

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Eggs Benedict Home Fries with Peppers and Onions Toasted Oats Cereal Lettuce and Tomato Fruit, Milk and Juice	2 Blueberry Pancakes Bran Flakes Cereal Yogurt Parfait with Peaches Milk and Juice	3 Cheese Blintzes Cinnamon Raisin Bagel Farina Fruit, Milk and Juice
6 Pork Sausage Link Raisin Bran Cereal Scrambled Eggs WW Mini Bagel Fruit, Milk and Juice	7 Oatmeal Tropical Waffles with Mangoes and Whipped Cream Cottage Cheese Fruit, Milk and Juice	8 Bran Flakes Cereal Home Fries Shakshuka WW Pita Fruit, Milk and Juice	9 Cinnamon WW French Toast Toasted Oats Cereal Yogurt Parfait with Blueberries Fruit, Milk and Juice	10 Grilled Mozzarella and Tomato Sandwich Oatmeal Fruit, Milk and Juice
13 Cinnamon Raisin Bagel Hard Boiled Egg Oatmeal Turkey Sausage Patty Fruit, Milk and Juice	14 Blueberry Pancakes Bran Flakes Cereal Yogurt Parfait with Strawberries Milk and Juice	15 Egg Frittata with Potatoes and Peas Raisin Bran Cereal Veggie Sausage Patty Fruit, Milk and Juice	16 Bran Flakes Cereal Tropical Waffles with Mangoes and Whipped Cream Cottage Cheese w/Peaches Milk and Juice	17 Cheddar and Potato Bake Mini Croissant Toasted Oats Cereal Fruit, Milk and Juice
20 Egg a la Mexicana Home Fries Plain Oatmeal WW Tortilla Tomato Salsa (Pico de Gallo) Fruit, Milk and Juice	21 Cinnamon WW French Toast Raisin Bran Cereal Yogurt Parfait with Strawberries Fruit, Milk and Juice	22 Eggs Benedict Home Fries with Peppers and Onions Toasted Oats Cereal Lettuce and Tomato Fruit, Milk and Juice	23 Blueberry Pancakes Bran Flakes Cereal Yogurt Parfait with Peaches Milk and Juice	24 Cheese Blintzes Cinnamon Raisin Bagel Farina Fruit, Milk and Juice
27 Center Closed for Memorial Day	28 Oatmeal Tropical Waffles with Mangoes and Whipped Cream Cottage Cheese Fruit, Milk and Juice	29 Bran Flakes Cereal Home Fries Shakshuka WW Pita Fruit, Milk and Juice	30 Cinnamon WW French Toast Toasted Oats Cereal Yogurt Parfait with Blueberries Fruit, Milk and Juice	31 Grilled Mozzarella and Tomato Sandwich Oatmeal Fruit, Milk and Juice

**Meal Information:** In Person Breakfast | Monday – Friday | 9:00 AM – 10:00 AM | 2nd FL. Dining Room  
 Seating starts @8:30AM. Last ticket sold @9:55AM to sit down and eat. Everyone must finish eating by 10:30AM\*  
 Address: 331 East 12th Street, New York NY 10003, Contact: email [sirovich@14streety.org](mailto:sirovich@14streety.org) or call 646-395-4534

