

# SUSTAINABILITY

Join us in reducing our carbon footprint. Together we can make our community, our city, and beyond greener, healthier and a better place for future generations.

## GO GREEN WITH THE 14Y

We're all trying to do our part to lead more sustainable lifestyles. Here at the 14th Street Y, we offer a few convenient ways to go green including access to community supported agriculture, composting, and clothing recycling. A little goes a long way in reducing our environmental impact, making this planet a cleaner, safer place for all who call it home.

### COMMUNITY SUPPORTED AGRICULTURE (CSA)

Every other Tuesday | Early June through the end of October | 14Y Lobby

The 14th Street Y CSA, in partnership with Mountain View Farm, offers 11 biweekly distributions of fresh, organic fruit, vegetables, and herbs.

Community Supported Agriculture brings together a farm and a community in a mutually supportive manner for the purpose of providing the freshest, most nutritious food from a viable local farm.

Farm share members pick up their pre-boxed shares filled with seasonally available produce and fruit every other Tuesday in the 14Y Lobby from 3:30 – 7:30 PM. Each box will include 8-12 different items including vegetables, herbs, and fruit. Sign up by May 28 to ensure access to the first summer CSA distribution.

For more information and to register, please visit [14StreetY.org/CSA](https://14StreetY.org/CSA)

### COMPOST DROP OFF

Compost is accepted at the 14th Street Y on Tuesdays, Thursdays, and Sundays to align with the NYC Department of Sanitation's collection schedule and standards. Our compost bin is located outside our entrance, so stop by and drop off at your convenience.

### CLOTHING RECYCLING

Cleaning out your closet? Recycle your clean clothes, textiles, and shoes at the 14th Street Y! Drop off is available on Tuesdays next to the Fitness Center.

Learn more about going green at [14StreetY.org/Sustainability](https://14StreetY.org/Sustainability)



## ABOUT MOUNTAIN VIEW FARM

Mountain View Farm is a certified organic Community Supported Agriculture (CSA) project serving Western Massachusetts and the Pioneer Valley. They are USDA Certified Organic by Baystate Organic Certifiers, a third-party certifying agency. They grow without the use of chemical fertilizers or pesticides and strive to produce food in the most sustainable way possible.

Learn more at [mountainviewfarmcsa.com](https://mountainviewfarmcsa.com)