

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Bran Flakes Cereal Home Fries Western Frittata Fruit, Juice and Milk
4 Instant Plain Oatmeal Whole Wheat Grilled Cheese Sliced Tomatoes Fruit, Juice and Milk	5 Raisin Bran Cereal Tropical Waffles with Mangoes and Whipped Cream Cottage Cheese Fruit, Juice and Milk	6 Home Fries Raisin Bran Cereal Scrambled Eggs with Swiss Whole Wheat Mini Bagel Fruit, Juice and Milk	7 Blueberry Pancakes Cottage Cheese Pancake Syrup Fruit, Juice and Milk	8 Eggs Benedict Home Fries Raisin Bran Cereal Lettuce and Tomato Fruit, Juice and Milk
11 Home Fries Pork Sausage Link Scrambled Eggs Whole Wheat Mini Bagel Fruit, Juice and Milk	12 Bran Flakes Cereal Cinnamon Challah French Toast Yogurt Parfait with Strawberries Juice and Milk	13 Oatmeal Farmer's Omelet Fruit, Juice and Milk	14 Raisin Bran Cereal Tropical Waffles with Mangoes and Whipped Cream Cottage Cheese Fruit, Juice and Milk	15 Baked Stuffed Potato Turkey Bacon Toasted Oats Cereal Fruit, Juice and Milk
18 Hard Boiled Egg Mini Croissant Oatmeal Turkey Sausage Link Fruit, Juice and Milk	19 Blueberry Pancakes Toasted Oats Cereal Cottage Cheese Pancake Syrup Fruit, Juice and Milk	20 Home Fries Raisin Bran Cereal Shakshuka Whole Wheat Pita Fruit, Juice and Milk	21 Oatmeal Plain French Toast Yogurt Parfait with Peaches Fruit, Juice and Milk	22 Fruit Cocktail Bran Flakes Cereal Home Fries Western Frittata Fruit, Juice and Milk
25 Center Closed for Christmas Day	26 Home Fries Raisin Bran Cereal Scrambled Eggs with Swiss Mini Bagel Fruit, Juice and Milk	27 Blueberry Pancakes Toasted Oats Cereal Cottage Cheese Pancake Syrup Fruit, Juice and Milk	28 Eggs Benedict Home Fries Raisin Bran Cereal Lettuce and Tomato Fruit, Juice and Milk	29 Cheese Blintzes Farina Frozen Mixed Berries Fruit, Juice and Milk

Meal Information: In Person Breakfast | Monday – Friday | 9:00 AM – 10:00 AM | 2nd FL. Dining Room
Seating starts @8:30AM. Last ticket sold @9:55AM to sit down and eat. Everyone must finish eating by 10:30AM*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Salmon in Garlic Butter Sauce Challah Bread Baby Carrots and Parsley Potato Pancake Fruit and Milk
4 Butternut Squash Soup California Veggie Burger Hamburger Bun Cole Slaw French Fries Fruit and Milk	5 Chicken Cacciatore Dinner Roll Broccoli with Toasted Garlic Instant Mashed Potatoes Fruit and Milk	6 Chili con Carne Cornbread White Rice Mixed Green Salad Fruit and Milk	7 Baked Breaded Pork Chops Dinner Roll California Blend Vegetables Potato Pancake Fruit and Milk	8 Ginger and Lime Salmon Dinner Roll Baked Sweet Potato Sautéed Green Beans with Onions Fruit and Milk
11 Lentil Stew with Carrots and Turnips Cilantro Lime Rice Naan Bread Mixed Green Salad Fruit and Milk	12 Chicken Piccata Dinner Roll Broccoli and Red Peppers Garlic and Rosemary Roasted Potatoes Fruit and Milk	13 Cream of Broccoli Soup Beef Meatloaf, Mushroom Gravy Challah Bread Cauliflower and Potato Mash Garden Salad Fruit and Milk	14 Pork Spare Ribs Dinner Roll Mixed Green Salad Potato Salad Fruit and Milk	15 Holiday Luncheon Menu TBD Tickets will be sold 12/4, 11:30 – 1:00 PM in the lobby
18 Curried Jamaican Stew Brown Rice Dinner Roll Baby Spinach Salad with Lemon Vinaigrette Fruit and Milk	19 Arroz con Pollo Chicken and Rice Dinner Roll Arugula with Balsamic Vinaigrette Fruit and Milk	20 Egg Drop Soup Sweet and Sour Beef Meatballs Brown Rice Broccoli with Toasted Garlic Fruit and Milk	21 Pork Tenderloin with Zesty Cilantro Sauce Dinner Roll Yellow Rice Cuban Black Beans Garden Salad Fruit and Milk	22 Salmon in Garlic Butter Sauce Challah Bread Baby Carrots and Parsley Potato Pancake Fruit and Milk
25 Center Closed for Christmas Day	26 Chicken Cacciatore Dinner Roll Broccoli and Red Peppers Mashed Potatoes Fruit and Milk	27 Chili con Carne Cornbread White Rice Mixed Green Salad Fruit and Milk	28 Breaded Pork Chops Dinner Roll California Blend Vegetables Potato Pancake Fruit and Milk	29 Ginger and Lime Salmon Dinner Roll Baked Sweet Potato Sautéed Green Beans with Onions Fruit and Milk

Meal Information: In Person Lunch | Monday – Friday | 12:00 PM – 1:00 PM | 2nd FL. Dining Room, Seating starts @11:30AM. Last ticket sold @12:55PM to sit down and eat. Everyone must finish eating by 1:30 PM*