

AQUATICS SCHEDULE

SEPTEMBER 11 – DECEMBER 17, 2022

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|---|--|--|------------------------------------|---------------------------------------|
| EARLY BIRD 6:30 – 10:00 AM | EARLY BIRD 6:30 – 10:00 AM | EARLY BIRD 6:30 – 9:30 AM | EARLY BIRD 6:30 – 10:00 AM | EARLY BIRD 6:30 – 10:00 AM | EARLY BIRD 8:00 – 10:00 AM | EARLY BIRD 8:00 – 10:00 AM |
| OPEN ADULT SWIM (2 Lanes) 10:00 – 11:00 AM | BABY BELUGAS 10:00 – 10:30 AM | OPEN ADULT SWIM (2 Lanes) 9:30 – 10:30 AM | BABY BELUGAS 10:00 – 10:30 AM | OPEN ADULT SWIM (2 Lanes) 10:00 – 11:00 AM | BABY BELUGAS 10:00 – 10:30 AM | BABY BELUGAS 10:00 – 10:30 AM |
| AQUA AEROBICS 11:00 AM – 12:00 PM | LITTLE DIPPERS 10:30 – 11:00 AM | PRESCHOOL 10:30 – 11:00 AM | LITTLE DIPPERS 10:30 – 11:00 AM | AQUA AEROBICS 11:00 AM – 12:00 PM | LITTLE DIPPERS 10:30 – 11:00 AM | LITTLE DIPPERS 10:30 – 11:00 AM |
| LUNCH TIME LAP SWIM 12:00 – 2:00 PM | WOMEN ONLY 11:00 AM – 12:00 PM | AQUA AEROBICS 11:00 AM – 12:00 PM | WOMEN ONLY 11:00 AM – 12:00 PM | LUNCH TIME LAP SWIM 12:00 – 2:00 PM | BIG FISH 11:00 – 11:30 AM | BIG FISH 11:00 – 11:30 AM |
| SIROVICH SWIM 2:00 – 3:00 PM | LUNCH TIME LAP SWIM 12:00 – 2:00 PM | LUNCH TIME LAP SWIM 12:00 – 2:00 PM | LUNCH TIME LAP SWIM 12:00 – 2:00 PM | BIG FISH 2:00 – 2:30 PM | ADULT SWIM 11:30 AM – 12:30 PM | ADULT SWIM 11:30 AM – 12:30 PM |
| TADPOLES 3:00 – 3:30 PM | SWIM LESSONS 2:00 – 3:00 PM | SWIM LESSONS 2:00 – 3:00 PM | SWIM LESSONS 2:00 – 2:30 PM | FAMILY SWIM 2:30 – 4:30 PM | SWIM LESSONS 12:30 – 2:00 PM | SEA HORSES 12:30 – 1:00 PM |
| TADPOLES 3:30 – 4:00 PM | TADPOLES 3:00 – 3:30 PM | TADPOLES 3:00 – 3:30 PM | PRESCHOOL 2:30 – 3:00 PM | AFTER SCHOOL 4:30 – 6:00 PM | FAMILY SWIM 2:00 – 3:30 PM | OTTERS 1:00 – 1:30 PM |
| OTTERS 4:00 – 4:30 PM | TADPOLES 3:30 – 4:00 PM | TADPOLES 3:30 – 4:00 PM | TADPOLES 3:00 – 3:30 PM | ADULT SWIM 6:00 – 8:00 PM | ADULT SWIM 3:30 – 4:30 PM | ADULT BEGINNER SWIM 1:30 – 2:30 PM |
| DOLPHINS 4:30 – 5:00 PM | OTTERS 4:00 – 4:30 PM | OTTERS 4:00 – 4:30 PM | SEA HORSES 3:30 – 4:00 PM | | | FAMILY SWIM 2:30 – 3:30 PM |
| AFTER SCHOOL 5:00 – 6:00 PM | AQUA JETS SWIM TEAM 4:30 – 5:30 PM | SHARKS 4:30 – 5:00 PM | DOLPHINS 4:00 – 4:30 PM | | | ADULT SWIM 3:30 – 4:30 PM |
| AQUA AEROBICS 6:00 – 7:00 PM | FAMILY SWIM 5:30 – 6:30 PM | FAMILY SWIM 5:00 – 6:00 PM | AQUA JETS SWIM TEAM 4:30 – 5:30 PM | | | |
| ADULT SWIM 7:00 – 8:30 PM | ADULT BEGINNER SWIM 6:30 – 7:30 PM | AQUA AEROBICS 6:00 – 7:00 PM | FAMILY SWIM 5:30 – 6:00 PM | | | |
| | ADULT SWIM 7:30 – 8:30 PM | ADULT SWIM 7:00 – 8:30 PM | ADULT BEGINNER SWIM 6:00 – 7:00 PM | | | |
| | | | ADULT SWIM 7:00 – 8:30 PM | | | |

POOL HOURS:

Mondays to Thursdays: 6:30 AM – 8:30 PM

Fridays: 6:30 AM – 8:00 PM

Saturdays and Sundays: 8:00 AM – 4:30 PM

 Adult Swim*

 Family Swim

 Adult Aquatics Classes

 Children's Aquatics Classes

 Private Swim Lessons

*All adult lap swim session use four lanes unless otherwise noted

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