

SPECIAL SWIM SCHEDULE

DECEMBER 19 – JANUARY 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
EARLY BIRD 6:00 – 10:00 AM	EARLY BIRD 6:00 – 10:00 AM	EARLY BIRD 6:00 – 10:00 AM	EARLY BIRD 6:00 – 10:00 AM	EARLY BIRD 6:00 – 10:00 AM	EARLY BIRD 7:00 – 11:00 AM	EARLY BIRD 7:00 – 11:00 AM
OPEN ADULT SWIM (2 Lanes) 10:00 AM – 12:00 PM	WOMEN ONLY 11:00 AM – 12:00 PM	OPEN ADULT SWIM (2 Lanes) 10:00 AM – 12:00 PM	WOMEN ONLY 11:00 AM – 12:00 PM	OPEN ADULT SWIM (2 Lanes) 10:00 AM – 12:00 PM	ADULT SWIM 11:00 AM – 12:30 PM	WOMEN ONLY 11:00 AM – 12:00 PM
LUNCH TIME LAP SWIM 12:00 – 2:00 PM	LUNCH TIME LAP SWIM 12:00 – 2:00 PM	LUNCH TIME LAP SWIM 12:00 – 2:00 PM	LUNCH TIME LAP SWIM 12:00 – 2:00 PM	LUNCH TIME LAP SWIM 12:00 – 2:00 PM	SWIM LESSONS 12:30 – 2:30 PM	ADULT SWIM 12:00 – 2:00 PM
SIROVICH SWIM 2:00 – 3:00 PM	SWIM LESSONS 2:00 – 4:00 PM	SWIM LESSONS 2:00 – 4:00 PM	SWIM LESSONS 2:00 – 4:00 PM	FAMILY SWIM 3:00 – 5:00 PM	FAMILY SWIM 2:30 – 5:30 PM	SWIM LESSONS 2:00 – 4:00 PM
SWIM LESSONS 3:00 – 4:00 PM	FAMILY SWIM 4:00 – 7:00 PM	FAMILY SWIM 4:00 – 7:00 PM	FAMILY SWIM 4:00 – 7:00 PM	SWIM LESSONS 5:00 – 6:00 PM	ADULT SWIM 5:30 – 7:30 PM	FAMILY SWIM 4:00 – 6:00 PM
FAMILY SWIM 4:00 – 7:00 PM	ADULT SWIM 7:30 – 9:30 PM	ADULT SWIM 7:30 – 9:30 PM	ADULT SWIM 7:30 – 9:30 PM	ADULT SWIM 6:00 – 8:00 PM		ADULT SWIM 6:00 – 7:30 PM
ADULT SWIM 7:00 – 9:30 PM						

POOL HOURS:

Monday – Friday: 6:00 AM – 10:00 PM

Saturday/Sunday: 7:00 AM – 8:00 PM

 Adult Swim*

 Family Swim

 Private Swim Lessons

*All adult lap swim session use four lanes unless otherwise noted

The 14Y will be closed on Monday, December 25 and Monday, January 1

344 East 14th Street at 1st Ave New York, NY 10003 | 212-780-0800 | 14StreetY.org

