

BASKETBALL GYMNASIUM SCHEDULE

NOVEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 9:00 OPEN GYM	6:00 - 8:00 MEMBER BASKETBALL	6:00 - 9:00 OPEN GYM	6:00 - 8:00 MEMBER BASKETBALL	6:00 - 8:00 MEMBER BASKETBALL	7:00 - 8:45 OPEN GYM	7:00 - 9:00 OPEN GYM
	8:00 - 9:00 OPEN GYM		8:00 - 9:00 OPEN GYM	8:00 - 9:00 OPEN GYM		
9:00 - 10:00 PRESCHOOL 10:30 - 11:20 AEROBICS W/ STRENGTH TRAINING 11:20 - 12:15 SILVER SNEAKERS CLASSIC	9:00 - 10:30 PRESCHOOL	9:00 - 10:00 PRESCHOOL 10:30 - 11:20 AEROBICS W/ STRENGTH TRAINING 11:20 - 12:15 SILVER SNEAKERS STARS	9:00 - 10:45 PRESCHOOL	9:00 - 10:45 PRESCHOOL	8:45 - 11:45 SUPER SOCCER STARS	9:00 - 12:00 ADULT BASKETBALL
	11:00 - 11:45 LOW IMPACT CARDIO & CONDITIONING		11:00 - 11:45 GROOVE: YOUNG AT HEART	11:00 - 11:55 ZUMBA GOLD		
	12:00 - 1:00 CENTER FOR RECOVERY AND WELLNESS		12:00 - 2:45 OPEN GYM	12:15 - 3:30 ADULT BASKETBALL	12:00 - 3:00 MEMBER BASKETBALL	12:00 - 2:00 OPEN GYM
12:30 - 3:15 ADULT BASKETBALL	1:15 - 3:15 OPEN GYM	12:30 - 3:15 ADULT BASKETBALL				
3:30 - 4:15 AFTER SCHOOL	3:30 - 4:15 AFTERSCHOOL	3:30 - 4:15 AFTERSCHOOL	3:00 - 5:00		3:15- 5:00	
4:15 - 5:15 DRIBBLE & THRILL YOUTH BASKETBALL	4:15 - 5:15 REBOUNDS & BUCKETS YOUTH BASKETBALL	4:15 - 5:15 HARD TO GUARD GIRLS ONLY YOUTH BASKETBALL	SUPER SOCCER STARS	3:30 - 4:45 GYM RENTAL	PLAYTIME IN THE GYM	2:00 - 9:00
5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL		14th STREET Y BASKETBALL LEAGUE
6:00 - 7:00 OPEN GYM		6:00-7:00 OPEN GYM	6:00 - 9:00 ADULT BASKETBALL	6:15 - 8:30 TEEN BASKETBALL	5:00 - 8:45 OPEN GYM	
7:00 - 9:00 ZOGSPORTS BASKETBALL LEAGUE	6:00 - 9:00 ADULT BASKETBALL	7:00 - 9:45 ZOGSPORTS BASKETBALL LEAGUE				
9:00 to 9:45 OPEN GYM	9:00 - 10:00 GYM RENTAL		9:00 to 9:45 OPEN GYM	8:30 - 9:45 OPEN GYM		

For more information about basketball leagues at the 14th Street Y, contact Gil Pagan: gpagan@14streety.org

14STREETY.ORG/BASKETBALL



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