

# GYMNASIUM SCHEDULE

# SEPTEMBER 9 - OCTOBER 31 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00 – 8:00AM	OPEN GYM 6:00 – 9:00AM	OPEN GYM 6:00 – 9:15AM	OPEN GYM 7:00 – 9:00AM	OPEN GYM 7:00 – 8:45AM
GET FIT WITH IVY 10:00 – 11:00AM	PRE-K 9:00 – 10:15AM	OPEN GYM 9:00 – 9:30AM	PRE-K 9:00 – 10:15AM	FITNESS FRIDAY'S WITH IVY 10:00 – 11:00AM	PICKLEBALL 9:00AM – 12PM	MEMBER BASKETBALL 9:00 AM – 12:00 PM
PRE-K 11:30 AM – 12:15PM	PICKLEBALL 11:00AM – 2:00PM	AEROBICS WITH STRENGTH TRAINING WITH IVY 10:00 – 11:00AM	GYM CLEANING 11:45 – 12:45AM	PICKLEBALL 11:30 – 2:00PM	OPEN GYM 12:00 – 3:00PM	ZUMBA 12:30 - 1:20 PM
OPEN GYM 12:15 – 3:00PM	AFTERSCHOOL 3:00 – 6:00PM	PICKLEBALL 11:20AM – 2:30PM	OPEN GYM 12:45 – 3:00PM	AFTERSCHOOL 3:00 – 6:00PM	TEEN BASKETBALL 3:00 – 6:00PM	FAMILY PLAY 1:30 – 3:30PM
AFTERSCHOOL 3:00 – 6:00PM	MEMBER BASKETBALL 6:00 – 9:00 PM	AFTERSCHOOL 3:00 – 6:00PM	AFTERSCHOOL 3:00 – 6:00PM	TEEN BASKETBALL 6:00 – 8:00PM	OPEN GYM 6:00 – 7:30PM	OPEN GYM 3:30 – 7:45PM
ZOG SPORTS 6:30-10:30PM	PRIVATE RENTAL 9:00 – 10:00PM	ZOG SPORTS BASKETBALL 6:30 – 10:30PM	MEMBER BASKETBALL 6:00 – 9:45PM	OPEN GYM 8:00 – 9:45PM		ZOG SPORTS 6:30 – 10:30PM



14Y Members get 20% off Zog Sports Basketball registration: [zogsports.com/basketball](https://zogsports.com/basketball)

344 East 14th Street at 1st Ave  
New York, NY 10003  
212-780-0800 | [14StreetY.org](https://14StreetY.org)

Member Basketball: Organized and supervised full court game play exclusive to 14Y members ages 18 and older.

Member Open Gym: Basketball game play is limited to half court, the other half is open to 14Y members for other recreational activities. Children 12 and younger must be supervised by an adult.

Pickleball: Instructional classes and open play available for a fee for adults 18 and older. For details, please visit [14StreetY.org/Pickleball](https://14StreetY.org/Pickleball)

Teen Basketball : Unsupervised half court basketball open to 14Y Teen Members only.