

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Mosaic Tiles with Alexandra</b> 9:30 – 11:20 AM   Lounge	<b>Tai Chi with Annie</b> 10:00 – 10:50 AM   <b>NC 1/28</b>   Auditorium	<b>Zumba with Jose</b> 10:10 – 11:00 AM   <b>NC 1/8</b>   Auditorium	<b>*Ceramic Session 1 with Sherman &amp; Bianca</b> 10:00 AM – 1:00 PM   <b>Resumes 1/23</b>   Ceramics Studio	<b>Tai Chi with Annie</b> 10:00 – 10:50 AM   Auditorium
<b>Strength &amp; Balance with Rob</b> 10:00 – 10:50 AM   Auditorium	<b>*Ceramic Session 1 with Sherman &amp; Bianca</b> 10:00 AM – 1:00 PM   <b>Resumes 1/21</b>   Ceramics Studio		<b>Functional Yoga at 14 Street Y</b> 10:00 – 11:00 AM   14 Street Y	<b>*Ceramic Session 1 with Sherman &amp; Bianca</b> 10:00 AM – 1:00 PM   <b>Resumes 1/24</b>   Ceramics Studio
<b>*Ceramic Session 1 with Deb</b> 10:00 AM – 1:00 PM   <b>Resumes 1/27</b>   Ceramics Studio	<b>Chair Yoga for Bone Health with Rie</b> 11:10 AM – 12:00 PM   Auditorium		<b>Zumba with Fiorela</b> 11:10 AM – 12:00 PM   <b>NC 1/2</b>   Auditorium	<b>Tech Talk with Rebecca</b> 11:00 – 11:50 AM   Dining Room
<b>Art and Play with Drama Therapy Intern Andrea Cordova McCadney</b> 10:00 AM – 12:00 PM   <b>Resumes 1/27</b>   Small Dining Room	<b>Theater Desk</b> 11:30 AM – 1:00 PM   Front Office <b>Schedule Subject to Change</b>			
<b>Open Art Studio with Art Therapy Interns</b> 10:00 AM – 12:00 PM   <b>Resumes 1/27</b>   Art Studio				
<b>Art Making for Relaxation with Art Therapy Intern Sophia</b> 1:00 PM – 2:15 PM   <b>Resumes 1/27</b>   Art Studio	<b>Reiki and Meditation with Lyndell</b> 1:00 – 1:50 PM   Lounge	<b>Chinese Open Ballroom</b> 1:00 – 2:50 PM   <b>NC 1/8</b>   Auditorium		<b>ASC: Expressive Arts with Cory</b> 1:00 – 2:30 PM   Auditorium & Hybrid
<b>Rewriting the Narrative with Drama Therapy Intern Andrea Cordova McCadney</b> 1:00 PM – 2:15 PM   <b>Resumes 1/27</b>   Lounge	<b>Chinese Dance Group</b> 1:30 – 3:20 PM   Auditorium	<b>Knitting and Crochet Group with Schekira</b> 1:00 – 1:50 PM   Lounge	<b>Asian Choir</b> 1:30 PM – 3:20 PM   Auditorium	<b>*Ceramic Session 2 with Sherman &amp; Bianca</b> 1:30 – 4:30 PM   <b>Resumes 1/24</b>   Ceramics Studio
<b>*Beginner Class with Deb</b> 1:30 PM – 4:30 PM   <b>Resumes 1/27</b>   Ceramics Studio	<b>*Ceramic Session 2 with Sherman &amp; Bianca</b> 1:30 – 4:30 PM   <b>Resumes 1/21</b>   Ceramics Studio	<b>Brain Games with Dana</b> 2:00 PM – 2:50 PM   <b>NC 1/8</b>   Lounge	<b>*Ceramic Session 2 with Sherman &amp; Bianca</b> 1:30 PM – 4:30 PM   <b>Resumes 1/23</b>   Ceramics Studio	<b>Jewelry Making with Phyllis</b> 1:00 – 3:50 PM   <b>Resumes 1/24</b>   Lounge
<b>Jazz Line Dance with Bernard</b> 2:00 – 2:50 PM   Auditorium	<b>Spanish Empowerment Group with Andrea Lora</b> 1:30 – 2:30 PM   Conference Room		<b>Game Time with Andrea</b> 2:00 – 2:50 PM   Small Dining Room	<b>ASC: Sirovich Senior Theater with Cory</b> 2:30 – 3:15 PM   Auditorium & Hybrid
<b>Balance 101 with Demetra</b> 3:10 – 4:00 PM   Auditorium & Hybrid				<b>Vocal Ensemble</b> 3:15 – 5:00 PM   Auditorium
<b>Tapping Together with Demetra</b> 4:00 – 4:50 PM   Auditorium	<b>If the Walls Could Talk Visual Theater Workshop with Concrete Temple Theatre</b> 4:00 – 5:30 PM   Auditorium			



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		<b>1</b> Center Closed for New Years Day	<b>2</b> January Birthday Party 1:00 – 2:00 PM   Auditorium  *New York Jewish Film Festival Tickets on Sale at the Front Desk. <u>Tickets: \$20</u>	<b>3</b>
<b>6</b> Remembering Together: A Space for Grief, Loss, and Remembrance 10:00 – 11:00 AM   Peacock Room  Tech Savvy & Scroll Safely with Social Worker Sheryl 1:00 – 2:00 PM   Lounge	<b>7</b>	<b>8</b> January Pantry 1:45 – 4:15 PM   Auditorium	<b>9</b> Fire Safety Presentation with New York City Fire Department (FDNY) 1:00 – 2:00 PM   Lounge	<b>10</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>20</b> Center Closed for Martin Luther King Jr. Day	<b>21</b> Film Screening, In Honor of MLK Jr. Day: <i>Selma</i> 1:00 – 3:00 PM   Auditorium	<b>22</b>	<b>23</b> Nutrition Workshop: Anti-Inflammatory Diet with Nutritionist Tamar 10:00 – 11:00 AM   Auditorium  New York Jewish Film Festival - <i>This Is My Mother</i> 2:30 PM   Lincoln Center's Walter Reade Theatre, Bus Departs at 1:30 PM Meet Staff Outside *Tickets are \$20 and go on sale on Thursday, January 2	<b>24</b>
<b>27</b> Virtual Presentation: Alzheimer's Disease Treatment: Past, Present, & Future with Emma Kaye, of NYU Langone Health 1:30 – 2:30 PM   Screening in the Lounge	<b>28</b> New York Jewish Film Festival: <i>The True Story of Tamara de Lempicka &amp; The Art of Survival</i> 3:00 PM   Lincoln Center's Walter Reade Theatre, Bus Departs at 2:00 PM, Meet Staff Outside *Tickets are \$20 and go on sale on Thursday, January 2	<b>29</b> Basic Tech Talk led by Teen Teaches Technology 2:00 – 3:30 PM   Conference Room	<b>30</b>	<b>31</b>

For general inquiries, please contact us by email at [Sirovich@14streety.org](mailto:Sirovich@14streety.org) or call 646-395-4534 \* =Registration Required  
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