

AQUATICS SCHEDULE | SEPTEMBER 6 – SEPTEMBER 10, 2022

TUESDAY 9/6	WEDNESDAY 9/7	THURSDAY 9/8	FRIDAY 9/9	SATURDAY 9/10
EARLY BIRD 6:30 – 10:00 AM	EARLY BIRD 6:30 – 10:00 AM	EARLY BIRD 6:30 – 10:00 AM	EARLY BIRD 6:30 – 10:00 AM	EARLY BIRD 8:00 – 10:00 AM
WOMEN ONLY 11:00 AM – 12:00 PM	OPEN ADULT SWIM (2 Lanes) 10:00 AM – 12:00 PM	WOMEN ONLY 11:00 AM – 12:00 PM	OPEN ADULT SWIM (2 Lanes) 10:00 – 12:00 AM	OH ADULT SWIM \diamond (2 Lanes) 10:00 AM – 12:00 PM
LUNCH TIME LAP SWIM 12:00 – 2:00 PM	LUNCH TIME LAP SWIM 12:00 – 3:00 PM	LUNCH TIME LAP SWIM 12:00 – 2:00 PM	LUNCH TIME LAP SWIM 12:00 – 3:00 PM	OH FAMILY SWIM \diamond 12:00 – 1:00 PM
SWIM LESSONS 2:00 – 4:30 PM	SWIM LESSONS 3:00 – 4:00 PM	SWIM LESSONS 2:00 – 4:30 PM	SWIM LESSONS 3:00 – 4:00 PM	SWIM LESSONS 1:00 – 2:00 PM
FAMILY SWIM 4:30 – 6:30 PM	FAMILY SWIM 4:00 – 6:00 PM	FAMILY SWIM 4:30 – 6:30 PM	FAMILY SWIM 4:00 – 6:00 PM	FAMILY SWIM 2:00 – 3:30 PM
ADULT SWIM 6:30 – 8:30 PM	ADULT SWIM 6:00 – 8:30 PM	ADULT SWIM 6:30 – 8:30 PM	ADULT SWIM 6:00 – 8:00 PM	ADULT SWIM 3:30 – 4:30 PM
			\diamond Part of the 14Y Fall Open House, learn more at 14StreetY.org/OpenHouse	

POOL HOURS:

Mondays to Thursdays: 6:30 AM – 8:30 PM

Fridays: 6:30 AM – 8:00 PM

Saturdays and Sundays: 8:00 AM – 4:30 PM

Adult Swim*

Family Swim

Private Swim Lessons

*All adult lap swim session use
four lanes unless otherwise noted

344 East 14th Street at 1st Ave New York, NY 10003 | 212-780-0800 | 14StreetY.org

