL 14 - 18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00 – 8:00AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00 – 9:15AM
GET FIT WITH IVY 10:00 – 11:00AM	PICKLEBALL 9:00AM – 2:00PM	OPEN GYM 9:00 – 9:30AM	OPEN GYM 9:00 – 11:30AM	FITNESS FRIDAY'S WITH IVY 10:00 – 11:00AM
OPEN GYM 11:30AM –12:15PM	OPEN GYM 2:00 – 3:00PM	AEROBICS WITH STRENGTH TRAINING WITH IVY 10:00 – 11:00AM	GYM CLEANING 11:45AM – 12:45PM	PICKLEBALL 12:00 – 3:00PM
OPEN GYM 12:15 – 3:00PM	OPEN GYM 3:00 – 6:00PM	PICKLEBALL 11:30AM–2:30PM	OPEN GYM 12:45 – 3:00PM	PICKLEBALL 3:00–5:00PM
OPEN GYM 3:00 – 6:00PM	FULL COURT BASKETBALL 6:00 – 9:00PM	PICKLEBALL 3:00–5:00PM	OPEN GYM 3:00 – 6:00PM	TEEN BASKETBALL 6:00 – 8:00PM
ZOG SPORTS BASKETBALL 6:30 – 10:30PM	PRIVATE RENTAL 9:00 – 11:00PM	ZOG SPORTS BASKETBALL 6:30 – 10:30 PM	FULL COURT BASKETBALL 6:00 – 9:45PM	OPEN GYM 8:00 – 9:45PM

14Y Members get 20% off Zog Sports  
Basketball registration:  
[zogsports.com/basketball](http://zogsports.com/basketball)



344 East 14th Street at 1st Ave  
New York, NY 10003  
212-780-0800 | [14StreetY.org](http://14StreetY.org)

**Full Court Basketball:** Organized and supervised full court game play for 14Y members and their guests ages 18 and older.

**Open Gym:** Basketball game play is limited to half court. The other half is open to 14Y members and their guests for other recreational activities.

**Pickleball:** Instructional classes and open play available for a fee for adults 18 and older. For details, please visit [14StreetY.org/Pickleball](http://14StreetY.org/Pickleball)

**Teen Basketball :** Unsupervised half court basketball open to 14Y Teens and their guests.

Please see the service desk for guest passes. Guests need to bring a photo ID.