

ADULT STUDIES

Seniors play a crucial role at the 14th Street Y—an inclusive community for neighbors of all ages and stages.

LEARN SOMETHING NEW

Take advantage of the educational, social, spiritual, recreational, and Jewish cultural activities provided in our daytime classes.

Register at 14StreetY.org/AdultStudies



50+ CREATIVE WRITING / OUR OWN NARRATIVES

Wednesdays | 1:30 – 3:00 PM
Classes occur first Wednesday of the month:
9/4, 10/2, 11/6, and 12/4

Common is the expression, “I could write a story about my life!” This workshop, for those 50+, will offer the opportunity to write about significant times when life gave you both lemons and lemonade. No creative writing experience necessary. Workshop facilitated by Heidi Mandel, PhD, LMSW from The Jewish Board.

M \$20, NM \$40

WORLD OF YIDDISH WITH MIRIAM LEBERSTEIN

Wednesdays | Oct. 2 – Dec. 4
10:30 AM – 12:00 PM

Discover the magic of Yiddish conversation, Yiddish literature, and Jewish current events in this exciting course. Basic Yiddish required.

No class 10/9 and 11/27

M Free, NM \$40, \$5 single class

MAH JONGG FOR ALL LEVELS WITH SANDY MAGESIS

Wednesdays | Oct. 2 – Dec. 4
12:30 – 2:00 PM

Let’s play Mah Jongg! This class is for all ages, all genders, and all levels —from beginner to advanced.

No class 10/9 and 11/27

M \$40, NM \$80

LET’S DRAW TOGETHER WITH MONA ZAMDNER

Thursdays | Oct. 3 – Dec. 4
1:00 – 2:30 PM

Love to draw? Join this non-traditional art class for what teacher Mona Zamdner describes as “pleasures of the pencil.”

No class 11/26

M Free, NM \$40, \$5 single class

ISRAEL 101 – THE MANY FACES OF ISRAEL

Fridays | Sept. 13 – Dec. 13
1:30 – 3:00 PM

What is it about Israel that fascinates, attracts, angers, and excites so many people? Join Israeli Shaliach and former journalist Ophir Tal for a deep dive into Israel. Explore language, culture, politics, culinary arts, and science, and learn how this small country makes a big difference in the world.

No class 11/29

Free for all, registration is required

BOOK CLUB

Mondays | 10:30 – 11:45 AM
Classes occur once per month: **9/16, 10/21, 11/18, and 12/16**

This book club is led by Lorraine Lamazor-Kwest, a trained and certified NY Public Library Group Leader.

M Free, NM \$20, Single class \$5

DAYTIME KNITTING CIRCLE

Mondays | Sept. 9 – Dec. 16
1:30 – 3:00 PM

Work on your own handiwork projects as you enjoy conversations with other knitters.

No class 9/30, 10/14, 11/11

M Free, NM \$45, Single class \$5

GREAT PLAYS WITH DAVID STALLINGS

Tuesdays | Sept. 10 – Dec. 17
1:30 – 3:00 PM

Led by award-winning playwright and 14Y’s Director of Arts + Culture David Stallings, this class is dedicated to readings of significant plays of the 20th Century. The class features special guests from the Golden Age of Broadway!

No class dates: 10/1 and 11/5

M Free, NM \$45, Single class \$5

Subscribe and Save with the 14Y FLEX PASS

For the low price of \$42, choose any 3 shows from our upcoming season of LIFE + DEATH. That’s \$14 per show. A savings of at least 33% per ticket!

Visit 14StreetY.org/FlexPass

