







**To prepare for the winter when respiratory illness is on the rise in NYC, here are some steps you can take to protect yourself and your community against RSV, Flu and COVID-19:**

-  Masks are strongly recommended throughout the 14Y
-  Get your updated COVID-19 Booster and Flu shot
-  Wash your hands or use sanitizer often
-  Please stay home if you're sick

**Thank you for helping to protect our community!**

