

# YOUTH PROGRAMS

Your children are only young once. Here at the 14th Street Y, we make sure every minute is meaningful, even when you're not with them.

## ENGAGING HEADS, HANDS, AND HEARTS

Fun, sports, enrichment—your children have access to it all, year-round, right here at your East Village community center. So rest easy, we've got you covered with After School, Youth Sports, and activities all summer long. For more information visit [14StreetY.org/YouthPrograms](https://14StreetY.org/YouthPrograms)

### AFTER SCHOOL

Grades K – 5

Weekdays from 2:30 – 6:00 pm

Our philosophy at the 14th Street Y's After School is programming centered on engaging heads, hands, and hearts. Each day includes snack and homework help, plus swimming in our indoor pool on Monday and Friday afternoons. Your after schooler will engage in an age-appropriate class of their choosing (3–4 choices per day) that focuses on movement, the arts, and exercising their brain.

Our signature enrichment classes are taught by our counselors and professional teaching artists, and have included dance, Gaga, chess, Spanish, science, and more. Registered families will receive a list of class choices before the beginning of the semester. Together, you and your after schooler can pick enrichment classes that they'll enjoy.

In addition to the enrichment activities offered by After School, children can sign up for a variety of extra swimming and youth sports classes. On Fridays, In lieu of enrichment classes After School comes together for special Shabbat programming with skits, challah, grape juice, and songs!

Parents can register their children for a full week, or any number of days in the week, for either the full school year or the semester.

Tuition includes free pick up from the following schools: PS 40, PS 19, Children's Workshop, The Earth School, East Village Community School, The Neighborhood School, STAR Academy and Success Academy Union Square. NEST+M, and PS 110 require an additional transportation fee.



### HOLIDAY CAMPS WITH AFTER SCHOOL

The 14th Street Y runs an inclusive childcare and enrichment programs during most school holidays, half days, and teacher conference days. Your child will enjoy activities including swimming, arts, gym time, and field trips. Some of our past trips have included: The Children's Museum of the Arts, The Museum of Natural History, and the Prospect Park Zoo.

Holiday camp provides a safe, social and supportive space for play and learning (K through 6th grade).

#### Upcoming Holiday Camp Schedule:

Tuesday, June 4 – Eid al-Fitr

Thursday, June 6 – Anniversary Day

Tuesday, June 11 – June Clerical Day

For more information, visit [14StreetY.org/HolidayCamps](https://14StreetY.org/HolidayCamps)



## KOL: PROGRAM FOR YOUNG PEOPLE WITH SPECIAL NEEDS

The KOL Program is a school year Saturday recreational program for children and adolescents, ages 4 – 17, who are on the high functioning end of the autistic spectrum or have related developmental differences, such as ADHD and language delays.

KOL cultivates a supportive community among parents and caregivers who have a space to come together and share resources and advice. We offer activities ranging from soccer and capoeira to music and art all while promoting social skills development and relationship building.

**KOL Fall Semester begins in October.**

## NEW SUMMER SESSION SUPER SOCCER STARS

9 Saturdays | June 15 – Aug 17  
No class July 6

Classes incorporate notions of structure and task completion through entertaining and engaging soccer activities! Each child learns at their own pace, builds self-confidence, enhances social skills, and has a blast!

Age 4 – 6 | 9:00 – 9:45 am

Age 7 – 11 | 9:55 – 10:40 am

Age 12 – 17 | 10:50 – 11:35 am

M \$425, NM \$450

Limited scholarships are available.

*The KOL Program is funded in part by generous grants from the FAR Fund, the J.E. and Z.B. Butler Foundation, and the Oppenheimer Haas Foundation.*

For more information and to register please email [KOL@14StreetY.org](mailto:KOL@14StreetY.org) or visit [14StreetY.org/KOL](http://14StreetY.org/KOL)



## FLAG FOOTBALL | Ages 5 – 14 Saturdays | Sept. 8 – Nov. 10

Get ready for another exciting season of Flag Football in collaboration with the NFL Youth Flag Football League, starting this fall! A developmental league, players are evaluated during the first two sessions and are placed in appropriate competition groups. Players are taught proper techniques in catching, throwing, running, and defending. All players play an equal amount of time to earn a chance to win either defensive player of the year, offensive player of the year, or MVP. Competition is taught in a nurturing environment.

M \$180, NM \$200

(Fall 2019 prices may change)

Registration begins in August.

## YOUTH SPORTS

### For Children Ages 3.4 – 14 Years

The 14th Street Y is keeping kids active with basketball, flag football, soccer, tennis, gymnastics, ballet, and more, all in a no-pressure setting. Teens can dive into aquatics or lace-up for basketball. Our classes emphasize skill development in a supportive, non-competitive environment to help enhance your child's self-esteem. We leave high pressure and competition at the door.

Choose from a variety of basketball clinics and classes, including girls-only hoops, as well as non-contact flag football (in collaboration with the NFL's Youth Flag Football League), soccer, ballet, tumbling and gymnastics. Children of all ages and talent levels will have fun while cultivating teamwork, integrity and leadership skills along the way.

### Youth Sports begins Fall 2019.

Stay tuned for class details and information in our upcoming Fall Catalog.

For more information, visit [14StreetY.org/YouthSports](http://14StreetY.org/YouthSports)

