

# SPECIAL SWIM SCHEDULE

# SEPTEMBER 5 – SEPTEMBER 15

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
EARLY BIRD 6:00 – 10:00 AM	EARLY BIRD 6:00 – 11:00 AM	EARLY BIRD 6:00 – 10:00 AM	EARLY BIRD 6:00 – 11:00 AM	EARLY BIRD 6:00 – 10:00 AM	EARLY BIRD 7:00 – 11:30 AM	EARLY BIRD 7:00 – 11:00 AM
OPEN ADULT SWIM (2 Lanes) 10:00 AM – 12:00 PM	WOMEN ONLY 11:00 AM – 12:00 PM	OPEN ADULT SWIM (2 Lanes) 10:00 AM – 12:00 PM	WOMEN ONLY 11:00 AM – 12:00 PM	OPEN ADULT SWIM (2 Lanes) 10:00 AM – 12:00 PM	ADULT SWIM 11:30 AM – 12:30 PM	WOMEN ONLY 11:00 AM – 12:00 PM
LUNCH TIME LAP SWIM 12:00 – 2:00 PM	LUNCH TIME LAP SWIM 12:00 – 2:00 PM	LUNCH TIME LAP SWIM 12:00 – 2:00 PM	LUNCH TIME LAP SWIM 12:00 – 2:00 PM	LUNCH TIME LAP SWIM 12:00 – 2:30 PM	SWIM LESSONS 12:30 – 2:30 PM	ADULT SWIM 12:00 – 2:30 PM
SIROVICH SWIM 2:00 – 3:00 PM	SWIM LESSONS 2:00 – 4:30 PM	SWIM LESSONS 2:00 – 4:00 PM	SWIM LESSONS 2:00 – 4:30 PM	FAMILY SWIM 2:30 – 5:00 PM	FAMILY SWIM 2:30 – 5:30 PM	SWIM LESSONS 2:30 – 4:00 PM
SWIM LESSONS 3:00 – 4:00 PM	FAMILY SWIM 4:30 – 7:30 PM	FAMILY SWIM 4:00 – 7:30 PM	FAMILY SWIM 4:30 – 7:30 PM	SWIM LESSONS 5:00 – 6:00 PM	ADULT SWIM 5:30 – 7:30 PM	FAMILY SWIM 4:00 – 6:00 PM
FAMILY SWIM 4:00 – 7:00 PM	ADULT SWIM 7:30 – 9:30 PM	ADULT SWIM 7:30 – 9:30 PM	ADULT SWIM 7:30 – 9:30 PM	ADULT SWIM 6:00 – 8:00 PM		ADULT SWIM 6:00 – 7:30 PM
ADULT SWIM 7:00 – 9:30 PM						

## POOL HOURS:

Monday – Friday: 6:00 AM – 10:00 PM

Saturday/Sunday: 7:00 AM – 8:00 PM

 Adult Swim\*

 Family Swim

 Private Swim Lessons

\*All adult lap swim session use four lanes unless otherwise noted

The 14Y will be closed on Saturday, September 16 and Sunday, September 17 for Rosh Hashanah.

344 East 14th Street at 1st Ave New York, NY 10003 | 212-780-0800 | 14StreetY.org

