


GYMNASIUM SCHEDULE

JANUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 6:00 – 9:30 AM	OPEN GYM 6:00 – 9:00 AM	OPEN GYM 6:00 – 9:30 AM	OPEN GYM 6:00 – 7:45 AM	OPEN GYM 6:00 – 9:00 AM	OPEN GYM 7:00 – 8:45 AM	OPEN GYM 7:00 – 8:45 AM
GET FIT WITH IVY 10:00 – 11:00 AM	PRESCHOOL 9:00 – 10:15 AM	AEROBICS WITH STRENGTH TRAINING WITH IVY 10:00 – 11:00 AM	TAI CHI WITH ROBERTO 8:00 – 9:00 AM	PRESCHOOL 9:00 – 10:15 AM	PICKLEBALL 9:00 AM – 1:30 PM	MEMBER BASKETBALL 9:00 AM – 12:00 PM
MEMBER BASKETBALL 12:00 – 3:00 PM	PICKLEBALL 10:30 AM – 2:00 PM	MEMBER BASKETBALL 12:00 – 3:00 PM	PRESCHOOL 9:00 – 10:30 AM	PICKLEBALL 10:30 AM – 2:00 PM	HALF-COURT SHOOT-AROUND 12:15 – 1:30 PM	HALF-COURT SHOOT-AROUND 12:00 – 2:30 PM
AFTER SCHOOL 3:00 – 6:00 PM	AFTER SCHOOL 3:00 – 6:00 PM	AFTER SCHOOL 3:00 – 6:00 PM	GYM MAINTENANCE 10:30 – 11:30 AM	AFTER SCHOOL 3:00 – 6:00 PM	OPEN GYM 1:30 – 2:00 PM	FAMILY PLAY 2:30 – 5:00 PM
ZOG SPORTS BASKETBALL 6:30 – 10:00 PM	MEMBER BASKETBALL 6:00 – 9:00 PM	ZOG SPORTS BASKETBALL 6:30 – 10:00 PM	PICKLEBALL & HALF-COURT SHOOT 11:30 AM – 2:30 PM	TEEN BASKETBALL 6:00 – 8:00 PM	TEEN BASKETBALL 2:00 – 4:00 PM	OPEN GYM 5:00 – 7:45 PM
	PRIVATE BASKETBALL RENTAL 9:00 – 10:00 PM		AFTER SCHOOL 3:00 – 6:00 PM	OPEN GYM 8:00 – 9:45 PM	OPEN GYM 4:00 – 7:45 PM	
14Y Members get 20% off Zog Sports Basketball registration: zogsports.com/basketball			MEMBER BASKETBALL 6:00 – 9:45 PM	344 East 14th Street at 1st Ave New York, NY 10003 212-780-0800 14StreetY.org		

Member Basketball: Organized and supervised full court game play exclusive to 14Y members ages 18 and older.

Open Gym: Basketball game play is limited to half court, the other half is open to 14Y members for other recreational activities. Children 13 and younger must be supervised by an adult.

Pickleball: Instructional classes and open play available for a fee for adults 18 and older. For details, pricing, and registration, please visit 14StreetY.org/Pickleball

Family Play: Half-court open gym time reserved for families to play sports like soccer or basketball, or just round and have fun. Children must be supervised by an adult at all times.