

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>Center Closed for New Year Day</b>	<b>2</b> Bran Flakes Cereal Cinnamon Challah French Toast, Pancake Syrup Yogurt Parfait with Strawberries Fruit, Milk, and Juice	<b>3</b> Cheddar and Potato Bake Mini Croissant Toasted Oats Cereal Fruit, Milk, and Juice	<b>4</b> Pancake Syrup Raisin Bran Cereal Tropical Waffles with Mangoes and Whipped Cream Cottage Cheese Fruit, Milk, and Juice	<b>5</b> Home Fries Oatmeal Farmer's Market Omelet Fruit, Milk, and Juice
<b>8</b> Hard Boiled Egg Mini Croissant Oatmeal Turkey Sausage Link Fruit, Milk, and Juice	<b>9</b> Blueberry Pancakes, Pancake Syrup Toasted Oats Cereal Cottage Cheese Fruit, Milk, and Juice	<b>10</b> Home Fries Raisin Bran Cereal Shakshuka Whole Wheat Pita Fruit, Milk, and Juice	<b>11</b> Oatmeal Plain French Toast Yogurt Parfait with Peaches Fruit, Milk, and Juice	<b>12</b> Bran Flakes Cereal Home Fries Western Frittata Fruit, Milk and Juice
<b>15</b> <b>Center Closed for Martin Luther King Jr. Day</b>	<b>16</b> Raisin Bran Cereal Waffles with Mangoes and Whipped Cream Fruit, Milk, and Juice	<b>17</b> Home Fries Raisin Bran Cereal Scrambled Eggs with Swiss Whole Wheat Mini Bagel Fruit, Milk, and Juice	<b>18</b> Blueberry Pancakes Cottage Cheese Pancake Syrup Fruit, Milk, and Juice	<b>19</b> Eggs Benedict Home Fries Raisin Bran Cereal Lettuce and Tomato Fruit, Milk, and Juice
<b>22</b> Home Fries Pork Sausage Link Scrambled Eggs Whole Wheat Mini Bagel Fruit, Milk, and Juice	<b>23</b> Bran Flakes Cereal Cinnamon French Toast Yogurt Parfait Pancake Syrup Fruit, Milk, and Juice	<b>24</b> Oatmeal Spinach and Feta Individual Omelette Fruit, Milk, and Juice	<b>25</b> Raisin Bran Cereal Waffles with Mangoes and Whipped Cream Cottage Cheese Fruit, Milk, and Juice	<b>26</b> Baked Suffed Potato Sweet and Spicy Vegan Chorizo Toasted Oats Cereal Fruit, Milk, and Juice
<b>29</b> Hard Boiled Egg Mini Croissant Oatmeal Turkey Sausage Link Fruit, Milk, and Juice	<b>30</b> Blueberry Pancakes Toasted Oats Cereal Cottage Cheese Pancake Syrup Fruit, Milk, and Juice	<b>31</b> Home Fries Raisin Bran Cereal Shakshuka Whole Wheat Pita Fruit, Milk, and Juice		

**Meal Information:** In Person Breakfast | Monday – Friday | 9:00 AM – 10:00 AM | 2nd FL. Dining Room  
 Seating starts @8:30AM. Last ticket sold @9:55AM to sit down and eat. Everyone must finish eating by 10:30AM\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>Center Closed for New Year Day</b>	<b>2</b> Chicken Piccata WW Dinner Roll Broccoli and Red Peppers Garlic and Rosemary Roasted Potatoes Fruit and Milk	<b>3</b> Cream of Broccoli Soup Beef Meatloaf with Mushroom Gravy Challah Bread Cauli/Potato Mash Garden Salad Fruit and Milk	<b>4</b> Pork Spare Ribs WW Dinner Roll Mixed Green Salad Warm Potato Salad Fruit and Milk	<b>5</b> Spanish Style Fish WW Dinner Roll Garden Salad Yellow Plantains Fruit and Milk
<b>8</b> Curried Jamaican Stew Brown Rice WW Dinner Roll Baby Spinach Salad with Lemon Vinaigrette Fruit and Milk	<b>9</b> Arroz con Pollo (Chicken Breast and Rice) WW Dinner Roll Arugula with Balsamic Vinaigrette Fruit and Milk	<b>10</b> Egg Drop Soup Sweet and Sour Beef Meatballs Brown Rice Broccoli with Toasted Garlic Fruit and Milk	<b>11</b> Pork Tenderloin with Zesty Cilantro Sauce Yellow Rice Cuban Black Beans Garden Salad Fruit and Milk	<b>12</b> Salmon in Garlic Butter Sauce Challah Bread Baby Carrots and Parsley Potato Pancake Fruit and Milk
<b>15</b> <b>Center Closed for Martin Luther King Jr. Day</b>	<b>16</b> Chicken Cacciatore WW Dinner Roll Broccoli with Toasted Garlic Mashed Potatoes Fruit and Milk	<b>17</b> Chili con Carne Cornbread White Rice Mixed Green Salad Fruit and Milk	<b>18</b> Breaded Pork Chop WW Dinner Roll California Blend Vegetables Potato Pancake Fruit and Milk	<b>19</b> Ginger and Lime Salmon WW Dinner Roll Baked Sweet Potato Sautéed Green Beans Fruit and Milk
<b>22</b> Lentil Curry with Carrots and Turnips Cilantro Lime Rice Naan Bread Mixed Green Salad Fruit and Milk	<b>23</b> Chicken Piccata WW Dinner Roll Broccoli and Red Peppers Garlic and Rosemary Roasted Potatoes Fruit and Milk	<b>24</b> Cream of Broccoli Soup Beef Meatloaf with Mushroom Gravy Challah Bread Cauli/Potato Mash Garden Salad Fruit and Milk	<b>25</b> Pork Spare Ribs WW Dinner Roll Mixed Green Salad Warm Potato Salad Fruit and Milk	<b>26</b> Spanish Style Fish WW Dinner Roll Garden Salad Yellow Plantains Fruit and Milk
<b>29</b> Curried Jamaican Stew Brown Rice WW Dinner Roll Baby Spinach Salad with Lemon Vinaigrette Fruit and Milk	<b>30</b> Arroz con Pollo (Chicken Breast and Rice) WW Dinner Roll Arugula with Balsamic Vinaigrette Fruit and Milk	<b>31</b> Egg Drop Soup Sweet and Sour Beef Meatballs Brown Rice Broccoli with Toasted Garlic Fruit and Milk		

**Meal Information:** In Person Lunch | Monday – Friday | 12:00 PM – 1:00 PM | 2nd FL. Dining Room, Seating starts @11:30AM. Last ticket sold @12:55PM to sit down and eat. Everyone must finish eating by 1:30 PM\*