

14th Street Y

344 East 14th Street, New York, NY 10003 (212) 780-0800 www.14StreetY.org New Parent & Early Childhood Drop - In Classes

WINTER/SPRING 2020

January 6 - June 3, 2020

CHECK CATALOG FOR HOLIDAY CLOSINGS and 14Streety.org FOR THE MOST UPDATED INFORMATION

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Indoor Playground Jan. 8 - March 28 9:30-11:00AM Ages 12 months - 6 years. No Class 1/18, 2/15
				OPEN HANGOUT
Postpartum Pilates with Baby Ages 2-12 months *Free for Members			Messy Play 11:00AM-12:00PM Ages 18-36 months No class 2/21, 4/10, 4/17	11:00-12:30pm Parent & Baby 0-9 months
				Playtime in the Gym
NEW MOMS DISCUSSION GROUP 1:15-2:45pm *Six week session; first	Baby & Me Fitness 1:00-1:45PM	Baby & Me Barre 1:00-2:00PM Ages 6 wks - pre-crawling	Baby and Me Yoga 12:45-1:45PM	Jan. 8 - March 28 3:30-5:00PM Ages 12 months - 6 years No Class 1/18, 2/15
series free for family members	Ages 6 wks - pre-crawling	No Class 4/9	Ages 6 wks - pre-crawling	*Free for Members
		*Free for Members	*Free For Members	SUNDAY
	OPEN HANGOUT	Breastfeeding Support Group 1:30-3:00PM		Indoor Playground
	2:00-3:30pm Parent & baby 0-9 mos	2x/mo (cneck web)		Jan. 12 - March 29 9:30-11:00AM and 11:00AM- 12:30PM
Sing Along 3:30-4:15PM Ages 2 months-3 Years	Sing Along 3:30-4:15PM Ages 2 months-3 Years	Sing Along 3:30-4:15PM Ages 2 months-3 Years	OPEN HANGOUT	No Class 1/19, 2/16
No Class 1/21, 2/18, 4/14	No Class 2/19, 4/15	No Class 2/20, 4/9, 4/16		Sing Along 3:30-4:15PM
			3:30pm-5:00pm	Ages 2 months-3 Years No Class 1/19, 2/16, 4/12, 5/24
Sing Along	Sing Along	Sing Along	Parent & baby 0-3 months	
4:30-5:15PM Ages 2 months-3 years	4:30-5:15PM Ages 2 months-3 years	4:30-5:15PM Ages 2 months-3 years		Sing Along
	Postpartum Pilates with Baby Ages 2-12 months *Free for Members NEW MOMS DISCUSSION GROUP 1:15-2:45pm *Six week session; first series free for family members Sing Along 3:30-4:15PM Ages 2 months-3 Years No Class 1/21, 2/18, 4/14	Postpartum Pilates with Baby Ages 2-12 months *Free for Members NEW MOMS DISCUSSION GROUP 1:15-2:45pm *Six week session; first series free for family members Ages 6 wks - pre-crawling *Free for Members OPEN HANGOUT 2:00-3:30pm Parent & baby 0-9 mos Sing Along 3:30-4:15PM Ages 2 months-3 Years No Class 1/21, 2/18, 4/14 No Class 2/19, 4/15	Postpartum Pilates with Baby	Postpartum Pilates with Baby Ages 2-12 months 'Free for Members

Drop- Ins are on-going unless otherwise noted.

Open Hangouts in peach are M: \$15, 5-class punch card \$60; NM: \$25, 5-class punch card \$100

New Moms' Discussion group in peach is: \$150M, \$180 NM; first series FREE FOR MEMBERS

Classes in pink are \$25, 5-class punch card M \$85, NM \$100

Fitness Classes in orange are FREE FOR MEMBERS, NM \$25, 5-class punch card NM \$100

Music Classes in green are \$28, 5-class punch card M\$105, NM \$120

Classes in purple are \$37, 5 class punch card M \$160, NM \$175

Playtime in the Gym in blue is FREE FOR MEMBERS, NM \$20/family