



14th Street Y
 344 East 14th Street, New York, NY 10003
 (212) 780-0800 www.14StreetY.org

New Parent & Early Childhood Drop - In Classes

WINTER/SPRING 2020 January 6 - June 3, 2020

CHECK CATALOG FOR HOLIDAY CLOSINGS and 14StreetY.org FOR THE MOST UPDATED INFORMATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Messy Play 11:00AM-12:00PM Ages 18-36 months No Class 1/20, 2/17, 4/13, 5/25	Postpartum Pilates with Baby 11:00AM-12:00PM Ages 2-12 months *Free for Members			Messy Play 11:00AM-12:00PM Ages 18-36 months No class 2/21, 4/10, 4/17	Playtime in the Gym Jan. 8 - March 28 3:30-5:00PM Ages 12 months - 6 years No Class 1/18, 2/15 *Free for Members
			Breastfeeding Support Group 1:30-3:00PM 2x/mo (check website)		Indoor Playground Jan. 8 - March 28 9:30-11:00AM Ages 12 months - 6 years No Class 1/18, 2/15
		Baby & Me Fitness 1:00-1:45PM Ages 6 wks - pre-crawling *Free for Members	Baby & Me Barre 1:00-2:00PM Ages 6 wks - pre-crawling No Class 4/9 *Free for Members	Baby and Me Yoga 12:45-1:45PM Ages 6 wks - pre-crawling *Free For Members	
					SUNDAY
					Indoor Playground Jan. 12 - March 29 9:30-11:00AM and 11:00AM-12:30PM Ages 12 months - 6 years No Class 1/19, 2/16
Indoor Playground 3:30-5:00PM Ages 2 months-3 Years No Class 1/20, 2/17, 4/13, 5/25	Sing Along 3:30-4:15PM Ages 2 months-3 Years No Class 1/21, 2/18, 4/14	Sing Along 3:30-4:15PM Ages 2 months-3 Years No Class 2/19, 4/15	Sing Along 3:30-4:15PM Ages 2 months-3 Years No Class 2/20, 4/9, 4/16		Sing Along 3:30-4:15PM Ages 2 months-3 Years No Class 1/19, 2/16, 4/12, 5/24
	Sing Along 4:30-5:15PM Ages 2 months-3 years No Class 1/21, 2/18, 4/14	Sing Along 4:30-5:15PM Ages 2 months-3 years No Class 2/19, 4/15	Sing Along 4:30-5:15PM Ages 2 months-3 years No Class 2/20, 4/9, 4/16		Sing Along 4:30-5:15PM Ages 2 months-3 years No Class 1/19, 2/16, 4/12, 5/24
	Interested in Personal Training for New Moms? call Damon Williams at (646) 395-4358				

Drop- Ins are on-going unless otherwise noted.

Classes in pink are \$25, 5-class punch card M \$85, NM \$100

Fitness Classes in orange are FREE FOR MEMBERS, NM \$25, 5-class punch card NM \$100

Music Classes in green are \$28, 5-class punch card M\$105, NM \$120

Classes in purple is \$37, 5 class punch card M \$160, NM \$175

Playtime in the Gym in blue is FREE FOR MEMBERS, NM \$20/family

For further information, please contact the Service Desk at 646-395-4310