

14Y INFANT AND TODDLER CLASSES

Fall classes to keep your little ones busy.

Sign up for a semester-long class or join a drop-in class when your schedule allows.

If you have questions about upcoming classes, our Prelude to Preschool, and Preschool Programs, email Catherine Wenglowksi, Manager of Early Childhood Admissions, at CWenglowksi@14StreetY.org or call her at **646-395-4327**.

SEMESTER-LONG CLASSES

Toddlers, ages 1-3, and their parent/caregiver meet every week for fun classes focused on exploration and movement. All classes are prorated and rolling admission. 14Y Members receive 14% off registration fees.

14Y Baby and Toddler Music featuring Tkiya

Join Tkiya for a whole semester of your favorite songs, from BimBam to the Wheels on the Bus, while exploring movement, stories, puppets, bubbles, and more. A great way to save while having fun!

Baby Playday

Our fun-filled sessions provide the perfect environment for your little ones to explore, play, and learn. Come discover the joy of play and learning!

Friday Feature

This class is where learning and community begin! Children come together with their grownups once a week for a semester to explore and bond. Children begin to experience a classroom setting and enjoy singing, art and sensory play, movement, and more. Lifetime friendships start right here.

Japanese Playday

Join instructor Michiyo Kigawa as we embark on a language-filled adventure that will foster curiosity and Japanese-language skills through interactive songs and stories in a playful setting. This unique immersive class combines roof time play and engaging classroom activities for children and adults alike.

Super Soccer Stars

Get started with soccer! This developmental class offers toddlers individual attention and positive reinforcement. Your toddler will learn to balance, run, kick and play, all to original music.

Tiny Zen | For Babies Ages 4 – 14 Months

Need a little bliss? Under your teacher Yuko's expert guidance, you'll learn massage techniques designed for your baby's comfort and well-being as well as self-massage techniques for yourself! Elevate your well-being, forge a deeper connection with your baby, and find your own oasis of calm in our unique adult and baby relaxation class.

Toddler Dance and Stretch

Let's dance! Toddlers and caregivers enjoy dancing, moving, and doing yoga in our sunny playroom. We'll focus on wellness and joy and make new friends along the way!

Toddler Playday

Children with their grownups will enjoy our fantastic playroom, where your teacher will curate the playroom to inspire fine and gross motor play plus lead storytime, movement, and more.

Weekend Yoga Series

Join Ito, our amazing Yoga teacher, for this special six-weekend series to help new and expecting parents recharge and center themselves!



For the most up-to-date class list with times and pricing, please visit [14StreetY.org/babyclasses](https://www.14StreetY.org/babyclasses)



DROP-IN CLASSES

For an updated list of drop-in classes including dates, times, and pricing, please visit our website. Class offerings are subject to change.

Baby and Me Fitness

Enjoy movement, wellness, and fitness with your little one as a partner! Parents and babies move and groove together in our sunny, spacious playroom.

Baby/Toddler and Me Yoga

Enjoy adult yoga and stretching while your crawling baby or toddler has room to play.

New Parent and Prenatal Yoga

Join us to recharge and center yourself while spending time with your baby (ages 0-12 month) and meeting other families.

14Y Open Play

As featured in Mommy Poppins, join your 14Y friends in our beautiful indoor play space for some unstructured play.

Baby Chat and Play

Specifically designed for new parents, early childhood expert Nancy Weinrib, LMSW, offers support, camaraderie, and helpful information to families of newborns.

Breastfeeding Support for New Moms

Discuss your breastfeeding journey, share stories, ask questions and problem-solve with Leigh Anne O'Connor (IBCLC, LCCE). A scale is available to weigh your infant.

Le Leche Meeting for Nursing Moms

This class helps parents to breastfeed through parent-to-parent support, encouragement, information, and education, while promoting a better understanding of breastfeeding as an important element in the healthy development of the baby and parent.

Messy Art and Play

Toddlers and caregivers explore sensory fun and create masterpieces using paint, stamps, and markers—all while making new friends!



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