



14Y FAMILY PROGRAMS

WINTER SESSION: JANUARY 24 – MARCH 11, 2022

New classes to keep your little ones busy.

Whether you're looking for social activities for your energetic toddler, classes that encourage your baby's development, or opportunities to connect with other new parents—we have something for you and your little one.

Sign up for a semester-long class or join a drop-in class when your schedule allows.

Learn more and register at 14StreetY.org/FamilyPrograms

SEMESTER-LONG CLASSES

Join us for our signature combination of art, music, movement and community!
Semester-Long classes meet every week and require registration.

Toddler Dance

For One Adult + One Baby or Toddler up to Age 3
Tuesdays | 10:00 – 10:45 AM
M \$218, NM \$329

Let's dance! Toddlers and caregivers enjoy dancing, moving, and doing yoga in our sunny playroom. We'll focus on wellness and joy, and make new friends along the way! *No class 2/22.*

Toddler Sports and Movement

For Children Ages 1 – 3 with Parent/Caregiver
Tuesdays | 10:45 – 11:30 AM
M \$218, NM \$329

Join us in the gym! With lots of space to run, jump, and play, we'll catch, throw, dribble, and bounce together. Grownups watch their little ones discover the fun of sports and the joy in teamwork. *No class 2/22.*



Toddler Playday

For Children Ages 1 – 3 with Parent/Caregiver
Wednesdays | 9:30 – 10:45 AM
M \$300, NM \$385

Come play with us! Children are introduced to a classroom setting through joyful play, making art, reading stories, engaging with puzzles, and more. Parents and caregivers have the opportunity to meet new friends and watch their little one's bloom. *No class 2/23.*

Grownup and Me Music

For Children Age 0 – 3 with Parent/Caregiver
Fridays | 10:00 – 10:45 AM
M \$218, NM \$329

Join us for a rollicking semester of music, storytelling, and imagination to develop your child's self-expression. Through singalongs, stories, games, & instruments, we'll make music together—and friends along the way! *No class 2/25.*



DROP-IN CLASSES

Want to come play without committing to a full semester? Reserve a spot at our weekly drop-in classes! Free for 14Y Family Members and \$40 per class for non-members. Advanced registration required.

Baby and Me Yoga

For One Adult + One Baby or Toddler up to Age 3
Mondays | 10:15 – 11:00 AM

Join us in the sunny playroom on Monday mornings to do yoga and stretch, with our little ones as partners! You'll meet other parents and watch your little ones connect as we focus on balance, awareness, and wellness. *No class 2/17 and 2/21.*

Baby and Me Fitness

For One Adult + One Baby or Toddler up to Age 1
Thursdays | 9:30 – 10:15 AM

Enjoy movement, wellness, and fitness, with your little one as a partner! Parents and babies move and groove together in our sunny, spacious playroom. *No class 2/24.*

Messy Art & Play

For Toddlers 12 – 40 Months with Parent/Caregiver
Fridays | 11:30 AM – 12:15 PM

Come make art, and don't be afraid to get messy! Toddlers and caregivers create and explore sensory fun together in a warm classroom setting. We'll make masterpieces - and friends - using paint, stamps, markers, and more! *No class 2/25.*



FAMILY PROGRAM DISCOUNTS

Sibling Discount: 10% off for siblings enrolled in 14Y's Prelude to Preschool or Preschool.

Referral Discount: \$25 off for new Family Program class registration.

To redeem these discounts, please email Rachel Covey at RCovey@14streety.org.

