



14Y EARLY CHILDHOOD CLASSES

FALL SESSION: MONDAY, SEPTEMBER 19 – FRIDAY, DECEMBER 16

New classes to keep your little ones busy.

Whether you're looking for social activities for your energetic toddler, classes that encourage your baby's development, or opportunities to connect with other new parents—we have something for you and your little one. Sign up for a semester-long class or join a drop-in class when your schedule allows.

Drop-in Classes for members are discounted or free, depending on the class.
Please check rates for your specific class.

We're adding more drop-in classes and open playtimes soon, so check the website for the most updated info! If you have questions about our upcoming classes, please email Catherine Wenglowski, Manager of Early Childhood Admissions, at CWenglowski@14StreetY.org.

Learn more and register at 14StreetY.org/FallClasses

FALL SEMESTER-LONG CLASSES

We're excited to offer specialty semester-long classes to keep your little ones active and social!
Semester-long classes meet every week and require registration.
14Y Members receive 14% off registration fees.

Super Soccer Stars

For Toddlers Ages 1-3 with Parent/Caregiver
Mondays | 9:30 – 10:15 AM
M \$425, NM \$495

Get started with soccer! This developmental class offers toddlers individual attention and positive reinforcement. Your toddler will learn to balance, run, kick and play, all to original music.
No Class September 26, October 10

Toddler Dance and Stretch

For Toddlers Ages 1-3 with Parent/Caregiver
Tuesdays | 9:30 – 10:15 AM
M \$425, NM \$495

Let's dance! Toddlers and caregivers enjoy dancing, moving, and doing yoga in our sunny playroom. We'll focus on wellness and joy and make new friends along the way!
No Class September 27.



FALL DROP-IN CLASSES

Want to come play without committing to a full semester?
Reserve a spot at our drop-in classes, which are discounted or free for
14Y Family Members and just \$35 per session for non-members.

Baby and Me Yoga

For One Adult + One Baby
Mondays | 10:00 – 10:45 AM
M Free, NM \$35

Join us to do yoga and stretch with your little ones as partners! You'll meet other families and watch your little ones connect as we focus on balance, awareness, and wellness.

New Parent and Prenatal Yoga

For One Adult + One Baby
Mondays | 11:00 – 11:45 AM
M Free, NM \$35

Set this time aside to focus on yourself and your baby, ages 0-12 months. Come meet other families, recharge and center yourself, and watch your little ones connect as we focus on balance, awareness, and wellness.

14Y Open Play

For One Adult + One Baby
Mondays | 11:30 AM – 1:00 PM
M Free, NM \$35

Join your 14Y friends on our beautiful play area for some unstructured play. Please note, reservation is for one adult and one child; if additional children are with you, please register them separately.

Baby Chat and Play

For Babies with Parent/Caregiver
Tuesdays | 1:00 – 1:45 PM
M Free, NM \$35

Have a new baby in your life? Join us at the 14Y for support, camaraderie, and information sharing. This is a time to celebrate and vent! Talk about all the feelings that come when a baby enters your life - adults can chat while babies play in a safe, caring environment. Run by early childhood expert and 14Y staff member Nancy Weinrib, LMSW.

14Y Baby and Toddler Music featuring Tkiya

For One Adult + One Baby/Toddler
Thursdays | 10:00 – 10:45 AM
M \$30, NM \$35

Tkiya brings singing, Movement, stories, puppets, bubbles and more!

Baby and Me Fitness

For One Adult + One Baby
Thursdays | 1:00 – 1:45 PM
M Free, NM \$35

Enjoy movement, wellness, and fitness with your little one as a partner! Parents and babies move and groove together in our sunny, spacious Playroom.

Baby and Toddler Music featuring Rockness Music

For One Adult + One Baby/Toddler
Fridays | 10:00 – 10:45 AM
M \$30, NM \$35

Studies show that exposure to music during early childhood sharpens math and literacy skills – but it doesn't have to be boring! Join Rockness Music for a rockin' music class for toddlers like no other. Their classes inspire children to learn and grow through the power of music, bringing you the very best preschool rock music class experience out there. Check out our kid and baby music classes to see for yourself!

Messy Art and Play

For Toddlers Ages 1-3 with Parent/Caregiver
Fridays | 11:00 – 11:45 AM
M Free, NM \$35

Come make art, and don't be afraid to get messy! Toddlers and caregivers create and explore sensory fun together in a warm classroom setting. We'll make masterpieces and friends using paint, stamps, markers, and more!

