

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Oatmeal French Toast Yogurt Parfait with Peaches Fruit, Juice and Milk	2 Bran Flakes Cereal Western Frittata Home Fries Fruit, Juice and Milk
5 Oatmeal WW Grilled Cheese Sliced Tomatoes Fruit, Juice and Milk	6 Raisin Bran Cereal Scrambled Eggs with Swiss Home Fries WW Mini Bagel Fruit, Juice and Milk	7 Toasted Oats Cereal Blueberry Pancakes Cottage Cheese Pancake Syrup Fruit, Juice and Milk	8 Raisin Bran Cereal Eggs Benedict Home Fries Lettuce and Tomato Fruit, Juice and Milk	9 Farina Cheese Blintzes Plain Non-Fat Yogurt Mixed Berries Juice and Milk
12 Scrambled Eggs Pork Sausage Link Home Fries WW Mini Bagel Fruit, Juice and Milk	13 Bran Flakes Cereal French Toast Yogurt Parfait with Strawberries Pancake Syrup Juice and Milk	14 Toasted Oats Cereal Cheddar and Potato Bake Mini Croissant Toasted Oats Cereal	15 Raisin Bran Cereal Waffles with Mangoes and Whipped Cream Cottage Cheese Fruit, Juice and Milk Pancake Syrup	16 Home Fries Oatmeal Farmer's Market Omelet Fruit, Juice and Milk
19 Center Closed for President's Day	20 Toasted Oats Cereal Blueberry Pancakes Cottage Cheese Pancake Syrup Fruit, Juice and Milk	21 Raisin Bran Cereal Shakshuka Home Fries Whole Wheat Pita Fruit, Juice and Milk	22 Oatmeal French Toast Yogurt Parfait with Peaches Fruit, Juice and Milk	23 Bran Flakes Cereal Western Frittata Home Fries Fruit, Juice and Milk
26 Oatmeal WW Grilled Cheese Sliced Tomatoes Fruit, Juice and Milk	27 Raisin Bran Cereal Waffles with Mangoes and Whipped Cream Cottage Cheese Pancake Syrup Fruit, Juice and Milk	28 Raisin Bran Cereal Scrambled Eggs with Swiss Home Fries WW Mini Bagel Fruit, Juice and Milk	29 Toasted Oats Cereal Blueberry Pancakes Cottage Cheese Pancake Syrup Fruit, Juice and Milk	

Meal Information: In Person Breakfast | Monday – Friday | 9:00 AM – 10:00 AM | 2nd FL. Dining Room
Seating starts @8:30AM. Last ticket sold @9:55AM to sit down and eat. Everyone must finish eating by 10:30AM*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pork Tenderloin with Cilantro Sauce WW Dinner Roll Yellow Rice Cuban Black Beans Garden Salad Fruit and Milk	2 Salmon in Garlic Butter Sauce Challah Bread Baby Carrots Potato Pancake Applesauce Milk
5 Butternut Squash Soup California Veggie Burger WW Hamburger Bun Cole Slaw French Fries Fruit and Milk	6 Chicken Cacciatore Broccoli and Red Peppers Mashed Potatoes WW Dinner Roll Fruit and Milk	7 Chili con Carne Cornbread White Rice Mixed Green Salad Fruit and Milk	8 Breaded Pork Chops WW Dinner Roll California Blend Vegetables Potato Pancake Fruit and Milk	9 Ginger and Lime Salmon WW Dinner Roll Baked Sweet Potato Sautéed Green Beans Fruit and Milk
12 Aromatic Lentil Stew with Carrots and Turnips Cilantro Lime Rice Mixed Green Salad Naan Bread Fruit and Milk	13 Chicken Piccata WW Dinner Roll Broccoli and Red Peppers Garlic and Rosemary Roasted Potatoes Fruit and Milk	14 Cream of Broccoli Soup Beef Meatloaf with Mushroom Gravy Cauli/Potato Mash Garden Salad Challah Bread Fruit and Milk	15 Pork Spare Ribs Warm Potato Salad Mixed Green Salad WW Dinner Roll Fruit and Milk	16 Spanish Style Baked Fish Yellow Plantains WW Dinner Roll Garden Salad Fruit and Milk
19 Center Closed for President's Day	20 Arroz con Pollo (Chicken and Rice) Arugula with Balsamic Vinaigrette WW Dinner Roll Fruit and Milk	21 Egg Drop Soup Sweet and Sour Beef Meatballs Brown Rice Broccoli with Toasted Garlic Fruit and Milk	22 Pork Tenderloin with Cilantro Sauce WW Dinner Roll Yellow Rice Cuban Black Beans Garden Salad Fruit and Milk	23 Salmon in Garlic Butter Sauce Challah Bread Baby Carrots Potato Pancake Fruit and Milk
26 Butternut Squash Soup California Veggie Burger WW Hamburger Bun Cole Slaw French Fries Fruit and Milk	27 Chicken Cacciatore Broccoli and Red Peppers Mashed Potatoes WW Dinner Roll Fruit and Milk	28 Chili con Carne Cornbread White Rice Mixed Green Salad Cornbread Fruit and Milk	29 Breaded Pork Chops WW Dinner Roll California Blend Vegetables Potato Pancake Fruit and Milk	

Meal Information: In Person Lunch | Monday – Friday | 12:00 PM – 1:00 PM | 2nd FL. Dining Room, Seating starts @11:30AM. Last ticket sold @12:55PM to sit down and eat. Everyone must finish eating by 1:30 PM*