


GYMNASIUM SCHEDULE

MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MEMBER OPEN GYM 6:00 – 9:30 AM	MEMBER OPEN GYM 6:00 – 9:00 AM	MEMBER OPEN GYM 6:00 – 9:30 AM	MEMBER OPEN GYM 6:00 – 9:00 AM	MEMBER OPEN GYM 6:00 – 9:00 AM	MEMBER OPEN GYM 7:00 – 8:45 AM	MEMBER OPEN GYM 7:00 – 8:45 AM
GET FIT WITH IVY 10:00 – 11:00 AM	PRESCHOOL 9:00 – 10:15 AM	AEROBICS WITH STRENGTH TRAINING WITH IVY 10:00 – 11:00 AM	PRESCHOOL 9:00 – 10:30 AM	PRESCHOOL 9:00 – 10:15 AM	PICKLEBALL 9:00 AM – 1:30 PM	14Y PICK UP BASKETBALL 9:00 AM – 12:00 PM
MEMBER OPEN GYM 12:00 – 3:00 PM	PICKLEBALL 10:30 AM – 2:00 PM	MEMBER OPEN GYM 12:00 – 3:00 PM	GYM MAINTENANCE 10:30 – 11:30 AM	PICKLEBALL 10:30 AM – 2:00 PM	MEMBER OPEN GYM 12:15 – 2:00 PM	MEMBER OPEN GYM 12:00 – 7:45 PM
AFTER SCHOOL 3:00 – 6:00 PM	AFTER SCHOOL 3:00 – 6:00 PM	AFTER SCHOOL 3:00 – 6:00 PM	PICKLEBALL 11:30 AM – 1:00 PM	AFTER SCHOOL 3:00 – 6:00 PM	TEEN BASKETBALL 2:00 – 6:00 PM	
ZOG SPORTS BASKETBALL 6:30 – 10:00 PM	14Y PICK UP BASKETBALL 6:00 – 9:00 PM	ZOG SPORTS BASKETBALL 6:30 – 10:00 PM	MEMBER OPEN GYM 1:00 – 3:00 PM	TEEN BASKETBALL 6:00 – 8:00 PM	PICKLEBALL 6:00 – 7:30 PM	
	PRIVATE BASKETBALL RENTAL 9:00 – 10:00 PM		AFTER SCHOOL 3:00 – 6:00 PM	MEMBER OPEN GYM 8:00 – 9:45 PM		
14Y Members get 20% off Zog Sports Basketball registration: zogsports.com/basketball			14Y PICK UP BASKETBALL 6:00 – 9:45 PM	344 East 14th Street at 1st Ave New York, NY 10003 212-780-0800 14StreetY.org		

14Y Pick Up Basketball: Organized and supervised full court game play exclusive to 14Y members ages 18 and older.

Member Open Gym: Basketball game play is limited to half court, the other half is open to 14Y members for other recreational activities. Children 13 and younger must be supervised by an adult.

Pickleball: Instructional classes and open play available for a fee for adults 18 and older. For details, pricing, and registration, please visit 14StreetY.org/Pickleball

Teen Basketball : Unsupervised half court basketball open to 14Y Teen Members only.