



14th Street Y  
344 East 14th Street, New York, NY 10003  
(212) 780-0800 www.14StreetY.org

(Updated: 12/2/19)

## New Parent & Early Childhood Drop - In Classes

### FALL 2019 September 16 - December 20, 2019

CHECK CATALOG FOR HOLIDAY CLOSINGS and 14StreetY.org FOR THE MOST UPDATED INFORMATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Messy Play</b> 11:00AM-12:00PM Ages 18-36 months <b>No Class 9/30, 10/14, 11/11</b>	<b>Postpartum Pilates with Baby</b> 11:00AM-12:00PM Ages 2-12 months <b>No Class 10/1, 11/5</b> *Free for Members		<b>Walkers, Runners, and Jumpers</b> 11:15AM - 12:00PM Ages 12-24 months <b>No Class 11/28</b>	<b>Messy Play</b> 11:00AM-12:00PM Ages 18-36 months <b>No class 11/29</b>	<b>Playtime in the Gym</b> <b>Nov. 2 - Dec. 14</b> 3:30-5:00PM Ages 12 months - 6 years <b>No Class 11/9, 11/30, 12/7</b>
			<b>Breastfeeding Support Group</b> 1:30-3:00PM 2x/mo (check website)		
		<b>Baby &amp; Me Fitness</b> 1:00-1:45PM Ages 6 wks - pre-crawling <b>No Class 10/9</b> *Free for Members	<b>Baby &amp; Me Barre</b> 1:00-2:00PM Ages 6 wks - pre-crawling <b>No Class 11/28</b> *Free for Members	<b>Baby and Me Yoga</b> 12:45-1:45PM Ages 6 wks - pre-crawling <b>No Class 11/29, 12/27</b> *Free For Members	
			<b>BananaJam Music &amp; Movement</b> 1:15-2:00PM  Ages 2 months - 3 years <b>No Class 11/28</b>		<b>SUNDAY</b>  <b>Indoor Playground</b> <b>Nov. 3 - Dec. 15</b> 9:30-11:00AM and 11:00AM-12:30PM Ages 12 months - 6 years <b>No Class 11/10, 12/1</b>
<b>Sing Along</b> 3:30-4:15PM  Ages 2 months-3 Years <b>No Class 9/30, 10/14, 11/11</b>	<b>Sing Along</b> 3:30-4:15PM  Ages 2 months-3 Years <b>No Class 10/1, 10/8, 11/5</b>	<b>Sing Along</b> 3:30-4:15PM  Ages 2 months-3 Years <b>No Class 10/9</b>	<b>Sing Along</b> 3:30-4:15PM  Ages 2 months-3 Years <b>No Class 11/28</b>		<b>Sing Along</b> 3:30-4:15PM  Ages 2 months-3 Years <b>No Class 9/29, 10/13, 11/10, 12/1</b>
<b>Sing Along</b> 4:30-5:15PM Ages 2 months-3 years <b>No Class 9/30, 10/14, 11/11</b>	<b>Sing Along</b> 4:30-5:15PM Ages 2 months-3 years <b>No Class 10/1, 10/8, 11/5</b>	<b>Sing Along</b> 4:30-5:15PM Ages 2 months-3 years <b>No Class 10/9</b>	<b>Sing Along</b> 4:30-5:15PM Ages 2 months-3 years <b>No Class 11/28</b>		<b>Sing Along</b> 4:30-5:15PM Ages 2 months-3 years <b>No Class 11/28</b>
	<b>Interested in Personal Training for New Moms?</b> call Damon Williams at (646) 395-4358				

Drop- Ins are on-going unless otherwise noted.

Classes in pink are \$25, 5-class punch card M \$85, NM \$100

Fitness Classes in orange are FREE FOR MEMBERS, NM \$25, 5-class punch card NM \$100

Music Classes in green are \$28, 5-class punch card M\$105, NM \$120

Classes in purple is \$37, 5 class punch card M \$160, NM \$175

Developmental Movement Classes in peach are \$32, 5 class puch card M \$125, NM \$140

Playtime in the Gym in blue is M \$17/family, NM \$20/family

For further information, please contact the Service Desk at 646-395-4310