MEAL KEY: WW= Whole Wheat

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> <b>Chili Con Carne</b> <b>Corn bread</b> <b>White Rice</b> <b>Mixed Green Salad, Fruit, Milk, Coffee Or Tea</b>	<b>2</b> <b>Baked Breaded Pork Chop</b> <b>Whole Wheat Dinner Roll</b> <b>California Blend Vegetables and Potato Pancake</b> <b>Apple Sauce, Fruit, Milk, Coffee Or Tea</b>	<b>3</b> <b>Ginger and Lime Salmon</b> <b>Whole Wheat Dinner Roll</b> <b>Baked Sweet Potato</b> <b>Sauteed Green Beans with Onions, Fruit, Milk, Coffee Or Tea</b>
<b>6</b> <b>Lentil Stew with Carrots and Turnips, Cilantro Lime Rice, Naan Bread, Mixed Green Salad, Milk, Coffee or Tea</b>	<b>7</b> <b>Chicken Piccata</b> <b>Whole Wheat Dinner Roll</b> <b>Broccoli and Red Peppers</b> <b>Garlic and Rosemary</b> <b>Roasted Potatoes</b> <b>Fruit, Milk, Coffee Or Tea</b>	<b>8</b> <b>Cream of Broccoli Soup</b> <b>Beef Meatload with Mushroom Gravy, Challah Bread, Cauliflower and Potato Mash Garden Salad</b> <b>Fruit, Milk, Coffee Or Tea</b>	<b>9</b> <b>Pork Spare Ribs</b> <b>Whole Wheat Dinner Roll</b> <b>Mixed Green Salad</b> <b>Warm Potato Salad</b> <b>Milk, Coffee Or Tea</b>	<b>10</b> <b>Spanish Style Baked Fish</b> <b>Whole Wheat Dinner Roll</b> <b>Garden Salad</b> <b>Yellow Plantains</b> <b>Fruit, Milk, Coffee Or Tea</b>
<b>13</b> <b>Curried Jamaican Stew with Brown Rice, Whole Wheat Dinner Roll, with Baby Spinach Salad</b> <b>Fruit, Milk, Coffee or Tea</b>	<b>14</b> <b>Arroz con Pollo (Chicken and Rice), Whole Wheat Dinner Roll, Arugula Salad</b> <b>Fruit, Milk, Coffee Or Tea</b>	<b>15</b> <b>Egg Drop Soup</b> <b>Sweet and Sour Beef</b> <b>Meatballs with Brown Rice</b> <b>Broccoli with Toasted Garlic</b> <b>Fruit, Milk, Coffee Or Tea</b>	<b>16</b> <b>Pork Tenderloin with Zesty Cilantro Sauce</b> <b>Yellow Rice</b> <b>Cuban Black Beans</b> <b>Garden Salad</b> <b>Fruit, Milk, Coffee or Tea</b>	<b>17</b> <b>Salmon in Garlic Butter Sauce</b> <b>Baby Carrots and Parsley</b> <b>Potato Pancake, Apple Sauce, Fruit, Milk and Coffee or Tea</b>
<b>20</b> <b>Butternut Squash Soup, Veggie Burger with Whole Wheat Bun, Cole Slaw and French Fries</b> <b>Fruit, Milk, Coffee or Tea</b>	<b>21</b> <b>Chicken Cacciatore</b> <b>Whole Wheat Dinner Roll</b> <b>Broccoli with Toasted Garlic</b> <b>Mashed Potatoes</b> <b>Fruit, Milk, Coffee Or Tea</b>	<b>22</b> <b>Chili Con Carne</b> <b>Corn bread</b> <b>White Rice</b> <b>Mixed Green Salad, Fruit, Milk, Coffee Or Tea</b>	<b>23</b> <b>Baked Breaded Pork Chop</b> <b>Whole Wheat Dinner Roll</b> <b>California Blend Vegetables and Potato Pancake</b> <b>Apple Sauce, Fruit, Milk, Coffee Or Tea</b>	<b>24</b> <b>Ginger and Lime Salmon</b> <b>Whole Wheat Dinner Roll</b> <b>Baked Sweet Potato</b> <b>Sauteed Green Beans with Onions, Fruit, Milk, Coffee Or Tea</b>
<b>27</b> <b>Center Closed for Memorial Day</b>	<b>28</b> <b>Chicken Piccata</b> <b>Whole Wheat Dinner Roll</b> <b>Broccoli and Red Peppers</b> <b>Garlic and Rosemary</b> <b>Roasted Potatoes</b> <b>Fruit, Milk, Coffee Or Tea</b>	<b>29</b> <b>Cream of Broccoli Soup</b> <b>Beef Meatload with Mushroom Gravy, Challah Bread, Cauliflower and Potato Mash Garden Salad</b> <b>Fruit, Milk, Coffee Or Tea</b>	<b>30</b> <b>Pork Spare Ribs</b> <b>Whole Wheat Dinner Roll</b> <b>Mixed Green Salad</b> <b>Warm Potato Salad</b> <b>Milk, Coffee Or Tea</b>	<b>31</b> <b>Spanish Style Baked Fish</b> <b>Whole Wheat Dinner Roll</b> <b>Garden Salad</b> <b>Yellow Plantains</b> <b>Fruit, Milk, Coffee Or Tea</b>

**Meal Information:** Lunch | Monday – Friday | 12:00 PM – 1:00 APM | 2nd FL. Dining Room

**MEAL KEY:** WW= Whole Wheat

Seating starts @11:00AM. Last ticket sold @12:55PM to sit down and eat. Everyone must finish eating by 1:30PM\*

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