

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 9:00 OPEN GYM	6:00 - 8:00 MEMBER BASKETBALL	6:00 - 9:00 OPEN GYM	6:00 - 8:00 MEMBER BASKETBALL	6:00 - 8:00 MEMBER BASKETBALL	7:00 - 8:45 OPEN GYM	7:00 - 9:00 OPEN GYM
	8:00 - 9:00 OPEN GYM		8:00 - 9:00 OPEN GYM	8:00 - 9:00 OPEN GYM		
9:00 - 10:00 PRESCHOOL	9:00 - 10:30 PRESCHOOL	9:00 - 10:00 PRESCHOOL	9:00 - 10:45 PRESCHOOL	9:00 - 10:45 PRESCHOOL	8:45 - 11:45 SUPER SOCCER STARS	9:00 - 12:00 ADULT BASKETBALL
10:30 - 11:20 AEROBICS W/ STRENGTH TRAINING	11:00 - 11:45 LOW IMPACT CARDIO & CONDITIONING	10:30 - 11:20 AEROBICS W/ STRENGTH TRAINING	11:00 - 11:45 GROOVE: YOUNG AT HEART	11:00 - 11:55 ZUMBA GOLD		
11:20 - 12:15 SILVER SNEAKERS CLASSIC		11:20 - 12:15 SILVER SNEAKERS STARS				
12:30 - 3:15 ADULT BASKETBALL	1:15 - 3:15* OPEN GYM	12:30 - 3:30 ADULT BASKETBALL	12:00 - 2:45 OPEN GYM	12:15 - 3:30 ADULT BASKETBALL	12:00 - 3:00 MEMBER BASKETBALL	12:30 - 3:00 FAMILY OPEN GYM
			3:00 - 5:00 SUPER SOCCER STARS			
DRIBBLE & THRILL YOUTH BASKETBALL 3:30 - 4:15	3:30 - 4:15* AFTERSCHOOL	3:30 - 4:15 AFTERSCHOOL	3:00 - 5:00 SUPER SOCCER STARS	3:45 - 5:00 OPEN GYM	3:15 - 5:00 FAMILY OPEN GYM	3:30 - 8:45 OPEN GYM <i>(Men's Basketball League Open Scrimmage 10/6, 4:00 to 6:00 PM)</i>
4:15 - 5:15 DRIBBLE THRILL YOUTH BASKETBALL	4:15 - 5:15* REBOUNDS & BUCKETS YOUTH BASKETBALL	4:15 - 5:15 HARD TO GUARD GIRLS ONLY YOUTH BASKETBALL				
5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00* AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL	5:00 - 8:45 OPEN GYM	
6:00 - 9:45 OPEN GYM	6:00 - 9:00 ADULT BASKETBALL	6:00 - 9:45 ZOGSPORTS BASKETBALL LEAGUE	6:00 - 9:00 ADULT BASKETBALL	6:15 - 8:30 TEEN BASKETBALL		
	9:00 - 10:00 GYM RENTAL		9:00 to 9:45 OPEN GYM	8:30 - 9:45 OPEN GYM		

For more information about basketball leagues at the 14th Street Y, contact Gil Pagan: gpagan@14streety.org

* **Tuesday, 10/8 the gymnasium will close at 12:00 Noon for a special event.**