



14th Street Y
 344 East 14th Street, New York, NY 10003
 (212) 780-0800 www.14StreetY.org

New Parent & Early Childhood Drop - In Classes

SUMMER 2019 August 1-9, 2019

CHECK CATALOG FOR HOLIDAY CLOSINGS and 14StreetY.org FOR THE MOST UPDATED INFORMATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Messy Play 11:30AM-12:30PM Ages 18-36 months	Postpartum Pilates with Baby 11:00AM-12:00PM Ages 2-12 months *Free for Members			Messy Play 11:00AM-12:00PM Ages 18-36 months	
			Breastfeeding Support Group August 8 12:45-2:15PM		
		Baby & Me Fitness 1:00-1:45PM Ages 6 wks - pre-crawling *Free for Members	Baby & Me Barre 1:00-2:00PM Ages 6 wks - pre-crawling No Class 7/4 *Free for Members	Baby and Me Yoga 12:45-1:45PM Ages 6 wks - pre-crawling *Free For Members	
					SUNDAY
Sing Along 3:30-4:15PM Ages 2 months-3 Years	Sing Along 3:30-4:15PM Ages 2 months-3 Years	Sing Along 3:30-4:15PM Ages 2 months-3 Years	Sing Along 3:30-4:15PM Ages 2 months-3 Years No Class 7/4		
Sing Along 4:30-5:15PM Ages 2 months-3 years	Sing Along 4:30-5:15PM Ages 2 months-3 years	Sing Along 4:30-5:15PM Ages 2 months-3 years	Sing Along 4:30-5:15PM Ages 2 months-3 years No Class 7/4		
	Interested in Personal Training for New Moms? call Damon Williams at (646) 395-4358				

Drop- Ins are on-going unless otherwise noted.

Classes in pink are \$25, 5-class punch card M \$85, NM \$100

Fitness Classes in orange are FREE FOR MEMBERS, NM \$25, 5-class punch card NM \$100

Music Classes in green are \$28, 5-class punch card M\$105, NM \$120

Classes in purple is \$37, 5 class punch card M \$160, NM \$175

Developmental Movement Classes in peach are \$32, 5 class puch card M \$125, NM \$140

For further information, please contact the Service Desk at 646-395-4310